

## How to Pray

**1<sup>st</sup> Finger** (the Thumb is closest to our heart): reminds us to put God first in our hearts. Praise and thank God for love & Jesus.

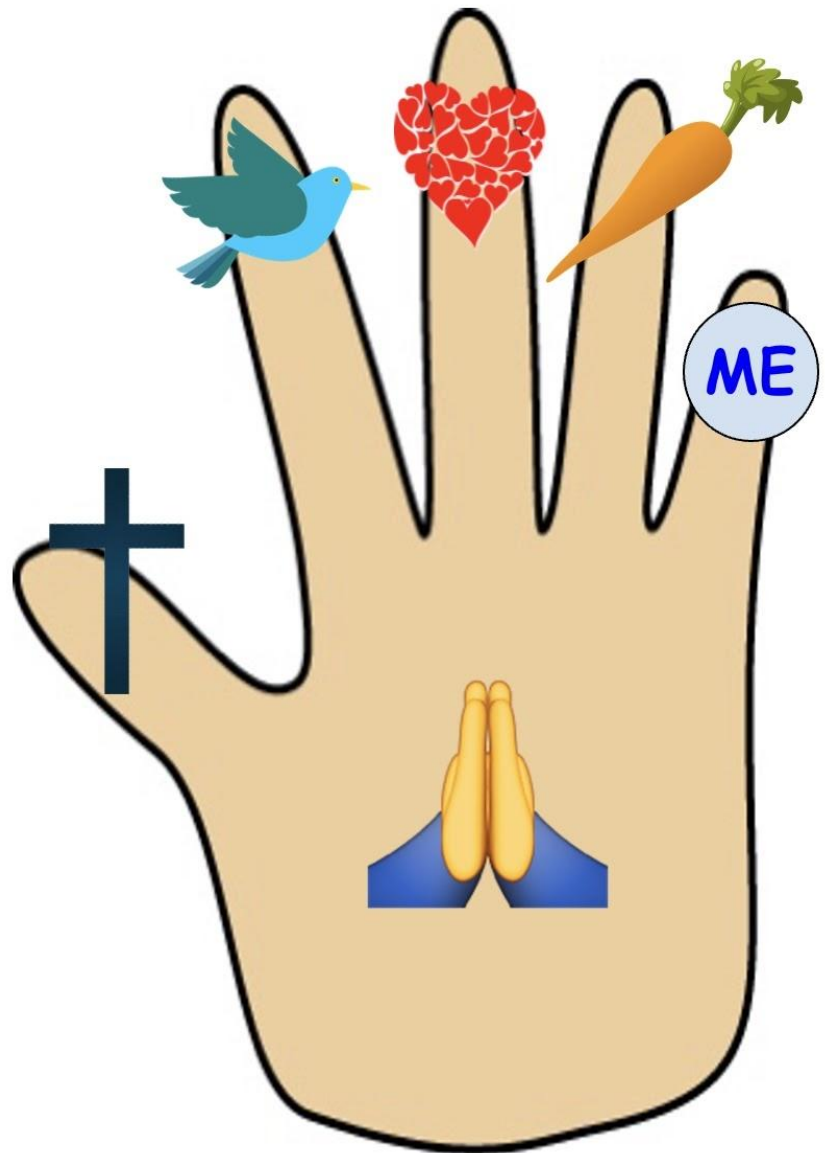
**2<sup>nd</sup> Finger** (pointer): pray for God's creation, everything including you & me, stars, earth, ocean, air, animals & plants. We need to take care of all these gifts from God.

**3<sup>rd</sup> Finger** (center): pray for our important ones, family, friends, teachers, pastors etc. Pray for those we love.

**4<sup>th</sup> Finger** (weakest, ring): pray for people & animals needing food, shelter and help.

**5<sup>th</sup> Finger** (tiniest, pinky): Pray for **ME**, your own needs and for help to grow.

# 5 Fingers Prayer



Companion to 2020 Video  
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