

Chapel Chimes

727 T Street • Sacramento, CA 95811 • August 2020

Aloha!

Dear Friends,

Aloha. What a beautiful word. The Hawaiian word for love, affection, peace, compassion, and mercy, aloha is not only a simple greeting but carries with it a deeper cultural and spiritual significance that defines a force that holds together existence.

To emphasize peace and compassion, I want to mention that this week marks the 75th anniversary of the bombing of Hiroshima and Nagasaki. These were tragic events in the history of our world. I know that some of our Parkview community had family that experienced the bombing of Hiroshima, and we pray for war no more. The Sacramento chapter of Physicians for Social Responsibility is hosting a virtual event to mark the anniversary. Details can be found on the "Upcoming Events" page of this newsletter.

Meanwhile, as we are all staying home a lot more, this is a good time to look at what we have to offer on the church website. To begin with, you can watch the recorded sermons or entire worship services online. If you're not available on Sunday at 10 am or are not on Facebook, worship is still available to you. You can also start your day with a daily devotional from the pastoral staff. And, since this is Parkview, our community has been sharing recipes on our website. I made Kishwer Vikaas's chocolate chip cookie, oreo, and brownie extravaganza the other day, and it was gone in two days! Sharing a recipe is one easy way for you to engage with Parkview during the pandemic. Just send a recipe and photo to officemanager@parkviewpc.org. One important note to anyone who does not access the Internet. Please get in touch with me. You can call or write me a card so we can figure out alternative ways to stay connected.

And finally, it's Aloha month at Parkview! I am loving this tradition that you have all created. We are planning a special Aloha zoom coffee hour after church on Sunday, August 30th, so be sure to join us. It will be fun to see everyone online in their best Hawaiian garb and to see what yummy Hawaiian foods you have come up with. If you have a special Hawaiian talent to share, please let me know. We would love to have you share it with us all. See you then!

Aloha! Pastor Pamela

> "There are different kinds of gifts, but the same Spirit distributes them." (1 Corinthians 12:4)



Jane Matsuoka is ready for Aloha Sundays

News

Mission Study

As part of the process to hire a new minister, the mission committee has been drafting a description of our church. Once we've completed our draft "Mission Study," the congregation needs to approve it before it can be sent to prospective candidates. You can read what we have so far at https://parkviewpc.org/about-us/. If you have any comments or questions, please contact one of the members of the mission study committee: Pastor Pamela, Gary Younglove, Richard Uno, Titus Toyama, or Lois VanBeers. Mieko Davis was also part of the committee before her work became too demanding.

- Submitted by Lois VanBeers

Personnel Committee News

The Personnel Committee recently met with Pastoral Residents Rola and Veronica and Pastor Pamela to review and revise their job descriptions due to the COVID-19 pandemic, the church's and congregational needs, and staff career goals.

Since March 22, Parkview Church has gone virtual with worship services, "Zoom" coffee hours, Session and committee meetings, and Bible study. This has altered the duties of the Pastoral Residents, who now prepare audio visual guides for online services, assist with setting up audio/video devices for conducting online services, and upload recorded services and sermons to the church website. The Pastor and Pastoral Residents continue to connect virtually or by telephone with members of the church in their time of need, including isolated senior members who are alone and homebound or in care facilities.

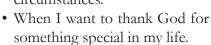
The Personnel Committee would like to thank Pastor Pamela, Pastoral Residents Rola and Veronica, Office Manager Kris, and other officers and members of the church who have been continuing to keep the church operating while maintaining an open and inclusive environment during this difficult time of the pandemic. For any questions, please contact Judy Fukuman at (916) 524-2783 or judyfukuman@comcast.net or Bill Grissom at (916) 768-0362 or william.m.grissom@gmail.com.

- Submitted by Judy Fukuman

Thoughts on Prayer

Why I Pray.

 When I need help, or a loved one needs help, in getting through difficult and challenging circumstances.





 When there is divisiveness in our community, and divine intervention is needed to bring about reconciliation, acceptance and forgiveness.

Prayers are very personal.

- Prayers should be authentic and express truthfully what's on your mind or what's troubling you.
- I don't think there's a right way, or wrong way, to pray. No matter how our needs are expressed, I trust that God will understand and listen.

When I Pray, I ask myself what does God want to hear from me?

- I'm doing OK
- That I am trying my best to do good.
- That I am always seeking God's plan for my life.
- That whatever happens, I trust that God is always watching out for me and things will turn out OK.

- Submitted by Titus Toyama Prayer Team Member

Volunteer Spotlight: Terry Nishizaki

Parkview is fueled by its volunteers, many of whom work behind the scenes to keep the church going.

As we mourn the loss of our beloved Terry, let's reflect a moment on all the wonderful ways he impacted our church. Terry coached the Parkview girls basketball team and put on basketball clinics. He was one of the



original PA operators and trained most of today's PA operators. Terry was the raffle guy, streamlining the ticket selling process that ended up underwriting the big fundraising events. He spent countless hours organizing the tickets, too. Terry was the ultimate volunteer, helping at any needed church event.

News - continued

Kansha Korner

Our residents' column on their recent activities.

Rola writes: With the pandemic preventing us from seeing the ones we love, the pastoral staff faced the challenge of how to continue to provide support to those we cannot visit easily, especially our seniors in care homes. In addition



to the wonderful effort of the "buddy" system that has paired Parkview members with those who aren't able to get around much, the pastoral staff has been making phone calls and sending hand-written notes to remind people that there is a community that cares about them. Lately, I have made some window and Facetime visits and would love to share some news and pictures with you all.

I have been able to Facetime with Kioshi Fujiwara, who is currently in the Eskaton Care Center Fair Oaks, Covid Unit. When he was at the ACC facility that is his current permanent residence, I was so thrilled to be able to go see him in person over a month ago, before the restrictions were tightened again. We shared a socially distanced meal in the outdoor space of the ACC facility. I was also delighted to receive a phone call from him to thank me for a note I had dropped off for him.

On a phone call with May Mayeda a month ago, she said "I hear noise near you, are you in a coffee shop?" After I said yes, she went on to say she misses having a cup of coffee at a coffee shop. Earlier last week, I grabbed a good cup of coffee and a piece of raspberry pie and dropped them off



at the front desk where May lives. After the containers

were sanitized, the goodies were delivered to May, who was waiting for me behind her apartment window. I was able to visit with her from behind the window, and we shared a nice cup of coffee.

Daisy Seto and I have met a couple of times as well. I caught her in her yard with her plants that she introduced me to, and she gave me a beautiful face mask she hand-made for me!!! (I'm wearing it in the photo to the left.)



I was also able to visit Auntie Jane Matsuoka (pictured on page 1) in her backyard. She gave me a distanced royal salute and asked about and sent regards to everyone!

In my culture, our seniors are blessings in our lives, and I feel indeed blessed every time I get to "see" and spend time with those I have come to love and cherish in our Parkview community.

Yours in Christ, Rola

Parkview Session has voted . . .

- to suspend parking fees for the renters of the parking spaces behind the church until they return to work.
- to keep the church closed until further notice. This includes prohibition of in-person baptisms, weddings, memorial services, and fundraising events.
- to approve the virtual Aloha Fest on Sunday, Aug 30, immediately following worship service.

Upcoming Events

Virtual Worship Services

Join us via Facebook Live for our interactive service. Look for our Facebook group at: https://www.facebook.com/groups/436815866711522/.

View our sermons on our website at https://www.parkviewpc.org/category/sermons/.

Virtual Coffee Hour

The coffee hour is held via Zoom. The meeting ID for all coffee hours is 933-400-909.

Noon Daily. Communal Prayer

Lord hear our prayers! Spiritually connect with others from the Parkview Family at noon each day. Set aside time to recognize God's presence, to affirm God's love for us, and to pray individually in your own homes or wherever you are. God will surely hear our strong collective voices!

Daily Devotionals.

Read a daily devotional posted by Pastor Pamela, Rola, or Veronica everyday except Sundays on our website at https://www.parkviewpc.org/category/daily-devotionals/.

Holy Communion during the Pandemic

As long as we hold virtual services, have a piece of bread/cracker/wafer and cup of wine/juice/water ready to partake in the holy communion when the pastor invites you to. Please do not travel to the store for special



elements. Use any elements you have available to you. God understands.

August Study: The Four Agreements

Tuesdays throughout August. 6:30 - 7:30 pm In The Four Agreements, Don Miguel Ruiz reveals the source of self-limiting beliefs that rob us of joy and create needless suffering. Based on ancient Toltec wisdom, Ruiz offers a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love.

Click here to join the Zoom meeting at the scheduled time. Click here to purchase the book (\$5.00)

- **Aug 9.** Worship Service. 10 am via FB Live. Communion will be celebrated.
- **Aug 9. Virtual Coffee Hour.** Immediately after worship service via Zoom.
- Aug 9. 75 Years after Hiroshima/Nagasaki Virtual Event. 2:00 3:00 pm. For livestream information: https://www.hiroshimanagasaki75.org/events. This event is listed as a courtesy.
- **Aug 11. August Study.** 6:30 pm via Zoom. See this page for more information.
- **Aug 11. Mental Health Webinar.** 7:00 8:30 pm. Helping Family and Friends Cope with the Stress of COVID-19. *Click here* to register. This event is listed as a courtesy.
- **Aug 12. Kids Connect!** 6:30 7:00 pm. Contact Veronica Gould for login instructions.
- Aug 13. PPC Session Meeting. 1 pm via Zoom.
- **Aug 14. Fellowship Hour.** 7 pm. Meet at Southside Park directly opposite the church.
- Aug 15. Celebration of Life for Terry Nishizaki. 11:00 am via Zoom webinar. Here is the login information: https://us02web.zoom.us/j/82667857568.
- Aug 16. Worship Service. 10 am via FB Live.
- **Aug 16. Virtual Coffee Hour.** Immediately after worship service via Zoom..
- **Aug 18. August Study.** 6:30 pm via Zoom. See this page for more information.
- Aug 23. Worship Service. 10 am via FB Live.
- **Aug 23. Virtual Coffee Hour.** Immediately after worship service via Zoom.
- **Aug 25. August Study.** 6:30 pm via Zoom. See this page for more information.
- Aug 30. Worship Service. 10 am via FB Live.
- Aug 30. Special Aloha Virtual Coffee Hour. Immediately after worship service via Zoom.
- **Sep 6. Chapel Chimes Deadline.** Email articles/photos to officemanager@parkviewpc.org.



In Memoriam

Terry Nishizaki July 13, 1954 - July 25, 2020

Stay Connected

The church is closed, but we will stay connected!

Here is a list of ways to stay connected with the Parkview community.

Worship with Us:

See page 4 to learn how to watch our weekly virtual worship service and attend a virtual coffee hour afterward.

Pray with Us:

There is a prayer request form on the Parkview website, or you can also send an email directly to *prayer@ parkviewpc.org*. Look for more prayer inspirations and tips in the PPC's Friday letters and at the Prayer Resources webpage at *https://parkviewpc.org/prayer-resources/*. Make praying a habit.

Explore the Website:

Remember to visit our website at https://www.parkviewpc.org/ to find all the information you need to stay connected with Parkview.

Facebook Us:

Connect with us via Facebook. Look for our Facebook group at:

https://www.facebook.com/groups/436815866711522/.

Flower Donations for Sunday Service to Resume

Beginning Aug 23, we are pleased to resume the schedule for donating flowers to enhance Parkview's sanctuary during our live streaming of Sunday worship services. These flowers will then be used as lovely pastoral visitation gifts, further brightening the



lives of our church community members. Preferred floral donations are small potted flowers and arranged flowers. Please email Haruko Sakakibara (sakakibaraharuko@gmail.com) or Judy Yee (judyfyee@gmail.com) for more information or to place your name on the schedule.

Contact Us:

Office phone: 916.443.4464 (Kris has the phone with her at home, so she can respond to your message.)

Website: www.parkviewpc.org
Rev. Dr. Pamela Anderson: pastor@parkviewpc.org
Rola Al Ashkar: outreach@parkviewpc.org
Veronica Gould: pastoralresident@parkviewpc.org
Christine Umeda: session@parkviewpc.org
Kris Sazaki: officemanager@parkviewpc.org

Online Greeters Sought

Would you like to participate more in the worship service? The pastoral staff is looking for people to monitor Facebook Live during worship service. The duties are outlined below. Please contact officemanager@parkviewpc.org as soon as possible, if you are interested. Thank you!



- Enter a welcoming statement shortly before the beginning of the service to introduce yourself as the online greeter.
- Welcome people in the comments section of Facebook Live.
- Greet any new visitor and offer to send contact information to the pastoral staff, if desired.
- Monitor the comments and forward any missed comments to the pastoral staff.

Financial Report as of July 31, 2020:

JulyTotal Yr 2020Income:\$4,289.52\$64,814.39Expenses:\$8,189.18\$64,627.69Difference:\$186.70

Grateful Acknowledgment to the following members and friends for their generous donations. Thank yous are posted as they are processed and may appear in a later edition of the newsletter.

Special COVID-19 Notice: Please note that during this pandemic and the church closure, thank you letters and postings may be posted in opposite order. Checks are currently being deposited on a monthly basis to minimize the exposure of staff and volunteers to the disease. Thank you for your patience in the processing of your donation. Do not hesitate to contact officemanager@parkviewpc.org if you have questions about your donation.

Special Offerings: Brian & Leah Kanegawa (General Repairs), Terry & Cathy Nishizaki

In Celebration of Ken Okawara's 95th Birthday: Gloria Okawara, Stanley & Marcia Ito, Tak & Linda Saito

In Honor of Eddie & Yvonne Fong: Frederick Dobb

In Memory of Diane Fong: Eddie & Yvonne Fong

In Memory of Their Son, Kevin: Ed & Lisa Imura

In Memory of Robert Matranga: Eddie & Yvonne Fong

In Memory of Maki Okawara: Stanley & Marcia Ito

In Memory of Joan Fujii Sakata: Grace Fujii, Grace Fujii (PPW), May Lee, Bill & Linda Nagata, Bill & Linda

Nagata (PPW), Jack & Carol Sakai

In Memory of Frank Wong: Eddie & Yvonne Fong

In Support of the Food Fund: Pattie Hashimoto

In Support of the Residents: Pattie Hashimoto

We thank you in advance for your Aloha offerings.



How to Donate

• By Mail. You may send checks made out to Parkview Presbyterian Church. Please do not send cash. Thank you! Parkview Presbyterian Church

727 T Street

Sacramento, CA 95811

• Online. Please go to https://www.parkviewpc.org/ and look for the "Give Now" button. You can use credit card or bank transfer, donate one time only or set up regular donations. Please use the Notes section to provide information about your donation, i.e. "in memory of" or "xx fund."