



Chapel Chimes

727 T Street, Sacramento, CA • January 2024

Dear Friends,

In November 2019 PPE (Pre-Pandemic Era), when Dwight's twin brother invited our family to ring in 2020 in New York City, what I thought was, "NYC on New Year's Eve with a million revelers counting down to midnight as a Waterford crystal-covered ball drops in Times Square? That sounds really crowded." What I said was, "Great, let's go!" Since I'm not a fan of crowds, I arranged to run in the opposite direction of Times Square on New Year's Eve by signing up our family for the Midnight Run in Central Park that night. With free bagels at the finish! We were advised to arrive ninety minutes before the race. Security lines would be long with only two entry points into the park for 5000 runners and spectators. Getting through security took us about 35 seconds. Which meant we had nearly an hour and a half to wait in 38-degree weather, with a brisk NYC wind. Luckily we had signed up to run in the slowest-running group, which meant we walked nearly a mile to our starting position. But moving to the back of the line kept us from becoming ice sculptures in the park. That's how I started off 2020: with a NYC blueberry bagel, a 2020 Midnight Run tee shirt, and a great family memory.

Fast-forward several years, and a new phrase, "active couch potato" entered the lexicon. That's the term for people who exercise some each day, then sit for the rest of the day. That's me. I run a few miles most days on the levee near my home, then sit at my computer. Writing sermons, attending Zoom meetings, writing and answering emails. Watching Netflix and PBS. Our daughter Chelsea came up with a plan to get the Naves off the couch. "Let's get Fitbit activity trackers," she said. "We can compete each day to see who gets 10,000 steps first. Mom, since you run every day, you're not allowed to count those steps. Start counting your steps after you run." For some reason, I agreed to these terms, and the race was on. We started in Portland when we were there for Christmas. Sometimes it meant taking their dog for a walk late at night to get the final 2500 steps, or jogging in place in the kitchen. There's nothing like a little competition to get our family moving. Now, whoever reaches 10,000 steps first texts the others with a line from the 70's Queen song, "We are the Champions," and savors their win . . . until the next day when the race to 10,000 steps starts over. The Naves are late to the Fitbit party, but we're having fun with it. Many of you have likely been tracking your daily activity for years. Keep at it! Resist the nationwide (active) couch potato epidemic!

Our path as a church family at Parkview may not take us on a footrace through Central Park at midnight, but I pray that as we come together to worship God and grow in our faith in Jesus and our reliance upon the Holy Spirit, we will experience God's presence in active, life-giving ways. As we worship and serve, I hope that we will continue to open our hearts to God and to each other. Parkview is a place where we can talk about questions that are challenging us in our faith. A place to share learnings and frustrations and nurture that for which we are most hopeful. A sacred space where God can bring each of us more fully, actively alive as we notice the movements of the Spirit in the Biblical stories and in the stories of our lives.

In his bestselling book, *We Make the Road by Walking*, Brian McLaren addresses a universal need. He writes, "The quest for aliveness explains so much of what we do. It's why readers read and travelers travel. It's why lovers love and thinkers think, why dancers dance and moviegoers watch. In the quest for aliveness, chefs cook, foodies eat, farmers till, drummers riff, fly fishers cast, runners run, and photographers shoot... The quest for aliveness is the best thing about religion, I think. It's what we're hoping for when we pray. It's why we gather, celebrate, eat, attend, practice, sing, and contemplate."

We have been given the gift of a brand New Year. I pray that we all actively seek out and celebrate all the life and light we can gather, to the glory of God.

Happy New Year!

- Pastor Sarah



News

Report from Session

At the December 14, 2023 meeting of Session, the following matters were reported, voted upon, and/or discussed:



- Ring Video Doorbell Installation: Voted to approve the purchase and installation of a ring video doorbell system and tablet to monitor the church front door and the back parking lot. Cost will not exceed \$1,000 and funds to be paid from the Presbytery Safety, Security, and Health grant which currently has a balance of \$7,000;
- Social Hall Lighting Update: Upon further research about replacing all lighting fixtures in the social hall, it was determined that the cost would be excessive. We were further advised by an electrician, Jun Tang, that the 10 existing light fixtures could be rewired to accommodate higher lumen light bulbs creating brighter lighting in the social hall. Jun submitted a bid of \$1,000 to clean and rewire the lighting fixtures and Session voted to accept his bid;
- Human Resources Committee: The Committee submitted its Performance Evaluations to Session for Pastor Sarah, Office Manager Kris, and Choir Director Ben after interviewing church staff and various church members in leadership roles. Session expressed its thanks and gratitude for the hard work of the Human Resources Committee;
- 2024 Budget Approval: Session voted to approve the church budget for 2024, with the following amendments:
 - 1) approval of the expenditure of \$10,000 (\$9,500 in 2023) for general mission projects with \$5,000 (\$4,500 in 2023) to be allocated to the South Sacramento Interfaith Partnership food closet, and \$5,000 to be used for a mission project to be determined after further review and discussion;
 - 2) approval of salary increases of 3.5% for Pastor Sarah; 5% for our Office Manager, Kris; and, 3.2% for our Choir Director, Ben;
- Invitation for Pastor Rola Al Ashkar to Speak: Session approved an invitation to Pastor Rola Al Ashkar to speak to Parkview about her views of the conflict and war in the Mid-East. Rola, who is from Lebanon, is our former pastoral resident and now a Pastor at Westminster Church. Pastor Sarah will contact Rola for a date;
- Safety and Security Grant Update on Cameras, Lighting, and Fence: William Yee reported that

work continues with a high priority given to lighting around the church;

- Pastor's Report and Upcoming Events:
 - Self-Defense Refresher. We will ask Phil Chew to contact the Elk Grove dojo who conducted the first course;

- Terri Bowman, Clerk of Session
Steve Hanway, Pattie Hashimoto,
Donna Komure-Toyama
Irene Uno, William Yee

An Invitation to the Spiritual Life

On January 21, 2024 at Parkview Church, we're launching into a sermon series called "An Invitation to the Spiritual Life" based on the book, "Making All Things New" by Catholic priest and Yale Divinity School professor, Henri Nouwen. In the book's introduction, Nouwen writes, "In the midst of our restless and hectic lives we sometimes wonder, 'Where can we find the peace of mind to listen to the calling voice of God?' [...] In this book I would like to explore what it means to live a spiritual life and how to live it."

The Holy Spirit is God's gift of presence with us in the here and now. But lots of people feel like second-class citizens when it comes to an awareness of the Holy Spirit. They hear other people talk about their experiences of the Spirit and they feel left out. That was me for years. As you think about your life, you may find yourself looking for "something more" in your relationship with God. Maybe you're tired of pretending to be and feel something that's not there. If that describes you at the moment, you're not alone. Over the weeks of this series, I pray you'll continue your search for a real sense of the living God in your life. As we look at what Scripture says about the Holy Spirit, and how to develop our spiritual life, I hope that all of us will be more able to recognize the activity of God's Spirit in our everyday lives. You can order a copy of Nouwen's book, "Making All Things New," for \$13.54 on Amazon.



In Memoriam

Caryn Matsuhara-Reynolds
Died November 12, 2023

Caryn was the daughter of
Howard and Ruby Matsuhara

News

Phillip Chew Helps Bring Vital Funds to SSIP

We at Parkview know how vital Phillip is to the life of our church, but he also plays a role in other institutions. After Parkview became a faith partner with the South Sacramento Interfaith Partnership (SSIP) Food Closet, Phillip was moved by the testimonials of Parkview volunteers to donate \$100,000 to SSIP from the Robert Gill Trust, of which he serves as trustee. Phillip also steered funds to My Sister's House and WIND, two of Parkview's favorite service organizations. To read more about Mr. Gill and his bequest to SSIP, go to https://static1.squarespace.com/static/5fdbba579bfbcff22a3e1dbe7/t/65779eeeac34f807472a1e67/1702338290227/newsletter_Dec+2023.pdf.



If you would like to become a volunteer at SSIP, fill out the volunteer form at <https://www.ssiptfoodcloset.org/volunteer>.

Submitted by Carla Hart

Book Club Holds Its Final Meeting

After some twenty years, the Book Club held its final meeting on December 7, 2023. Members in attendance were Steve Hanway, Kris Sazaki, Lois Van Beers, Roberta Christensen, Deryl Rosel, Neil Matsuoka, and Maurine Huang. Roberta and Deryl hosted a lovely Christmas tea. The final book discussion was on *Arthur and George*, by Julian Barnes. Many thanks to all the readers who gathered over the years to share their passion for reading.



Bible Study at Parkview 2024

Have you been thinking about finding out more about the Bible this year? Have you been wondering what's actually in the Bible? We're here for you! Parkview has three Bible studies, one in-person, one on Zoom, and one for our youth. Come to any or all of them!

Zoom Bible Study. Meets Tuesdays at 6 pm. An in-depth, thought-provoking hour-long discussion of the Bible facilitated by Pastor Sarah and Rev. Dwight Nave. We're currently reading and talking about the Gospel of Matthew. Find the link in the Friday email or on our website.

In-person Bible Study. Meets once a month on Sundays after worship. A lively look at sacred encounters in scripture using a resource book published by Presbyterian Women (USA). Facilitated by members of Parkview's Presbyterian Women. Contact Judy Yee at Judyfye@gmail.com for more info.

YES (Youth Enrichment Session). Meets on 1st, 2nd and 4th Sundays after the children's message. A guided tour of famous Biblical characters and themes like religious holidays, friendship, serving others, and working for justice in the world. Fun with baking, crafts, and games. Facilitators: Jana Nakase-Lee, Lynn Yamamoto, Julie Chew, Kishwer Vikaas, and Ben Pryor.

Volunteer Spotlight: Betsy Eskridge

Parkview is fueled by its volunteers, many working behind the scenes to keep the church going.

Betsy has served as our long-time treasurer, paying our bills, paying staff, reconciling our accounts, and reporting monthly to the Session. She has an eagle eye and recently noticed fraud attempts on our bank account. Betsy worked hard with our bank to protect our account. Thank you, Betsy, for keeping our financial records in shape!



Financial Report as of December 31, 2023:

	November	Total Yr 2023
Income:	\$24,062.91	\$175,804.62
Expenses:	\$18,406.45	\$186,073.28
Difference:		(\$10,268.66)

Upcoming Events

Worship with Us In Person or Online:

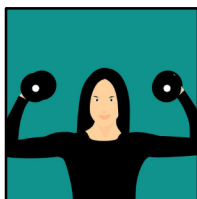
You can find login info for worship and Zoom meetings as well as worship programs at <https://parkviewpc.org/>.

Jan 14: **Worship Service.** 10 am.

Worship Leader: Jana Nakase-Lee
Japanese Reader: Miko Kumagai
Pianist: Nancy Arata-Fong
Zoom Moderator/Greeter: Lori Hart
Sound System: Lois Van Beers
Parking: Tak Fukuman
Parking Barriers (Sat): Tak Fukuman
Ushers: Judy Fukuman, Tak Fukuman
Greeters: Carla Hart, Lynn Yamamoto
Altar Flowers: Steve & Jana (Nakase) Lee

Jan 14: **Free Fitness Class.** 11:30 am - 12:30 pm.

Get Fit! Keep Fit! Come to Parkview's free fitness class! Pastor Sarah invites you to increase your flexibility, agility, mobility with moderate stretches, cardio, and some extras just for fun! All ages and abilities welcome. Must sign a waiver to participate. Wear comfortable clothes and sports shoes. Bring a yoga mat if you have one. Come join in the fitness fun!



Jan 14: **Prayer Team and Friends Potluck.** 1 pm.

Meet at Sue Goodwin's home.



Jan 15: **PPC Legacy Meeting.** 7:00 pm via Zoom.

Jan 16: **Bible Study.** 6 pm via Zoom.

Jan 17: **Holy Listening.** Noon and 5:30 pm at Parkview.

We'll open our hearts and minds and ask God to speak to us. Without an agenda. We'll pray. And listen. Together. Everyone is invited! Come to any, or all, of the Holy Listening sessions on Wednesdays.



Jan 17: **Choir Practice.** 7 pm in the social hall.

Jan 21: **Worship Service.** 10 am.

Worship Leader: Steve Hanway
Japanese Reader: Miyo Uchida
Pianist: Wade Tambara
Zoom Moderator/Greeter: Aki Kumagai
Sound System: Tom Tambara
Parking: Phillip Chew
Parking Barriers (Sat): William Yee
Ushers: Luda Wright, William Yee
Greeters: Miyo Uchida, Diane Younglove
Altar Flowers: Pattie Hashimoto
Coffee Time: Ben Pryor, Kishwer Vikaas

Jan 21: **Congregational Meeting.**

Meet in the sanctuary after worship service and have your voice heard. Everyone is welcome! Official church members have voting rights. The annual report will be available in a future weekly email.



Jan 23: **Bible Study.** 6 pm via Zoom.

Jan 24: **Holy Listening.** Noon and 5:30 pm at Parkview.

We'll open our hearts and minds and ask God to speak to us. Without an agenda. We'll pray. And listen. Together. Everyone is invited!



Upcoming Events

Jan 24: Choir Practice. 7 pm in the social hall.

Jan 27: PPC Legacy Project Day. 9:30 am - noon.

What: Come and help us identify old and new photos and documents of the church's history and activities.



Goal: The legacy project goal is to preserve documents and photographs of the church's history and to share its rich history.

Not to be missed: We are posting interviews with church elders, members, and friends to our website. Go to <https://parkviewpc.org/ppc-legacy-project/> and scroll down to the interview section.

Jan 28: Worship Service. 10 am.

Worship Leader: Judy Fukuman

Japanese Reader: Miko Kumagai

Pianist: Janet Hill

Zoom Moderator/Greeter: Judy Yee

Sound System: Cathy Nishizaki

Parking: Carl Odell

Parking Barriers (Sat): Russ Hart

Ushers: Maurine Huang, Michael Wright

Greeters: Betsy Eskridge, Luda Wright

Altar Flowers: Steve Hanway

YES: Jana Nakase-Lee

Jan 28: Newsletter Deadline. 5 pm. Email photos and/or articles (350 word max.) to officemanager@parkviewpc.org.

Jan 30: Bible Study. 6 pm via Zoom.

Jan 31: Choir Practice. 7 pm in the social hall.

Jan 31: Holy Listening. Noon and 5:30 pm at Parkview.

We'll open our hearts and minds and ask God to speak to us. Without an agenda. We'll pray. And listen. Together. Everyone is invited!



Feb 4: Worship Service. 10 am.

Worship Leader: Titus Toyama

Japanese Reader: Mieko Davis

Pianist: Haruko Sakakibara

Zoom Moderator/Greeter: Lori Hart

Sound System: Jonathan Sakakibara

Parking: Gary Younglove

Parking Barriers (Sat): Neil Matsuoka

Ushers: Terri Bowman, Julie Chew

Greeters: Sue Goodwin, Miyo Uchida

Altar Flowers: Titus & Donna (Komure)

Toyama

Feb 4: Mariners Udon Sale. 11 am.

Please join us for a warm and delicious bowl of udon after our worship service. \$10/adult, and \$5/child. Take out will be available. Chaired by Haruko Sakakibara and Lois Van Beers.



Feb 6: Prayer Team Meeting. 7:15 pm.

Feb 7: Choir Practice. 7 pm in the social hall.

Feb 8: Session Meeting. 1 pm in the social hall.

Save the Date!

Mark your calendars for the following events. Details to follow in weekly emails and/or the newsletter.

- Feb 10. Lunar new Year.
- Feb 14. Ash Wednesday. Lent begins.
- Feb. 14. Worship team meeting.
- Feb 18-23. Kris on vacation.
- Mar 17. PPW Officer Installation and Luncheon. Armchair travel with Bill Nagata.



Thank You for Your Support!

Many thanks to all of you who contribute to Parkview through your generous pledged offerings! Additionally, thanks so much to the following for their generous special donations. Acknowledgment letters and postings in the *Chapel Chimes* may be in reverse order. Thank you for your patience. Contact officemanager@parkviewpc.org with any questions.

In Celebration of Birth of Granddaughter Ava Shiroy: Randy & Lillie Shiroy

In Memory of Carney Ouye, Sr.: Carey Yamanaka

In Memory of Zee Wong: Betsy Eskridge & Lois Van Beers, Tak & Judy Fukuman, Carla Hart, Fumi Nakata, Jack & Carol Sakai, Victor & Sherri Yee

In Memory of Sandy Yakel: Jody Brown

Thanksgiving Offering: William & Judy Yee

Christmas Offering: Calvin Asoo, Kevin & Sylvia (Ryugo) Campbell, Phillip & Julie Chew, Ian & Mieko Davis, Betsy Eskridge & Lois Van Beers, Russ & Lori Hart (in memory of Edward & Evelyn Hart), Pattie Hashimoto, Steve & Janet Hill, Brian & Leah (Fujiwara) Kanegawa, Kerry & Sue Ann Kashiwagi, Glenn & Evelyn Kubota, May Lee, Hannah Mori, Bill & Linda Nagata, Fumi Nakata, Cathy Nishizaki, Ken Okawara, Susan Shibata, Randy & Lillie Shiroy, Wade Tambara, Miyeko Takechi, Titus & Donna (Komure) Toyama, Rick & Irene Uno, Carey Yamanaka, Hach & Linda Yasumura, William & Judy Yee, Richard & Joyce Yuki



How to Donate:



In Person. You may drop off your donation during worship service.

By Mail. Make checks payable to Parkview Presbyterian Church. Please do not send cash.

Online. Please go to <https://www.parkviewpc.org/>, click on the "Support Parkview" tab, and select "General Fund." Use the Notes section to provide additional information about your donation, i.e. "in memory of" or "xx fund." You can use a credit card or bank transfer; donate one time only or set up regular donations. Thank you for your generosity.