



Chapel Chimes

727 T Street, Sacramento, CA • February 2025

Dear Friends,

Many of us have heard about Episcopal Bishop Marianne Budde's sermon at the Inaugural Prayer Service in Washington National Cathedral on January 21, 2025. The final four minutes of her sermon, when Bishop Budde pleaded for the newly inaugurated president to show mercy toward LGBTQ+ people, immigrants, and children, have gone viral. Many have cheered her bravery in locking eyes with the president and calling on him to use his power, as Christ instructs, for compassionate treatment of all, especially the most vulnerable among us. Others called her statements inappropriate, demanded an apology, and sent her death threats.

Author Diana Butler Bass says that the final prophetic minutes of Budde's sermon stand alone, but they're better understood in the context of Budde's sermon on unity. Bishop Budde laid out what she calls the "three foundations" of unity: dignity, honesty, and humility. From scripture, she summarized the three:

- Honor the dignity of every human being.
- Speak the truth to one another in love.
- Walk humbly with each other and our God.

Budde was pleading for mercy, for humane, compassionate treatment for all people, especially the vulnerable ones, she said, for they are all our neighbors.

Many of us are grateful that Bishop Budde's comments are leading to some meaningful conversations in our churches and in the public realm. And we hope that these meaningful discussions will lead the way to meaningful action. In the January/February 2025 issue of *Sojourners* magazine, Daniel Hunter, the founder of Choose Democracy who trains activists globally in nonviolence, suggested some avenues for activism, pathways of resistance to the harmful policies and rhetoric we are encountering in our country right now. Knowing that we can't respond to everything, but also that we must "resist the temptation to cower in fear, isolation, exhaustion, and constant disorientation," Hunter reminds us to lean hard on community and faith in these tough times. Here are a few of Hunter's suggested pathways of resistance:

Protect People. We can discover ways to advocate for and assist those who are directly targeted, such as trans people, folks choosing abortions, and

immigrants. This might mean organizing outside systems for health care and mutual aid or moving resources to communities that are being targeted.

Disrupt and Disobey. In Norway, to create a culture of resistance during World War II, people wore innocuous paperclips as a sign they wouldn't obey. In Serbia, protests against their dictator started with student strikes before escalating to strikes by pensioners before finally escalating to the game-changing strike of coal miners. Mass noncooperation like bus boycotts during the civil rights era, national strikes, and other nonviolent mass disobedience tactics are the most effective strategies to displace authoritarians.

Build Alternatives. We can't only react. We need a vision to build alternatives that are more democratic, loving, and kind. And my addition:

Pray. Bring our fears, distress, and hope to God as we seek justice and mercy for our friends, family members, neighbors, and others. At times like these, a familiar prayer helps: The Serenity Prayer:

"God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."

Christian theologian Reinhold Niebuhr wrote this during the rise of Nazi Germany. May God's light shine through us!

- Pastor Sarah



News

January Report from Session

At the January 9, 2025 meeting of Session, the following matters were reported, voted upon, and/or discussed:



- **Elections:** For 2025, Terri Bowman was elected as Clerk of Session and Betsy Eskridge was elected as Treasurer.
- **Elders:** William Yee, Pattie Hashimoto, and Irene Uno are terming out. Nomination Committee has one proposed elder and will seek two additional elders.
- **Security Grant:** William Yee reported that all paperwork for reimbursement has been submitted and received by the California State Nonprofit Security Grant Program. Total reimbursement amount requested is \$81,276. William will make a report during the Congregational Meeting on January 19, 2025.
- **Mochi Book Reading Event:** On January 12, 2025, following church service, author/illustrator Sharon Fujimoto-Johnson will be reading/talking about her book, "The Mochi Makers." This will be followed by children, adults, and visitors seeing how mochi is made and everyone getting to sample the mochi.
- **Rev. Rola's Ministry:** Motion was made and approved that Parkview continue to support Rev. Rola's yoga and healing movement ministries as a sponsoring church. Rev. Rola will use the church social hall for her classes.
- **Prayer Team and Healing Prayer Team Lunch:** Following worship service on January 26, 2025. We will be honoring and thanking Sue Goodwin for all her contributions.
- **Session Retreat/Lunch:** Will take place in February.
- **Mariner's Udon Sale:** Scheduled on February 23, 2025. [Note: udon sale cancelled for 2025.]
- **Pledges:** We have received pledges totaling \$90,180.
- **Personnel Committee:** Evaluation reports have been submitted for Pastor Sarah, Office Manager Kris Sasaki, and Choir Conductor Ben Pryor. Interviews were conducted with favorable reports showing good support by the congregation and satisfied employees.

- **Jujikai Funds:** There is currently \$2,468 that is being held in reserve. Session voted to reserve \$1,000 as a start-up fund for a future young people's group. The remaining funds of \$1,468 will be transferred to the general fund.
- **Tour of Grace Cathedral in San Francisco:** Gary Younglove has made arrangements for Parkview members to take a tour of the Cathedral on January 25, 2025. Rev. Dr. Aart van Beek will lead the tour.
- **Salary increase for Office Manager and Choir Director:** Cost of living increases were approved by Session.
- **Pastor's Terms of Call:** Out of the presence of Pastor Sarah, Session voted on a cost of living increase for Pastor Sarah. The terms of call will be presented to the church members for a vote during the congregational meeting.
- **Pastor's Report:** Following the congregational meeting, Pastor Sarah will ask the congregation to go outside into the courtyard so that the fence and other security measures can be blessed and thanks given. This blessing was suggested by church member Carol Sakai. Office Manager Kris will also do a demonstration of the security cameras.

- Submitted by: Terri Bowman, Clerk of Session,
Jana Nakase-Lee, Donna Komure-Toyama,
William Yee, Gary Younglove



Financial Report as of January 31, 2024:

	January	Total Yr 2025
Income:	\$31,440.16	\$31,440.16
Expenses:	\$17,543.06	\$17,543.06
Difference:		\$13,897.10

News

Open Sundays in 2025 Altar Flower Calendar

God's floral creation is amazingly diverse in color, shape, and size. Brought indoors as cut flowers or growing in pots, your floral gifts bring smiles to faces and joy to spirits each Sunday service. Would you like to share flowers from your garden? There are still some Sundays available in the 2025 calendar: April 27, June 1, July 13, August 31, September 28, and November 1. For folks not blessed with green thumbs, nice sources for cut flowers are local grocery stores, certified farmers markets, Trader Joes, and Costco. Favorite florists such as Royal and Kiyos can provide elegant custom arrangements. Please contact Judy Yee at judyfyee@yahoo.com with your date request or for more information.



Come and Hear the New Sermon Series!

Project Runway, a new sermon series for Winter and Lent 2025 has begun at Parkview!

Dazzling Garments! Eye-Catching Outerwear! Infantwear! Shabby Chic! Classic Separates! Building on an idea from North Central California Presbytery's new Executive Presbyter, Rev. Karen Sapio, this sermon series explores the significance of clothes in the Bible from newborn swaddling blankets, to one-of-a-kind woven pieces, to graveclothes. Joseph's fancy multicolored coat? Yep. Adam and Eve's rustic outfits? Yep. Jesus' swaddling clothes? Yep. And many more. Come for the fashion, stay for the life application. See you in church!



- Submitted by Pastor Sarah

Volunteer Spotlight: Haruko Sakakibara

Parkview is fueled by its volunteers, many working behind the scenes to keep the church going.

Haruko does so much for the church: pianist, Japanese Bible reader, healing prayer team, flower arranger, Ukraine fundraising concert organizer, Summerfest entertainment and cookie organizer, not to mention udon fundraiser chef and organizer (next sale is 2026). But coordinating the weekly worship team has truly been a Godsend. Recruiting and organizing so many tasks every week is a job in itself! Thanks, Haruko, for all you do for Parkview!



ALOHA! SSIP Full Plates, Full Hearts Luau Dinner

Date: March 8, 2025

Time: 4:30-8:00 pm

Place: St. Anthony Parish Memorial Center, 660 Florin Rd.

Get out your Aloha wear and celebrate with South Sacramento Interfaith Partnership (SSIP) supporters with a traditional Hawaiian buffet and the Ohana Dance Group. Join us in the islands as we transform St. Anthony Memorial Center into a Hawaiian getaway. Enjoy pupus (Hawaiian hors-d'oeuvres) and a complementary drink during Happy Hour. Be entertained by traditional Hawaiian musicians and hula dancers during and after the delicious buffet dinner. As you enjoy your dessert winnings from the dessert auction, have fun bidding on your favorite item during the live auction.

Gather your family and friends and enjoy this spectacular evening while supporting the SSIP food closet in raising funds to put food on the tables of our most vulnerable neighbors. Tickets are \$85 per person, but keep an eye out on the SSIP website in early January for the early bird ticket price of \$75 per person. [Click here](#) to sponsor the event.

- Submitted by Carla Hart



Help Immigrants Through Organizing

As you have probably seen in the media, Border Patrol executed a large operation in Kern County to round up undocumented workers and has threatened to soon begin similar operations in Sacramento County. The shock waves from this event have been felt across the state. NorCal Resist is looking for volunteers in Sacramento and other counties to show up in solidarity for local asylum seekers and refugees. The next two online training meetings take place on March 2 & 24. Go to <https://www.norcalresist.org/> to learn more about NorCal Resist and to attend the training.



- Submitted by Kishwer Vikaas

News

Iama Yoga is Now at Parkview!

It's pronounced "Yama" Yoga! It's a new worshipping community, and you may have heard that Iama Yoga has moved into the building!

Our community meetings and classes will take place mostly on Thursdays and Tuesdays. We will be adding a Monday meeting in the upcoming weeks. Here is the current schedule:

- Tuesdays 10 am. Gentle yoga. Suitable for beginners and beyond. Chair yoga every other week.
- Thursdays 6 pm. Vinyasa practice. Suitable for those with some yoga experience.

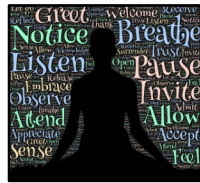
Besides all the physical benefits, a consistent yoga practice was proven to provide cognitive benefits, including memory enhancement and prevention of gray matter atrophy in people at risk of Alzheimer's disease. If you are nervous about how flexible (or not!) your body is, or your inability to lie on a mat and stand up, don't worry, you can still practice with us. A chair yoga class is offered every other week.

If you are concerned about your specific limitations, I am happy to have a conversation with you and learn how I might accommodate your needs.

Many thanks to Donna Komure-Toyama and Lois Van Beers for helping clear the stage and make room for our equipment. I have moved my yoga equipment onto the stage along with the other sports equipment Pastor Sarah is using. Thank you for collaborating and keeping the stage clear and safe for everyone. You will also notice two large mirrors standing against the windows in the social hall. Please do not attempt to move them; instead, let me and the office know if they ever need to be moved as they are fragile and require special handling.

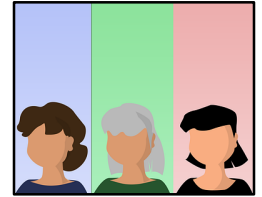
Grab your mat or borrow one of ours (we have so many), invite a friend, and come start your year with meditation, movement, and breath! Let's flow!

- Submitted by Rev. Rola Al Ashkar



PPW Installation Luncheon Slated for March 30

The annual PPW installation will be held on March 30 at Parkview. PPW members and all are invited to attend.



Location: Church social hall

Time: after church service

Speaker: Rev. Rola Al Ashkar

Topic: Iama Yoga - New Worshipping Community

Catered box lunches from Mendocino Farms will be preordered from the following menu:

Sandwich Box includes potato chips and a cookie

- * Not So Fried Chicken
- * The Farm Club
- * Prosciutto and Chicken
- * Chicken Pesto Caprese
- * Vegan Banh Mi
- * Turkey Avo Salsa Verde
- * Mario's Caprese

Salad Box includes an apple and a cookie

- * Avocado and Quinoa
- * Superfood Ensalada
- * Mama Chen's Salad
- * Modern Caesar
- * Field Green Salad

For further details of sandwich and salad go to <https://www.mendocinofarms.com/menus/>.

The cost per sandwich box or salad box is \$25.00.

ORDER AND PAYMENT MUST BE RECEIVED BY MARCH 10. RSVP:

Cathy Nishizaki at cathyjnish@gmail.com or text 916.207.7168. Or

Carol Sakai at hawaiianlcswh@gmail.com or text 951.788.4278.

Please include the name of attendee(s), contact phone number, email address, selection of salad or sandwich from the menu choices listed above.

Send check to : PPW c/o Betsy Eskridge

4646 Del Rio Road, Sacramento, CA 95822

Check payable to PPW and in note section state "installation luncheon".

We look forward to you joining us in the celebration.

Carol Sakai, Cathy Nishizaki

PPW Activities Committee

Judy Yee, Moderator



News

Congratulations, Kishwer!

Here's a big shout-out and warm congratulations to Parkview Church member, Kishwer Vikaas, who was sworn in as President of the 2025 Asian/Pacific Bar Association of Sacramento Board of Directors on Thursday January 23, 2025. She is the first attorney of South Asian heritage to serve in this position.

Three of ABAS's co-founders, Irene Uno, Rick Uno and William Yee, are also members of Parkview Church. ABAS was founded in 1981. Below is Kishwer pictured with Irene, Rick, William, and Ben (Jerome) Pryor, Kishwer's husband.



The Work of Christmas

When the song of the angels is stilled,
When the star in the sky is gone,
When the kings and princes are home,
When the shepherds are back with their flock,
The work of Christmas begins:

To find the lost,
To heal the broken,
To feed the hungry,
To release the prisoner,
To rebuild the nations,
To bring peace among others,
To make music in the heart.

- Howard Thurman (1973)

"Mochi Makers" a Big Hit at Parkview

On Sunday, January 12, 2025, Parkview invited children's author Sharon Fujimoto-Johnson to read her endearing book, "The Mochi Makers." After the reading, mochi makers, from the tiniest to the tallest, from beginners to the experienced, all had their hand at making mochi. Many thanks go to Steve Lee and Lynn Yamamoto for discovering the book and author, to Jana Nakase-Lee and several volunteers for coordinating the mochi making. Go to <https://parkviewpc.org/2025/01/13/the-mochi-makers-is-a-big-bit-at-parkview/> to view the slideshow.



Mariners Annual Luncheon

The Parkview Mariners annual meeting and luncheon will be held on Wednesday, February 19, 2025 at 11 am at Aviators restaurant. Plan to join us for fellowship, planning our calendar of events and service to our community. Contact Irene Uno at ireneuno@sbcglobal.net for more information.



Parkview Goes to Music Circus

Save the date! Parkview will be offering group discount tickets for the Music Circus performance of *West Side Story* on Thursday, July 17, 2025 for the 1:30 pm matinee. More details to follow.



Upcoming Events

Worship with Us In Person or Online:

You can find login info for worship and Zoom meetings as well as worship programs at <https://parkviewpc.org/>.

Feb 9: **Worship Service.** 10 am.

Worship Leader: Donna Komure-Toyama
Japanese Reader: Michael Wright
Pianist: Wade Tambara
YES: Jana Nakase-Lee, Lynn Yamamoto
Online Moderator/Greeter: Lois Van Beers
Sound System: Liam Wright
Parking Barriers (Sat): Neil Matsuoka
Parking: Dave McGill
Ushers: Judy Fukuman,
Donna Komure-Toyama
Greeters: Judy Fukuman, Diane Younglove
Altar Flowers: Betsy Eskridge & Lois Van Beers

Feb 11: **Gentle Yoga.** 10 am in the social hall.

Feb 11: **Weekly Bible Study.** 6 pm via Zoom.

Feb 12: **Choir Practice.** 7 pm in the social hall.

Feb 13: **Vinyasa Practice.** 6 pm in the social hall.

Feb 16: **Worship Service.** 10 am.

Worship Leader: Dave McGill
Japanese Reader: Haruko Sakakibara
Pianist: Janet Hill
Online Moderator/Greeter: Aki Kumagai
Sound System: Titus Toyama
Parking Barriers (Sat): Titus Toyama
Parking: Phillip Chew
Ushers: Diane Younglove, Gary Younglove
Greeters: Tia Kilpatrick, Irene Uno
Altar Flowers: Phillip & Julie Chew
Coffee Time: Judy Fukuman, Dave McGill,
Cathy Nishizaki, Leah Nishizaki, Ben Pryor,
Kishwer Vikaas

Feb 17: **PPC Legacy Meeting.** 7 pm via Zoom.

Feb 18: **Gentle Yoga.** 10 am in the social hall.

Feb 18: **Weekly Bible Study.** 6 pm via Zoom.

Feb 19: **Mariners' Annual Luncheon.** 11 a.m.

Meet at Aviators Restaurant at 6151 Freeport Blvd. For more information, contact Irene Uno at ireneuno@sbcglobal.net.



Feb 19: **Choir Practice.** 7 pm in the social hall.

Feb 20: **Vinyasa Practice.** 6 pm in the social hall.

Feb 21: **Session Retreat.**

9:30 am in the social hall.



Feb 23: **Worship Service.** 10 am.

Worship Leader: Sue Goodwin
Japanese Reader: Aki Kumagai
Pianist: Haruko Sakakibara
YES: Julie Chew, Cathy Nishizaki
Online Moderator/Greeter: Lori Hart
Sound System: Lois Van Beers
Parking Barriers (Sat): Dave McGill
Parking: Gary Younglove
Ushers: Betsy Eskridge, Carla Hart
Greeters: Betsy Eskridge, Pattie Hashimoto
Altar Flowers: Cathy Nishizaki

Feb 23: **Newsletter Deadline.** 5 pm. Email photos and/or articles (350 word max.) to officemanager@parkviewpc.org.

Feb 25: **Gentle Yoga.** 10 am in the social hall.

Upcoming Events

Feb 25: Weekly Bible Study. 6 pm via Zoom.

Feb 26: Choir Practice. 7 pm in the social hall.

Feb 27: Vinyasa Practice. 6 pm in the social hall.

Mar 2: Worship Service. 10 am. Communion will be celebrated.

Worship Leader: Christine Umeda

Japanese Reader: Miyo Uchida

Pianist: Janet Hill

Communion Elders: Herning Grissom, Christine Umeda

YES: Ben Pryor, Kishwer Vikaas

Online Moderator/Greeter: Lois Van Beers

Sound System: Dave McGill

Parking Barriers (Sat): Neil Matsuoka

Parking: Gary Younglove

Ushers: Terri Bowman, Julie Chew

Greeters: Bill Grissom, Herning Grissom

Altar Flowers: Dave McGill

Mar 4: Gentle Yoga. 10 am in the social hall.

Mar 4: Bible Study. 6 pm via Zoom.

Mar 4: Prayer Team Meeting. 7:15 pm via Zoom.

Mar 5: Worship Team Meeting. 5 pm via Zoom.

Mar 5: Choir Practice. 7 pm in the social hall.

Mar 5: Ash Wednesday.
No worship service.



Mar 7: Vinyasa Practice. 6 pm in the social hall.

Mar 8: Full Plates, Full Hearts Luau Dinner.
See [page 3](#) for details.



Mar 9: Worship Service. 10 am.

Worship Leader: Jonathan Sakakibara

Japanese Reader: Miko Kumagai

Pianist: Nancy Arata-Fong

Online Moderator/Greeter: Lois Van Beers

Sound System: Cathy Nishizaki

Parking Barriers (Sat): Titus Toyama

Parking: Russ Hart

Ushers: Betsy Eskridge, Judy Fukuman

Greeters: Carla Hart, Lynn Yamamoto

Altar Flowers: Tak & Judy Fukuman

Save the Dates!

Mar 20. Mr. Rogers Day

Mar 30. PPW Officer Installation

Apr 20. Easter Sunday

Apr 27. Crop Walk

June 22. Summerfest

Jul 17. Music Circus



Thank You for Your Support

Thank You for Your Support!

Many thanks to all of you who contribute to Parkview through your generous pledged offerings! Additionally, thanks so much to the following for their generous special donations. Acknowledgment letters and postings in the *Chapel Chimes* may be in reverse order. Thank you for your patience. Contact officemanager@parkviewpc.org with any questions.

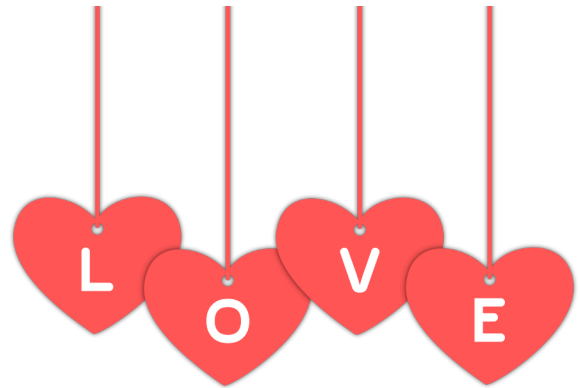
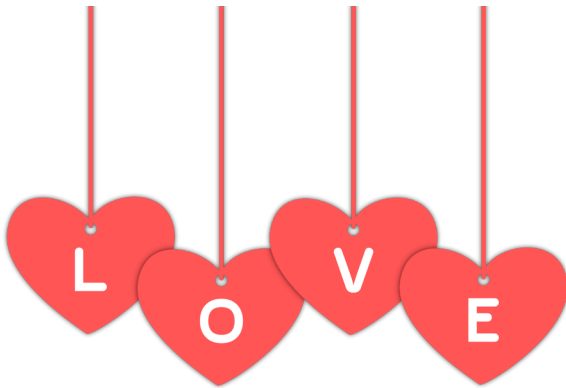
In Celebration of Leah's Birthday: Brian & Leah (Fujiwara) Kanegawa

In Memory of May Mayeda: Stephen & Elaine Power

In Memory of Tom Tambara: Brian & Leah (Fujiwara) Kanegawa

“Love is the only force capable of transforming an enemy into a friend.”

- Martin Luther King, Jr.
“Strength to Love” 1963



How to Donate:



In Person: You may drop off your donation during worship service.

By Mail: Make checks payable to Parkview Presbyterian Church. Please do not send cash.

Online: Please go to <https://www.parkviewpc.org/>, click on the “Support Parkview” tab, and select “General Fund.” Use the Notes section to provide additional information about your donation, i.e. “in memory of” or “xx fund.” You can use a credit card or bank transfer; donate one time only or set up regular donations. Thank you for your generosity.