



Chapel Chimes

727 T Street, Sacramento, CA • June 2025

Dear Friends,

In a June 2 video opinion piece for the *Washington Post*, author Anne Lamott speaks about how to “keep the faith” during the current administration. I find Lamott’s lived-in wisdom insightful and encouraging. So, in case your resilient hope needs a boost, I copied down what Lamott tells videographer Shih-Wei Chou, to share with you. Offering her advice for the Trump years, Lamott notes, “In the dark night of the soul, we don’t flounder around and cry and scream and put on our reality shows. We sit there and we breathe.” I do believe we’re mobilizing now, internally for a great public demonstration as acts of resistance to the insanity and the cruelty and the illegality of what we see happening in D.C. While I am planning my part in the resistance, I’m spending a lot of time in quiet. I’m spending a lot of time breathing. I’m spending a lot of time trying to help other people who feel way more scared or furious. Just today, I sent off donations to Oxfam, the ACLU and Planned Parenthood. And I’m headed out to take food to the food pantry.

The only thing that’s ever changed the world before are these movements of nonviolent protest, of love, and of rising up against the [Bull Connors](#) and the fire hoses and the dogs on the civil rights marchers. And it will work again. We just never give up. We keep the faith. We keep the faith in goodness. We keep the faith in nonviolent protest. One thing that is very important to me right now, in terms of me and my role in the resistance, is remembering what Dr. King said, which was, “Don’t let them get you to hate them.”

May God’s love and desire for justice and wholeness for humanity and all creation inspire and empower us to keep the faith, and to do whatever we can to bring God’s light into our world. Keep the faith. Omid Safi says it this way, “Just because ego and greed and hatred are doing cosplay as religion, I don’t want us to give it that much credit. I want us to insist that no, there is real religion! There’s real faith, and it’s humble and it carries the scent of love and concern, not just for our own kind, but for all of us.” Amen!

- Pastor Sarah

P.S. There are upcoming opportunities for you to participate in movements of resistance. As Margaret Mead said, “Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.” One such opportunity is the No Kings Protest and Rally at the Capitol on June 14:

“Join INDIVISIBLE Sacramento and all who value democracy as we gather to defy the authoritarian aspirations of Donald Trump. NO KINGS is a nationwide day of defiance. We are taking action to reject authoritarianism—and to show the world what democracy really looks like.”

Go to <https://www.mobilize.us/indiviblesacramento/event/785725/> for more information and to officially participate.



News

May Report from Session

The May 15, 2025, meeting of the Session was held at Parkview. The following matters were reported, voted upon, and/or discussed:



- The wedding of Veronica Gould and Greg Kristian was held at Parkview on May 10, 2025.
- Session approved Parkview to participate and pay for entry fee for the 2025 Sacramento Pride March parade on June 15.
- One option for the 2025 Mission Giving Recipients is the Bright Stars of Bethlehem.
- Parkview will donate \$100 to the Sacramento Jonnie and Friends' fundraiser for an accessible playground.
- Paul Hironaka will be invited to make a presentation at Parkview after worship service about the historic Manzanar baseball team and playing field.
- Pastor Sarah and Office Manager Kris Sazaki wrote and delivered a condolence letter from Parkview to Our Lady of Guadalupe Catholic Church upon the death of Pope Francis.
- Steve Hanway and Irene Uno completed the 2024 Financial Audit.
- There was discussion for Parkview to host a July 4 church party. Will need volunteer(s) to organize this.
- Parkview will add information to its website about where the Presbyterian Church (USA) stands on the issue of Israel and Palestine.

Submitted by: Terri Bowman, Clerk of Session
Session members: Jody Brown, Judy Fukuman,
Donna Komure-Toyama, Aki Kumagai,
Jana Nakase-Lee, Gary Younglove

Financial Report as of May 31, 2025:

	May	Total Yr 2025
Income:	\$14,023.09	\$91,035.41
Expenses:	\$16,164.02	\$84,082.96
Difference:		\$6,952.45

Join the Pride March this Year!

The Pride March takes place on June 15. Odori (dance) practice will be held after worship service on June 8. We have also posted a video tutorial for anyone who wants to practice at home. You do not have to dance to participate. We can also use people who can wave to the crowd, help carry the banner, and to pull the wagon! We would love many participants for Parkview's entry! People really appreciate seeing a church celebrate the LGBTQ+ community. 😊

Also new this year, we will cool off and lunch together back at church after we have reached the finish line! (It is fine if you need to stop walking earlier in the route—health and safety first.)

Please contact Jana Nakase-Lee (jana_lab@yahoo.com) and let her know how you would like to participate.



Self-Care Practices to Enhance Our Health!

Join us in the social hall after worship on Sunday, June 22, for a Self-Care presentation by Ajna Glisic, Sacramento County Mental Health Care Coordinator. Enjoy some delicious coffee hour treats, then learn helpful self-care practices to enhance your physical, mental, spiritual, and interpersonal life. The presentation is from 11:45 am - 12:30 pm. Everyone is welcome! Bring a friend!



Ajna Glisic is a Mental Health Program Coordinator for Sacramento County, Behavioral Health Services, Cultural Competence Unit. She is also a licensed family and marriage therapist with over 15 years of experience. Her specialties include cross-cultural counseling, ecotherapy, treating perinatal mood disorders, counseling older adults, and treating depression and anxiety. She completed her M.S. Degree in Counselor Education from CSU Sacramento in 2007 and her BA Degree in Psychology from UC Davis in 2002. In her spare time, Ajna enjoys herbalism, cooking, reading, gardening, and taking walks with her dog Icy.

News

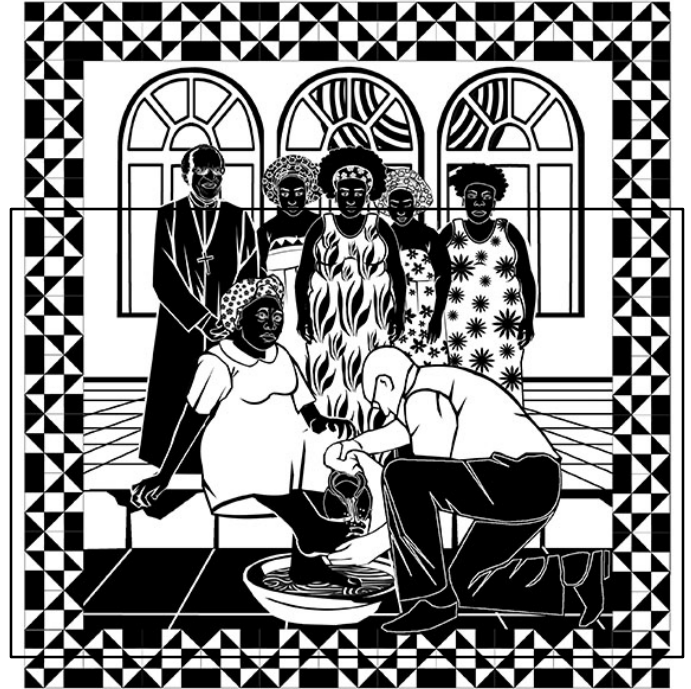
Ukraine Benefit Raises \$\$ for Summer Camps

On May 18, 2025, Parkview sponsored a musical concert to benefit Ukrainian summer camps for children who have lost parents in the Russian war of aggression. Acclaimed musicians Igor Veligan, Mike Dahlberg, and Natsuki Fukusawa played beautifully and with great emotion in the sanctuary, which has some lovely acoustics. Pastor Igor Bilorus, who has been organizing these summer camps, is forever grateful for everyone's donations. So far, we have raised **\$12,945.00!!** To view the slideshow, go to <https://parkviewpc.org/2025/06/05/concert-raises-for-ukrainian-summer-camps/>.



Learn How To Build Peace and Justice

Please join us for worship service on June 29, when we will welcome Rev. Jacquelyn Sneed, Interfaith Minister. She will talk to us about how to build peace and justice as well as to resist racism through dialogue and nonviolent protest from the experience of the US civil rights movement.



"In the Spirit of Forgiveness" by Carolyn Mazloomi

Read SSIP's Newsletter

As the South Sacramento Interfaith Partnership (SSIP) prepares for funding uncertainties and as record numbers of new people register for emergency food (190 new households in April), The Food Closet is rising to the challenge. Read about it in the June 2025 SSIP Newsletter, ssipfoodcloset.org.

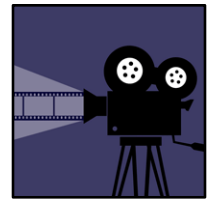


As always, thank you for your support, including your continuing donations of grocery bags (paper & plastic), egg cartons, medium-sized boxes, and rubber bands. These help offset supply costs. Questions or comments...feel free to contact us!

Carla Hart 916.709.3305
Lois Van Beers 916.607.2177
Parkview Representatives
SSIP Board of Directors

Movie Event to Benefit SSIP Food Closet

Come one and all to Parkview on Saturday, September 27, at 4 pm for the annual Mariners Hot Dog Movie Event. Join in the fun, fellowship, food, and a movie while supporting the South Sacramento Interfaith Partnership's mission of providing compassionate services and food distribution for our community. Your monetary donations to SSIP will make a difference in the lives of many families. Titus Toyama chose the award winning movie, *E.T. the Extra- Terrestrial*, as our family movie pick. Chefs Richard Uno and Jonathan Sakakibara will be cooking the hot dogs. We invite you to bring your favorite food to share. See you at the movies!



- Submitted by Carol Sakai

News

Help Document Parkview's Legacy

In this new regular feature, the Legacy Committee will post images like documents or photos to either inform or to request help in identifying key information such as dates, places, and names of individuals.

It's summertime, so let's start with some baseball! The following three photos are from the 1960s. If you or someone you know can identify dates and names, please email legacy@parkviewpc.org with your information. Committee members will follow up with you if they have any questions.

We need the help and participation of our members and friends to help preserve all of our materials. Thanks in advance for your help.

- Submitted by Christine Umeda

Photo #2025_06_03: 1960s Baseball Team



Photo #2025_06_01: 1960s Baseball Team



Photo #2025_06_02: 1960s Baseball Team



Volunteer Spotlight: Julie Chew

Parkview is fueled by its volunteers, many working behind the scenes to keep the church going.

Besides her serving on the usher and coffee hour teams, Julie has served as our depositor of monies. She has faithfully made sure all your donations make it to the bank properly and also sends out the end-of-year accounting to our regular donors. And Julie has been doing this for over fifteen years! Thank you, Julie, for all you do for Parkview!



Open Sunday in 2025 Altar Flower Calendar

One Sunday available in the 2025 calendar is still available: July 13. Please contact Judy Yee at judyfye@yahoo.com with your date request or for more information.



News/Upcoming Events

Congratulations, Veronica & Greg!

On May 10, our former pastoral assistant, Veronica Gould, married Greg Kristian at Parkview. Veronica had requested permission to marry at Parkview because that is where she and Greg met.

As a member of the GKI congregation that used to meet at Parkview, Greg would see Veronica at some of GKI's dinners. And the rest, they say, is history! "Parkview changed my life," Veronica is quoted as saying. And Veronica will always stay in Parkview's hearts.

If you would like to send Veronica and Greg your congratulations, their address is:

6700 Steeplechase Drive, Apt 1
Windsor, CO 80550

Worship with Us In Person or Online:

You can access login info for worship services and online meetings as well as worship programs at <https://parkviewpc.org/>.

June is Pride Month

Let's celebrate God's love for all human beings, regardless of their gender or gender identity.



June 8: Worship Service. 10 am.

Worship Leader: Steve Hanway

Japanese Reader: Mieko Davis

Pianist: Nancy Arata-Fong

YES: Jana Nakase-Lee, Lynn Yamamoto

Online Moderator/Greeter: Lori Hart

Sound System: Jonathan Sakakibara

Parking: Russ Hart

Ushers: Gary Younglove, Diane Younglove

Greeters: Tia Kilpatrick, Diane Younglove

Altar Flowers: Russ & Lori Hart

June 8. Louis Reza Espinoza Baptism.

During worship service.



June 9: Embodied Listening. 6:30 pm in the social hall.

June 10: Gentle Yoga. 10 am in the social hall.

June 10: Weekly Bible Study. Via Zoom.

June 11: Choir Practice. 7 pm in the social hall.

June 12: Hatha-Vinyasa Practice. 6 pm in the social hall.



Upcoming Events

June 14: Pride Run/Walk. 8 am.

The starting point is the Delta King in Old Sac. This public event is full, but you can get on the waiting list at <https://runsignup.com/Race/CA/Sacramento/SacramentoPrideRun>.



June 18: Choir Practice on Summer Break.

June 19: Hatha-Vinyasa Practice. 6 pm in the social hall.

June 22: Worship Service. 10 am.

Worship Leader: Titus Toyama

Japanese Reader: Haruko Sakakibara

Pianist: Haruko Sakakibara

Online Moderator/Greeter: Lori Hart

Sound System: Titus Toyama

Parking: Phillip Chew

Ushers: Betsy Eskridge, Carla Hart

Greeters: Pattie Hashimoto, Miko Kumagai

Altar Flowers: Carla Hart

June 14: No Kings Protest. 10 am - 1 pm.

West steps of the Capitol. See [page 1](#). Email Kris at officemanager@parkviewpc.org if you would like to reserve a parking space at the church and walk to the Capitol (about a 20-minute walk).



June 15: Worship Service. 10 am.

Worship Leader: Judy Fukuman

Japanese Reader: Michael Wright

Pianist: Janet Hill

Online Moderator/Greeter: Aki Kumagai

Sound System: Liam Wright

Parking: Dave McGill

Ushers: Donna Komure-Toyama, Lynn Yamamoto

Greeters: Judy Fukuman, Irene Uno

Altar Flowers: Steve & Janet Hill

June 22: Teacher/Pianist Appreciation.

During worship service.

Join us as we thank our teachers and pianists for their good work.



June 22: Coffee Time. Note this special date for coffee time.



June 15: Pride March.

Everyone is welcome to join the Parkview entry. Meet on the front steps of the church directly after worship service. See [page 2](#).



June 22: Mental Health Self-Care. 11:45 am.

Presentation by Ajna Glisic.

See [page 2](#).



June 16: Embodied Listening. 6:30 pm in the social hall.

June 17: Gentle Yoga. 10 am in the social hall.

June 17: Weekly Bible Study. Via Zoom.

June 23: Embodied Listening. 6:30 pm in the social hall.

June 24: Gentle Yoga. 10 am in the social hall.

Upcoming Events

June 24: Bible Study is on Summer Break.

June 26: Hatha-Vinyasa Practice. 6 pm in the social hall.

June 29: Worship Service. 10 am.
Guest Preacher: Jacquelyn Sneed. See [page 3](#).
Worship Leader: Sue Goodwin
Japanese Reader: Miko Kumagai
Pianist: Haruko Sakakibara
Online Moderator/Greeter: Judy Yee
Sound System: Cathy Nishizaki
Parking: Russ Hart
Ushers: Bill Grissom, Herning Grissom
Greeters: Carla Hart, Luyan Tang
Altar Flowers: The Tang Family

Jun 29: Newsletter Deadline. 5 pm. Email photos and/or articles (350 word max.) to officemanager@parkviewpc.org.
Note: this is for the July/August double issue.

July 1: Gentle Yoga. 10 am in the social hall.

July 1: Prayer Team Meeting. 7:15 pm via Zoom.

July 4: Parkview July 4th Potluck Party. .

At Parkview. Start time to be confirmed.
Contact Judy Fukuman (judyfukuman@comcast.net) for more information on how to help out.



July 6: Worship Service. 10 am. Communion will be celebrated.

Worship Leader: Carla Hart
Japanese Reader: Aki Kumagai
Pianist: Haruko Sakakiabara
Communion Elders: Pattie Hashimoto, Hach Yasumura
Online Moderator/Greeter: Lois Van Beers
Sound System: Jonathan Sakakibara
Parking: Tak Fukuman
Ushers: Luda Wright, Michael Wright
Greeters: Bill Grissom, Herning Grissom
Altar Flowers: Hach & Linda Yasumura

July 7: Embodied Listening. 6:30 pm in the social hall.

July 10: Hatha-Vinyasa Practice. 6 pm in the social hall.

July 17: Parkview Goes to the Music Circus
1:30 pm matinee. This is a reminder for the ticket holders.



Save the Dates!

July. Session Meeting. Date to be determined.

July 11. Choir Retreat. Thru July 13.
July 20. Paul Hironaka Presentation on Manzanar Baseball.

July 21. PPC Legacy Meeting.
Aug 17. Aloha Potluck. This date is tentative.

Sep 27. Hot Dog Movie Night.



Thank You for Your Support!

Thank You for Your Support!

Many thanks to all of you who contribute to Parkview through your generous pledged offerings! Additionally, thanks so much to the following for their generous special donations. Acknowledgment letters and postings in the *Chapel Chimes* may be in reverse order. Thank you for your patience. Contact officemanager@parkviewpc.org with any questions.

In Celebration of Fumi Nakata's 100th Birthday: Kevin & Sylvia (Ryugo) Campbell, Phillip & Julie Chew, Tak & Judy Fukuman, Brian & Leah Kanegawa, May Lee, Neil Matsuoka & Kris Sazaki, Dave McGill, Janice Morikawa & Rob Ritchie, Fumi Nakata, Dean & Myra Okasaki, Jack & Carol Sakai, Lynn Yamamoto, William & Judy Yee

In Memory of William K. Brown's Birthday: Jody Brown

In Memory of Tomiyo Ishizaki: Neil Matsuoka & Kris Sazaki

In Memory of Their Mothers: Brian & Leah Kanegawa

In Memory of Nettie Muramoto: Arthur & Ann Inouye

In Memory of Maki Okawara: Gloria Okawara

In Memory of Tom Tambara: Denise Nobuye (Choir Camp Fund)

In Support of the Parkview Choir Camp Scholarship: Dave McGill

Easter Offering: Phillip & Julie Chew

One Great Hour of Sharing: Phillip & Julie Chew

How to Donate:



In Person: You may drop off your donation during worship service.

By Mail: Make checks payable to Parkview Presbyterian Church. Please do not send cash.

Online: Please go to <https://www.parkviewpc.org/>, click on the "Support Parkview" tab, and select "General Fund." Use the Notes section to provide additional information about your donation, i.e. "in memory of" or "xx fund." You can use a credit card or bank transfer; donate one time only or set up regular donations. Thank you for your generosity.