

**\*Benediction**

Rev. Dr. Sarah Nave

**\*Response: “Shalom”**

**Sha rom, sha rom, mata a u hi ma de. Sha rom, sha rom, Kami no mi megumi.**

*(Peace, peace, until we meet again. Peace, peace, may we be blessed with grace from God.)*

**Sha rom, sha rom, mata a u hi ma de. Sha rom, sha rom, yuta kani, yuta kani, yuta kani.**

*(Peace, peace, until we meet again. Peace, peace, abundantly, abundantly, abundantly.)*

**Postlude**

Haruko Sakakibara

*We invite you to remain seated during the Postlude as we enjoy the music and God's presence together. If you need to go, please feel free to do so. Go with God's blessings.*

**In Appreciation:**

Greeters:	Bill Grissom, Herning Grissom
Online Greeter:	May Lee
Ushers:	Herning Grissom, William Yee
Parking:	Gary Younglove
Sound System:	Jonathan Sakakibara
Zoom Moderator:	Lois Van Beers
Altar Flowers:	Carla Hart



**The Celebration of Worship**

July 3, 2022 • 4<sup>th</sup> Sunday after Pentecost

Pastor:	Rev. Dr. Sarah Nave
Worship Leader:	Christine Umeda
Pianist:	Haruko Sakakibara
Japanese Reader:	Haruko Sakakibara

**Centering Prayer for Worship**

*Bless our beautiful land, O Lord, with its wonderful variety of people, of races, cultures, and languages. May we be a nation of laughter and joy, of justice and reconciliation, of peace and unity, of compassion, caring, and sharing. We pray this prayer for a true patriotism, in the powerful name of Jesus our Lord. Amen.*

-Archbishop Desmond Tutu

**Prelude**

Haruko Sakakibara

**\*Introit**

**All: Make us one, Lord, make us one. Holy Spirit make us one. Let Your love flow so the world will know, we are one in You.**

**Welcome/Announcements**

Rev. Dr. Sarah Nave

**Call to Worship**

Christine Umeda

Leader: From shore to shore let God's praise be sung.

**People: From mountains high to valleys low, let thankful hearts glorify God.**

Leader: We bless you, God of the covenant. You are present with us in Word and Sacrament, by water and the Spirit, so we join with all your works in praising Your great glory.

**All: Almighty God, we proclaim Your steadfast love and faithfulness with a song of joy.**

**\*Opening Hymn: “Praise Ye the Lord, the Almighty” (#482)**

Praise ye the Lord, the Almighty, the King of creation!

O my soul, praise him, for he is thy health and salvation!

All ye who hear, now to his temple draw near;

join me in glad adoration!

-----  
*\* Those who can, please rise*

Praise ye the Lord, who o'er all things so wondrously reigneth,  
shelters thee under his wings, yea, so gently sustaineth!  
Hast thou not seen how thy desires e'er have been  
granted in what he ordaineth?

Praise ye the Lord! O let all that is in me adore him!  
All that hath life and breath, come now with praises before him!  
Let the amen sound from his people again;  
gladly for aye we adore him.

**Invitation to Confession** Christine Umeda

Leader: May God who alone knows the depths of the human heart give us the gift of humility, that we may see our own sins clearly and refrain from judging our neighbor. Let's allow God's Spirit to lead us in reflection and repentance as we pray our prayer of confession.

**Prayer of Confession** Christine Umeda

Leader: Gracious God, you desire wholeness and justice for all creation. We confess we have turned from You and been misled by our desire for success, recognition, and wealth.

**People: Forgive us. Deliver us from hard hearts and destructive words. Lead us to higher ground, to trusting faith, to lives rich in meaning and service.**

**All: Purify our hearts so that our lives bring you glory. Make us more like Your Son, Jesus Christ, our Lord.**

*Time for silent reflection and confession to God*

**Assurance of God's Grace** Christine Umeda

Leader: Christ has set us free from everything that might oppress or ensnare us. But we shouldn't confuse this with the right to do whatever we wish.

**People: No, for we are called to serve others, and to share God's good news of hope and joy with everyone we meet.**

**All: Thanks be to God! In Jesus Christ we are forgiven.**

**Opportunity To Present Offerings** Christine Umeda

**All: Give thanks with a grateful heart; give thanks to the Holy One. Give thanks because God's given Jesus Christ, God's Son. (Repeat) And now let the weak say, "I am strong," let the poor say, "I am rich" because of what the Lord has done for us. (Repeat) Give thanks. Give thanks.**

**\*Doxology**

**All: Praise God from Whom all blessings flow; praise God all creatures here below. Praise God above, ye heavenly host; Creator, Christ and Holy Ghost. Amen.**

**\*Prayer of Dedication** Christine Umeda

**Joys & Concerns** Rev. Dr. Sarah Nave

**Pastoral Prayer & The Lord's Prayer** Rev. Dr. Sarah Nave

**All: Our Parent Who art in heaven, hallowed be Your name. Your kingdom come, Your will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our debts, as we forgive our debtors, and lead us not into temptation, but deliver us from evil, for Yours is the kingdom and the power and the glory forever. Amen.**

**\*Sending Hymn: "O Beautiful for Spacious Skies" (#564)**

O beautiful for spacious skies, for amber waves of grain, for purple mountain majesties above the fruited plain!  
America! America! God shed his grace on thee, and crown thy good with brotherhood from sea to shining sea!

O beautiful for pilgrim feet, whose stern, impassioned stress a thoroughfare for freedom beat across the wilderness!  
America! America! God mend thine every flaw, confirm thy soul in self control, thy liberty in law!

O beautiful for heroes proved in liberating strife, who more than self their country loved, and mercy more than life!  
America! America! May God thy gold refine till all success be nobleness and every gain divine!

O beautiful for patriot dream that sees beyond the years thine alabaster cities gleam, undimmed by human tears!  
America! America! God shed His grace on thee and crown thy good with brotherhood from sea to shining sea!

**1st Scripture Reading: Matthew 11:28-30**

Christine Umeda

“Come to Me, all who are weary and burdened, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. For My yoke is comfortable, and My burden is light.”

**Sermon and 2nd Scripture Reading**

Rev. Dr. Sarah Nave

“The Pause That Refreshes”

Matthew 11:28-30 *The Message*

“Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life. I’ll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you. Keep company with me and you’ll learn to live freely and lightly.”

**Musical Offering**

Haruko Sakakibara

*Time for silent reflection***Holy Communion**

Invitation to the Lord’s Table

This is the table, not of the Church, but of the Lord. It is made ready for those who love him and for those who want to love him more So, come, you who have much faith and you who have little, you who have been here often and you who have not been here long, you who have tried to follow and you who have failed. Come, because it is the Lord who invites you. It is his will that those who want him should meet him here.

- from the Iona Community

Leader: The Lord be with you.

**People: And also with you.**

Leader: Lift up your hearts.

**People: We lift them up to the Lord.**

Leader: Let us give thanks to the Lord our God.

**People: It is right to give our thanks and praise.****Prayer of Thanksgiving****Words of Institution****Receiving the Elements****\*Response to God’s Forgiveness**

**All: Glory be to Creator, and to the Christ, and to the Holy Ghost, as it was in the beginning, is now and ever shall be, world without end, Amen, Amen.**

**Passing of the Peace**

Christine Umeda

Leader: The peace of the Lord be with you always.

**All: And also with you.****Children’s Message**

Donna Komure-Toyama

Celebration of 2022 Graduates and Special Music

**Hymn of Reflection: “Come Away from Rush and Hurry” (#422)***Sing to the tune of “God, Whose Giving Knows No Ending”*

Come away from rush and hurry to the stillness of God’s peace; from our vain ambition’s worry, come to Christ to find release. Come away from noise and clamor, life’s demands and frenzied pace; come to join the people gathered here to seek and find God’s face.

In the pastures of God’s goodness we lie down to rest our soul. From the waters of God’s mercy we drink deeply, are made whole. At the table of God’s presence all the saints are richly fed. With the oil of God’s anointing into service we are led.

Come, then, children, with your burdens-life’s confusion, fears and pain. Leave them at the cross of Jesus; take instead His kingdom’s reign. Bring your thirsts, for He will quench them- He alone will satisfy. All our longings find attainment when to self we gladly die.

**Unison Prayer of Guidance**

**All: Now may the words of our mouths, the meditations of our hearts, the interpretation of our minds, and the response of our hands be acceptable to You, our Lord and our Redeemer. In Christ’s name we pray. Amen.**

**Japanese Reading: Jeremiah 6:16**

Haruko Sakakibara

Thus says the Lord, “Stand by the ways and see and ask for the ancient paths, where the good way is, and walk in it; and you will find rest for your souls.”