



# Chapel Chimes

727 T Street, Sacramento, CA • January 2025

Dear Friends,

You remember how your mom or grandpa always used to tell you, “Watch where you’re going!” That’s good advice! I should’ve been watching where I was going when I stepped onto a parking curve as I was returning from the recycling dumpster, and sprained my foot. I immediately thought, “Ouch, that hurt,” and “I’m not gonna get my 10,000 steps in today.” Later, I amended that to “I’m not gonna be able to run tomorrow.” It was weird because only a few hours earlier I’d been talking to our daughter Chelsea about the 2025 Nave family challenge: who can get the most 10,000-step days in January. She said when she goes out to walk, her injured knee hurts and she has to stop. I sympathized with her. A couple hours later, I empathized with her. I felt sore and grumpy. Lots of people live with chronic physical pain, and I don’t know how they manage. I’ve been going for a daily run for forty-plus years; it’s part of my routine, and my identity. Accidental injuries and plunging into a brand-new year brings up philosophical questions. What is life about? What am I meant to be doing in my time on earth? Do I need to make changes? In his book, *Called*, Mark Labberton, former president of Fuller Seminary in Pasadena writes:

*People ask many questions about how their lives relate to the world. Why are we here? What are our lives in this world about? Is there a reason we are alive, and if so, how do we know what that is? These questions can be brought on by beauty and joy but also by the daunting facts of our own lives or of the world around us. We look around in doubt, in pain, in suffering. These are questions asked throughout history by those inside and outside the church.*

I heard an interview on NPR with National Geographic explorer Dan Buettner, who has been probing the question of longevity and living fulfilling lives for decades. For a Netflix documentary series, Buettner traveled to several Blue Zones, longevity hotspots all over the world, and met people who are living longer, happier lives. One of those places is in Okinawa, Japan. That’s where, Buettner said, avoiding loneliness is crucial.

*When you’re a little kid in Okinawa, your parents put you into a circle with three or four other friends, and you’re expected to travel through life. It originated actually as sort of*

*an alternative to a bank. You pooled money, and then when things got tough, the person who needed the money got the pool. But now it’s evolved into a really strong, committed social circle, usually four or five friends who they can count on on a bad day. And, you know, we have this loneliness epidemic here in the United States. About 25% of us are lonely, which means we don’t have three friends we can count on on a bad day. And loneliness is as bad as a cigarette habit. And here we have an entire culture that just doesn’t have to worry about that. Friendship comes with mother’s milk.*

In this new year, if you’re asking questions about longevity and how to make the most of your time on earth, I invite you to put yourself in a place to discover some meaningful answers. Let’s study Scripture on Sunday mornings during worship and Tuesday evenings (via Zoom) and learn about God’s call for all of us to a loving connection with God and God’s world, a call to live and receive God’s love and purpose for us and for the world. Let’s eat, laugh, and fellowship. Let’s work and worship together and explore a Biblical call meant to pack our lives with more love, more joy, more creativity, more wonder, and more engagement. God created us as partners to reflect God’s image and care for creation. We are meant to be tangible evidence of God’s intent for the world. Us together. The church. This is the purpose of human life; this is our calling as followers of Jesus. See you in church! Grateful to be on the journey with you.

- Pastor Sarah

*Following Jesus is both the greatest opportunity and highest challenge ever afforded the human race.*

-John Ortberg, former senior pastor of Menlo Park Presbyterian Church



# News

## December Report from Session

At the December 12, 2024 meeting of Session, the following matters were reported, voted upon, and/or discussed:



- **Book Signing and Mochi Making Event:** Session voted to ratify an earlier email vote approving author Sharon Fujimoto-Johnson's attendance at Parkview for a book signing and mochi making event in January;
- **Non-Pursuit of Criminal Restitution:** Session voted to ratify an earlier email vote declining to seek restitution from Joseph Rodolf who was cited in July for vandalizing the church fence;
- **Restart of Garbage Pick-up:** the monthly cost of garbage pick-up for the church is \$304.08 (trash, recycling, organic waste). Parkview may be able to have the cost of the organic waste pick-up waived because we have a gardening service. Office manager to follow-up;
- **Storage Space Needed:** Rev. Rola Al Ashkar's outreach ministry involving the practice of Yoga is scheduled to begin in January. We are still looking for a place to store a large mirror and other equipment;
- **Hawaiian Blessing for Fence and Other Security Items:** This special blessing will take place at the congregational meeting on January 19;
- **Wrought Iron Fence and Installation of Surveillance Cameras:** The installation of the fence and cameras are both over 99% completed;
- **Human Resources Team:** Various members of the team have met with Pastor Sarah, Office Manager Kris, and Choir Conductor Ben;
- **Nominating Team:** Members of the team have met to nominate the 2027 class of elders;
- **2025 Pledges:** Pastor Sarah reported that as of December 12, Parkview has received 22 pledges which total \$68,460;
- **Reimbursement of Air Fare:** Session voted to authorize the payment of air fare incurred by Pastor Sarah as continuing education for her work as a poll chaplain in Georgia during the November election;
- **2025 Budget Discussion and Action:** Session voted to increase mission giving to the SSIP food closet program from \$5,000 to \$6,000; Session voted to authorize two additional hours per month,

as needed, for Office Manager Kris, and a 3% increase in salary for Kris and Choir Conductor Ben; Session also voted to authorize a salary increase of 3.5% for Pastor Sarah. Budget discussion to continue in January.

- Submitted by  
- Terri Bowman, Clerk of Session  
Pattie Hashimoto, Jana Nakase-Lee,  
Donna Komure-Toyama,  
Irene Uno, William Yee, Gary Younglove

## Altar Flowers Gifts for 2025

Would you like to give a floral gift to God, make a tribute to a loved one, or commemorate a special occasion in 2025? We invite you to participate in Parkview's 2025 Altar Flower Offerings. Parkview Presbyterian Women (PPW) members volunteering as flower coordinators are Haruko Sakakibara and Judy Yee. Please contact Judy for information and to get on the 2025 calendar (email [judyfjee@yahoo.com](mailto:judyfjee@yahoo.com)). We are thankful for past participants of this well-loved Parkview tradition. 2024 donors will be contacted by Judy to discuss their participation in the 2025 calendar.



## Updated 2025 Pledges

Parkview received a total of 27 pledges totaling \$90,180. Thank you to everyone who has pledged and to all those who donate!

### Financial Report as of December 31, 2024:

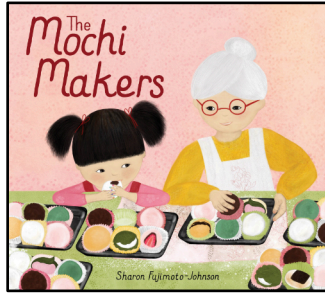
	December	Total Yr 2024
Income:	\$26,976.12	\$193,067.52
Expenses:	\$21,006.11	\$198,690.18
<b>Difference:</b>		<b>(\$5,622.66)</b>

# News

## Mochi Event at Parkview!

Please join us at Parkview on January 12, 2025 as we ring in the new year with mochi making and a book reading!

Local writer Sharon Fujimoto-Johnson, the author and illustrator of "The Mochi Makers," published by Simon & Schuster earlier this year, will read her book. Sharon will stay to sign her books, which will be available on site to purchase (\$20 or \$15 each for multiple copies). Afterward, children and adults can make their own mochi in the kitchen. This event is free and open to the community, so invite your family, friends and neighbors! Go to <https://www.sharonfj.com/> to read more about our guest author Sharon.



- Submitted by Jana Nakase-Lee

## Alarm Crew Needed

Parkview has ramped up its security, but there are still a few things we need to monitor. We are currently looking for volunteers who would be willing to have the alarm company call you when the church alarm is set off. You would have access to the security cameras and could see if anyone was on the property. You would call the police and potentially meet them at the church. During the day, you would probably just need to reset the alarm. We hope to have four people on the list so that no one person has sole burden of being available for calls. Since installing the alarm, we have had one break in at night, but the burgler ran off after hearing the alarm. This occurred when we had no fencing around the property. We had one call during the day, and that was when one door was inadvertently left unlocked. The alarm scared off the poor parishioner from the church next door!



Now with the fencing up and the gates locked, we don't anticipate any problems. We just want to have a team in place to relieve the team that has been on duty these past few years. Priority goes to volunteers who live within fifteen minutes or so from the church.

Please email [officemanager@parkviewnpc.org](mailto:officemanager@parkviewnpc.org) if you can serve in this capacity. Thank you in advance for your willingness to serve!

## Volunteer Spotlight: Gary Younglove

*Parkview is fueled by its volunteers, many working behind the scenes to keep the church going.*

Gary is an elder who serves as usher and parking attendant, is on the Buildings and Grounds team, and currently serves on Session. Beyond that, he is Mariners treasurer and activity planner extraordinaire for field trips. Thanks, Gary, for all you do for Parkview!



## Building for Tomorrow

Time for celebration at the SSIP Food Closet! The lease for the Bethany Fisherman's House has been acquired, a key milestone for SSIP. This pivotal agreement secures the Food Closet's future and sets in motion plans for much needed expansion. As we enter 2025, consider taking part in the vision and growth of SSIP as we strive to alleviate food insecurity in Sacramento.



- Submitted by Carla Hart

## ALOHA! SSIP Full Plates, Full Hearts Luau Dinner

Date: March 8, 2025

Time: 4:30-8:00 pm

Place: St. Anthony Parish Memorial Center, 660 Florin Rd.

Get out your Aloha wear and celebrate with SSIP supporters with a traditional Hawaiian buffet and the Ohana Dance Group. Join us in the islands as we transform St. Anthony Memorial Center into a Hawaiian getaway. Enjoy pupus (Hawaiian hors-d'oeuvres) and a complementary drink during Happy Hour. Be entertained by traditional Hawaiian musicians and hula dancers during and after the delicious buffet dinner. As you enjoy your dessert winnings from the dessert auction, have fun bidding on your favorite item during the live auction.

Gather your family and friends and enjoy this spectacular evening while supporting the SSIP food closet raising funds to put food on the tables of our most vulnerable neighbors. Tickets are \$85 per person, but keep an eye out on the SSIP website in early January for the early bird ticket price of \$75 per person. [Click here](#) to sponsor the event.



- Submitted by Carla Hart

# News/Upcoming Events

## Have You Chosen Your Word for 2025 Yet?

Last month, I wrote about choosing a word rather than making resolutions, so (drum roll, please), my word for the year is “CREATE!” On January 1, I doodled and colored in the word to serve as a visual reminder to:

- Create some art every so often just for fun!
- Create some peaceful spaces in my home by decluttering.
- Create quiet moments to spend listening to God.
- Create some opportunities for real, authentic connections with others.
- Create some healthier habits of eating and exercise.
- Be open to whatever God might be calling me to CREATE!!

If you need help choosing a word, I've read several articles since last month that might be helpful. Here are some links:

- Dayspring's Word of the Year quiz  
<https://www.dayspring.com/yourwordquiz>
- Faith Gateway's article about “My One Word”  
<https://faithgateway.com/blogs/christian-books/what-is-my-one-word>

I can't wait to hear what word(s) God is putting on YOUR hearts this year!

In anticipation, Sue Goodwin



## Worship with Us In Person or Online:

You can find login info for worship and Zoom meetings as well as worship programs at <https://parkviewpc.org/>.

### Jan 12: Worship Service. 10 am.

Worship Leader: Steve Hanway  
Japanese Reader: Aki Kumagai  
Pianist: Nancy Arata-Fong  
YES: Jana Nakase-Lee, Lynn Yamamoto  
Online Moderator/Greeter: Judy Yee  
Sound System: Lois Van Beers  
Parking Barriers (Sat): William Yee  
Parking: Tak Fukuman  
Ushers: Judy Fukuman, Tak Fukuman  
Greeters: Carla Hart, Diane Younglove  
Altar Flowers: Pattie Hashimoto

Jan 12: Mochi Event. 11:30 am. Everyone is invited! See [page 3](#).



Jan 14: Weekly Bible Study. 6 pm via Zoom.

Jan 15: Choir Practice. 7 pm in the social hall.

### Jan 19: Worship Service. 10 am.

Worship Leader: Judy Fukuman  
Japanese Reader: Miyo Uchida  
Pianist: Nancy Arata-Fong  
Online Moderator/Greeter: Aki Kumagai  
Sound System: Dave McGill  
Parking Barriers (Sat): Tak Fukuman  
Parking: TBD  
Ushers: Jana Nakase-Lee, William Yee  
Greeters: Miyo Uchida, Lynn Yamamoto  
Altar Flowers: Steve & Jana (Nakase) Lee  
Coffee Time: TBD

# Upcoming Events

**Jan 19: Congregational Meeting.** After worship service. Meet in the sanctuary. Everyone is invited to attend! Zoom participants should click the worship service link or simply stay on after worship service.



**Jan 20: PPC Legacy Meeting.** 7 pm via Zoom.

**Jan 21: Weekly Bible Study.** 6 pm via Zoom.

**Jan 22: Choir Practice.** 7 pm in the social hall.

**Jan 26: Worship Service.** 10 am.  
Worship Leader: Titus Toyama  
Japanese Reader: Miko Kumagai  
Pianist: Janet Hill  
YES: Julie Chew, Cathy Nishizaki  
Online Moderator/Greeter: Lori Hart  
Sound System: Jonathan Sakakibara  
Parking Barriers (Sat): Russ Hart  
Parking: Russ Hart  
Ushers: Luda Wright, Michael Wright  
Greeters: Maurine Huang, Luyan Tang  
Altar Flowers: Steve Hanway

**Jan 26: Prayer Team/Healing Prayer Team Lunch.** In honor of Sue Goodwin. Meet in the social hall after worship service.

**Jan 26: Newsletter Deadline.** 5 pm. Email photos and/or articles (350 word max.) to [officemanager@parkviewpc.org](mailto:officemanager@parkviewpc.org).

**Jan 28: Weekly Bible Study.** 6 pm via Zoom.

**Jan 29: Lunar New Year.** Welcome the year of the snake (Chinese) or the boar (Japanese).



**Jan 29: Choir Practice.** 7 pm in the social hall.

**Feb 2: Worship Service.** 10 am. Communion will be celebrated.  
Worship Leader: Carla Hart  
Japanese Reader: Mieko Davis  
Pianist: Haruko Sakakibara  
YES: Ben Pryor, Kishwer Vikaas  
Online Moderator/Greeter: Aki Kumagai  
Sound System: Cathy Nishizaki  
Parking Barriers (Sat): William Yee  
Parking: Gary Younglove  
Ushers: Julie Chew, Terri Bowman  
Greeters: Ian Davis, Mieko Davis  
Altar Flowers: Ben Pryor & Kishwer Vikaas

**Feb 4: Bible Study.** 6 pm via Zoom.

**Feb 4: Prayer Team Meeting.** 7:15 pm via Zoom.

**Feb 5: Choir Practice.** 7 pm in the social hall.

**Feb 9: Worship Service.** 10 am.  
Worship Leader: Donna Komure-Toyama  
Japanese Reader: Michael Wright  
Pianist: Wade Tambara  
YES: Jana Nakase-Lee, Lynn Yamamoto  
Online Moderator/Greeter: Lois Van Beers  
Sound System: Liam Wright  
Parking Barriers (Sat): Neil Matsuoka  
Parking: Dave McGill  
Ushers: Judy Fukuman,  
Donna Komure-Toyama  
Greeters: Judy Fukuman, Diane Younglove  
Altar Flowers: Betsy Eskridge & Lois Van Beers

Save the Dates!

**Feb 17: PPC Legacy Meeting.**  
**Feb 19: Mariners' Annual Lunch Meeting.**  
**Mar 5: Ash Wednesday.**



# Thank You for Your Support

## Thank You for Your Support!

Many thanks to all of you who contribute to Parkview through your generous pledged offerings! Additionally, thanks so much to the following for their generous special donations. Acknowledgment letters and postings in the *Chapel Chimes* may be in reverse order. Thank you for your patience. Contact [officemanager@parkviewpc.org](mailto:officemanager@parkviewpc.org) with any questions.

**Special Donations:** Lyn Haberstock, Kerry & Sue Ann Kashiwagi, Nate & Kara Tanoue

**In Celebration of Rick Uno's Retirement:** Hach & Linda Yasumura

**In Memory of May Mayeda:** Joey & Phyllis Nakagawa

**In Memory of Carney Ouye Sr.:** Carey Yamanaka

**In Memory of Lorrinda Fong Shimizu:** Craig Shimizu

**In Memory of Tom Tambara:** Jody Brown, Sylvia (Ryugo) Campbell, Phillip & Julie Chew, Betsy Eskridge & Lois Van Beers, Tak & Judy Fukuman, Russ & Lori Hart, Fumi Nakata, Gloria Okawara, Ken Okawara, Victor & Sherri Yee, William & Judy Yee

**In Memory of Sandy Brown Yakel:** Jody Brown

**In Support of PPW:** Joey & Phyllis Nakagawa (in memory of May Mayeda)

**Thanksgiving Offerings:** Steve & Janet Hill

**Christmas Offerings:** Calvin Asoo, Terri Bowman, Sylvia (Ryugo) Campbell, Jerry & Marilyn Champa, Phillip & Julie Chew, Ian & Mieko Davis, Betsy Eskridge & Lois Van Beers, Tak & Judy Fukuman, Paula Fujiwara (in memory of Kiyoshi & Eiko Fujiwara), Pattie Hashimoto, Steve & Janet Hill, Fumi Nakata, Cathy Nishizaki, Gloria Okawara, Ken Okawara, Jack & Carol Sakai, Miyeko Takechi, Wade Tambara, Titus & Donna (Komure) Toyama, Rick & Irene Uno, Lynn Yamamoto, Carey Yamanaka, Hach & Linda Yasumura, Victor & Sherri Yee, William & Judy Yee, Richard & Joyce Yuki

## How to Donate:



**In Person:** You may drop off your donation during worship service.

**By Mail:** Make checks payable to Parkview Presbyterian Church. Please do not send cash.

**Online:** Please go to <https://www.parkviewpc.org/>, click on the "Support Parkview" tab, and select "General Fund." Use the Notes section to provide additional information about your donation, i.e. "in memory of" or "xx fund." You can use a credit card or bank transfer; donate one time only or set up regular donations. Thank you for your generosity.