



Chapel Chimes

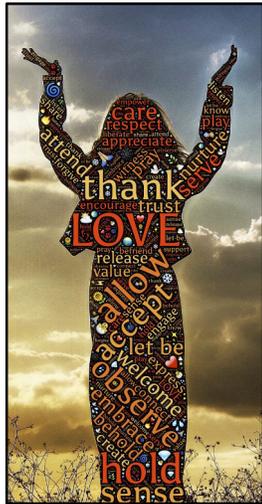
727 T Street, Sacramento, CA • November 2025

Dear Friends,

If October is the season for Halloween frights and decorating your fall porch with a colorful display of cascading pumpkins, and December is the season for Christmas and Hanukkah and Kwanzaa, November is the season of Thanksgiving. And Thanksgiving is all about gratitude. My first quarter in seminary I took Greek, and I learned the Greek word for thanksgiving is *eucharisteo* which means to give thanks.

Eucharisteo combines three Greek words: *eu*-good *charis*-grace and *kara*-joy. In 1 Thessalonians 5:18 when the Apostle Paul says, “in everything give thanks;” he’s saying in everything find that good grace, and it will lead us to joy. Paul doesn’t say the conditions have to be optimal in order for us to be grateful. He says to give thanks in light of, or in spite of, our present circumstances. That covers just about all of us all of the time. How about this? Each day of November think of three things you’re grateful for. Write them down at the end of the day. Or in the morning as you drink your coffee or tea (or Diet Coke). If you think of more than three, keep writing. Let’s be thank-givers every day this month, and every day of our lives. Here are a few things I’m grateful for:

- My loving family. Dwight is currently in Portland, OR with our daughters helping them replace the ancient furnace in the family home so they’ll have heat this winter. I’m so grateful for Dwight’s kindness, and mechanical expertise.
- My cat Leo. When I see him sleeping on my bed, the sun shining on his fluffy fur, I’m filled with joy, and grateful for his feline friendship.
- My wonderful church family. I’m grateful to be sharing life with y’all. I’m so thankful for all the caring, creative, generous, spiritually-alive, hard-working, hospitable, fun folks at Parkview.



Holidays like Thanksgiving are helpful because they nudge us in the direction of gratitude. What would it take for us to develop a lifestyle of thanksgiving? With or without the turkey and pumpkin pie. What would it take for us to see the blessings of life while we’re living it, so that when we’re gone someone might say about us, what one Southern mountain woman chiseled on her husband’s tombstone: “He always appreciated.”

We can each make an effort to raise our appreciation levels. But we’re not in it alone. God gives us God’s Spirit to remind us of God’s goodness and grace. Our thanksgiving is a fitting response to God’s loving care and grace. At Thanksgiving time, we aren’t only thankful for all our many blessings, we are thankful to Someone. Go ahead, express your gratitude to God. This month and all the seasons of your life.

Happy Thanksgiving!
Pastor Sarah



4th Annual Thanksgiving Showtime Scheduled!

The fun time will be back on November 16, from 11:15 am - 12:15 pm! We will enjoy singing, poetry recitations, music performances, and various other interesting presentations, reflecting the abundance of creativity and talent among our Parkview community and help generate our Autumn Thanksgiving gifts to God. There will be a Thanksgiving potluck after the performance.



- Submitted by Haruko Sakakibara

News

October Report from Session

The October 16, 2025 meeting of the Session was held at Parkview. The following actions were discussed and/or voted on:



- Session ratified the email votes to act as a Matthew 25 church and allow Raymond Douglas to remain in the Heiwa through 12/31/25, with a possible extension through 1/31/26.
- Session discussed searching for or custom building a safety gate that can be easily put into place at the top of the stairs when toddlers are present, but can be otherwise removed to comply with the Fire Marshall's mandate.
- Session discussed the request for Parkview Presbyterian to add its name to the open letter from the Wakasa Memorial Committee to the Topaz Museum regarding the Wakasa Memorial Stone and Site.
- Pastor Sarah reported that she had written the NCCP 2025 Mission Grant application to be used to assist the local immigrant community.
- Pastor Sarah reported that Miyo Uchida is agreeable to creating items to thank pew bible donors.
- Donna Komure-Toyama reported the status of the black reparations bills. Session thanked Donna for writing the letters of support on Parkview's behalf.

Clerk of Session: Terri Bowman
 Session Members: Jody Brown, Judy Fukuman,
 Donna Komure-Toyama, Aki Kumagai,
 Jana Nakase-Lee, Gary Younglove



Financial Report as of October 31, 2025:

	October	Total Yr 2025
Income:	\$11,489.56	\$151,459.99
Expenses:	\$17,044.79	\$176,974.89
Difference:		(\$25,514.90)

Thanking Savvy Shoppers

Parkview received a \$2500 mission grant from our North Central California Presbytery in October to further Christ's mission of bringing compassion and justice to our community. Yay! A few savvy shoppers from Parkview helped us purchase supplies to donate to [NorCal Resist](#), a local nonprofit agency that provides direct support for immigrants in our area. NorCal Resist has an ongoing need for diapers of all sizes and baby wipes. Toiletries, pet food, household cleaning supplies, and feminine hygiene supplies are all also in demand as are pantry staples like rice, beans, and cereals.



Many thanks to our savvy shoppers: Terri Bowman, John Beightler, Marilyn Champa, Aki Kumagai, Miko Kumagai, Lois Van Beers, Ben Van Eskridge, and Judy Yee. They headed to Costco to buy \$2000 worth of these supplies. Judy Yee also purchased ten \$50 gift cards to WalMart and Grocery Outlet. Our shoppers took photos and videos of themselves shopping and dropping off the donations at locations like [Venus Taproom](#), [Abatin Wellness](#), or [A Seat at the Table Books](#). They marked the donations as coming from Parkview Church. We will compile these pictures and videos into a video to show how Parkview used the mission grant money to benefit our community. Parkview's Presbyterian Women (PPW) are also collecting donations for NorCal Resist's distribution! See below. Thank you again to Parkview's savvy shoppers and to all of you for your generosity in supporting our Sacramento community together, as we share God's Spirit of care for the marginalized in the service of God and suffering humanity.

- Pastor Sarah

Help PPW Gather Donations for NorCal Resist

Parkview Presbyterian Women invites all members and friends of Parkview to participate in our autumn mission project to help NorCal Resist. In the present climate of hostility and uncertainty, let us welcome our newest neighbors, immigrants and refugees, with open hearts and open arms. We are seeking donations of diapers (all sizes), baby wipes, feminine hygiene products (all kinds), and cash (write checks to PPW with NorCal Resist noted).

WHEN: Thru Nov 23

WHO: All Parkview folks

HOW: Bring items to the social hall

See weekly emails for more details. Thank you!!

New

Julian of Norwich Honors Parkview with a Visit

Julian is the most popular of the English medieval mystics. On October 26, Reformation Sunday, Maria Mar offered a marvelous portrayal of Julian during morning worship. Julian was a Benedictine nun in Norwich, England, who lived beside the St. Julian Church. She was born in 1342, two years after Chaucer. A mystic, writer, and spiritual guide, Julian is the first-known English woman whose written work survives. Julian's book, *Revelations of Divine Love*, entitled her to become the first great female writer of the English language.

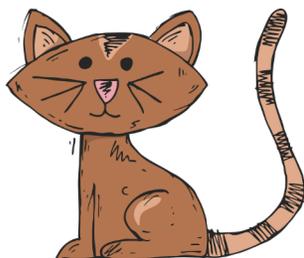


As part of her devotion to God, Julian was confined to an anchorhold, a small cell of about 100 square feet, attached to the church. But she knew that true spirituality is intimately involved in the pain of the world. Her anchorhold window was a place where compassion and contemplation met, and were shared with the world.

Maria spoke to Parkview on Reformation Sunday from a medieval anchorhold, complete with a guardian dragon, thanks to the creativity of Miyo Uchida and Sachiko Yoshikawa. Maria, dressed as a nun and holding her beloved cat, Isaiah, shared lived-in wisdom with the church family. Julian is known as the patron saint of contemplatives and cats. It is said that Julian and her cat anchored the Light of God during one of the darkest periods of history.

Maria shared part of her own spiritual journey of surviving cancer twice. During a low point while receiving stem cell treatment in the hospital, Maria heard God speak to her, reassuring her as God had reassured Julian, with words of love and hope. Julian's memorable words, "All shall be well, and all shall be well, and all manner of thing shall be well" expresses profound trust in God's love despite suffering. Maria shares Julian's trust in God's love, despite personal suffering. Thank you, Maria, for inspiring us! We were honored by Julian's visit to us on Reformation Sunday.

- Pastor Sarah



Good News from SSIP

We have all been wondering about future availability of USDA dry foods. Recently Sac Food Bank committed to distributing a full allotment to SSIP in 2026 - enough for 7000 families each month! Also, grocery store partner, Grocery Outlet (Florin and Riverside location) is adding a 10% discount on bulk purchases by SSIP in November. Grocery Outlet donates vans loaded with food items each week, and SSIP buys milk, eggs, produce, and citrus to ensure a supply of healthy foods to our community friends in need. Stop by and let Grocery Outlet know how much we appreciate the support!



- Submitted by Judy Yee

Parkview Christmas Party is Dec 7

Let's celebrate the season together at Aviator's Restaurant on Sunday, December 7, at 1:00 pm. The buffet lunch will include salad, tofu stir-fry, fried chicken, beef, mac & cheese, scalloped potatoes, fried rice, and dessert. We'll have fellowship, games, and music. Feel free to bring a wrapped raffle prize (not required! Please label if it is for a child. Submit reservation (form attached) and payment Lynn, Judy Y or Betsy by 11/23 (to help us with planning) or by 11/30 at the latest. We hope to see you there!



Gingerbread House Decorating Event

Please join us on Sunday, December 14, following church service!

Cost: \$15 per house
Signup deadline: Monday, December 8
Contact: Cathy Nishizaki to participate
(916) 207-7168 or cathyjnish@gmail.com



News

An Invitation to join Parkview's Prayer Team!

Do you pray for friends and family when they are ill or in difficult circumstances? Do you thank God when things go right? Or do you think you don't know how to pray? The Prayer Team invites you to add your prayers, thoughts, concerns, and gratitude to ours, to deepen our connection with God who loves us all. Parkview's Prayer Team has witnessed so many answered prayers in recent years, thanks be to God!



Our team has grown from 6 to 24 in the last 3½ years. We pray on our own for the weekly joys and concerns lifted up during Sunday service as well as for any personal prayer requests received. There is an open monthly Zoom meeting for anyone seeking prayers and to offer support for themselves or loved ones.

The goal is to have everyone praying for each other in all circumstances. In this way, we are truly a church family that serves God and one another through prayers and active caring. Hope to hear from you soon!

Email: prayer@parkviewpc.org

Web: <https://parkviewpc.org/who-are-we/>

In Christ, Janet Hill and Judy Yee
Parkview Prayer Team Founders

P.S. Parkview also has a Healing Prayer Team, who are available to pray in person with church members and friends or anyone who wants to meet to pray with us in God's presence for physical, spiritual, or emotional healing and wholeness. Please contact Pastor Sarah at pastor@parkviewpc.org for more information or to make a prayer appointment.

Volunteer Spotlight: Jack Nordman

Parkview is fueled by its volunteers, many working behind the scenes to keep the church going.

Jack officially became a member of Parkview this year and now serves as worship leader and greeter. He also helps out at the church regularly, helping getting ready for worship, like folding bulletins and wiping down the restrooms. Thanks, Jack, for all you do for Parkview!



Book Recommendation

Kris recommended a book to me recently by showing me the preface on her phone:

Jesus was:

A peaceful, radically nonviolent revolutionary

Who wasn't American and never spoke English

Who hung around lepers, hookers, and crooks

Never sought tax cuts for rich Nazarenes

Was anti-wealth and anti-death penalty

Anti-public prayer, too (Matthew 6:5)

Never asked lepers for a co-pay

Never called poor people "lazy"

Never even slightly antigay

Never mentioned abortion

Supported paying taxes

And was a long-haired

Community-organizing

Authority-questioning

Anti-slut-shaming

Brown-skinned

Palestinian

Unarmed Homeless

Jew

... but only if you believe what's actually in the Bible.

"Wow! I should get that book. What's the title?"

Separation of Church and Hate - A Sane Person's Guide to Taking Back the Bible From Fundamentalists, Fascists, and Flock-Fleeing Frauds by John Fugelsang. I ordered it that afternoon. I was intrigued by the author's dedication at the beginning of his book: "For my mother and father; also known as Peggy and Jack; also known as Sister Damien and Brother Boniface."

There's a story there, I thought. Here's the scoop: Fugelsang's mother was a nun in the Daughters of Wisdom order. His father was a Franciscan brother. They met when Brother Boniface entered a New York hospital for tuberculosis treatment where Sister Damien was working as a nurse. When the convent sent Sister Damien to Malawi, Brother Boniface wrote her letters. Lots of letters. Ten years later when she returned to the US, Sister Damien left the convent and went on a date with Brother Boniface. They were married two months later.

That's why the opening line to Fugelsang's book is "I'm here because two people broke a promise to God." Mic drop. With chapter titles like Thou Shalt Not Hate On Poor People and Thou Shalt Not Be, Or Defend, A White Supremacist, it's a timely read.

- Submitted by Pastor Sarah

Upcoming Events

Worship with Us In Person or Online:

You can access login info for worship services and online meetings as well as worship programs at <https://parkviewpc.org/>.

Nov 4: Bible Study on Break. Thru Nov 18. Check weekly emails for Dec schedule.

Nov 9: Worship Service. 10 am.

Worship Leader: Steve Hanway

Japanese Reader: Aki Kumagai

Pianist: Wade Tambara

YES: Jana Nakase-Lee, Lynn Yamamoto

Online Moderator/Greeter: Judy Yee

Sound System: Lois Van Beers

Parking: Dave McGill

Ushers: Judy Fukuman, Tak Fukuman

Greeters: Bill Grissom, Herning Grissom

Altar Flowers: Bill & Herning Grissom

Nov 9: Cooking Class. After worship service:

California rolls and garlic chicken.



Nov 10: Embodied Listening. 6 pm in the social hall.

Nov 11: Gentle Yoga. 10 am in the social hall.

Nov 11: Bible Study. 6 pm via Zoom.

Nov 11: Prayer Team Meeting. 7:15 pm via Zoom.

Nov 12: Choir Practice. 7 pm in the social hall.

Nov 13: Session Meeting. 5:30 pm. in the pastor's office.

Nov 13: Hatha-Vinyasa Practice. 6 pm in the social hall.

Nov 16: Worship Service. 10 am.

Worship Leader: Judy Fukuman

Japanese Reader: Miyo Uchida

Pianist: Janet Hill

Online Moderator/Greeter: Aki Kumagai

Sound System: Dave McGill

Parking: Tak Fukuman

Ushers: Miyo Uchida, Diane Younglove

Greeters: Irene Uno, William Yee

Altar Flowers: Rick & Irene Uno

Nov 16: Thanksgiving Showtime. After worship service.

Nov 16: Coffee Time.

After worship service.

Many thanks to Carla Hart,

Haruko Sakakibara, and

Kishwer Vikaas.



Nov 17: Pastor Sarah on Vacation. Thru Nov 24.

Nov 17: Embodied Listening. 6 pm in the social hall.

Nov 17: PPC Legacy Meeting. 7 pm via Zoom.

Nov 18: Gentle Yoga. 10 am in the social hall.

Nov 19: Choir Practice. 7 pm. in the social hall.

Nov 20: Hatha-Vinyasa Practice. 6 pm in the social hall.

Nov 23: Worship Service. 10 am.

Worship Leader: Titus Toyama

Japanese Reader: Miko Kumagai

Pianist: Nancy Arata-Fong

YES: Julie Chew, Cathy Nishizaki

Online Moderator/Greeter: Lori Hart

Sound System: Jonathan Sakakibara

Parking: Russ Hart

Ushers: Aki Kumagai, Miko Kumagai

Upcoming Events

Greeters: Betsy Eskridge, Luda Wright
Altar Flowers: Terri Bowman

Nov 23: Thanksgiving Fellowship.
Bring any orange food to fellowship.



Nov 24: Embodied Listening. Rev. Rola on continuing education.

Nov 25: Gentle Yoga. 10 am in the social hall.

Nov 25: Bible Study. 6 pm via Zoom.

Nov 26: Choir Practice. 7 pm in the social hall.

Nov 27: Thanksgiving Day.

Nov 27: Hatha-Vinyasa Practice. Rev. Rola on continuing education.

Nov 30: Worship Service. 10 am.
Worship Leader: Phillip Chew
Japanese Reader: Haruko Sakakibara
Pianist: TBD
Online Moderator/Greeter: Aki Kumagai
Sound System: Cathy Nishizaki
Parking: Tak Fukuman
Ushers: Cathy Nishizaki, Irene Uno
Greeters: Judy Fukuman, Jana Nakase-Lee
Altar Flowers: Tak & Judy Fukuman

Nov 30: Registration Deadline for Christmas Luncheon. See attached flyer.

Nov 30: Newsletter Deadline. 5 pm. Email photos and/or articles (350 word max.) to officemanager@parkvienpc.org for inclusion in the December *Chapel Chimes*.

Dec 1: Embodied Listening. 6:30 pm in the social hall.

Dec 2: Gentle Yoga. 10 am in the social hall.

Dec 3: Choir Practice. 7 pm. in the social hall.

Dec 4: Hatha-Vinyasa Practice. 6 pm in the social hall.

Dec 7: Worship Service. 10 am. Communion will be celebrated.

Worship Leader: Carla Hart

Japanese Reader: Miyo Uchida

Pianist: Haruko Sakakibara

Communion Elders: Phillip Chew, Gary Younglove

YES: Ben Pryor, Kishwer Vikaas

Online Moderator/Greeter: Lois Van Beers

Sound System: Liam Wright

Parking: Tak Fukuman

Ushers: Terri Bowman, Julie Chew

Greeters: Maurine Huang

Altar Flowers: Victor & Sherri Yee

Dec 7: Christmas Luncheon. 1 pm. See attached flyer.

Save the Dates!

Dec 14: Gingerbread House Decorating.

Dec 25: Christmas Day.

Jan 11: Cooking Class.

Jan 18: Congregational Meeting.



Thank You for Your Support!

Thank You for Your Support!

Many thanks to all of you who contribute to Parkview through your generous pledged offerings! Additionally, thanks so much to the following for their generous special donations. Acknowledgment letters and postings in the *Chapel Chimes* may be in reverse order. Thank you for your patience. Contact officemanager@parkviewpc.org with any questions.

Special Offering: Melissa Pascoa

In Gratitude for Manzanar Prep: JACL

In Gratitude for Prayers from Accident: Terri Bowman

In Gratitude to God for Special Kindness: Nave Family

In Honor of Eiko & Kiyoshi Fujiwara: Tim Paulson & Joyce Fujiwara

In Memory of Matthew Tod Seto: Pattie Hashimoto

In Support of My Sister's House Run for a Safe Haven: Simon Yeh & Yuling Weh

Thanksgiving Offering: Jonathan & Haruko Sakakibara

How to Donate:



In Person: You may drop off your donation during worship service.

By Mail: Make checks payable to Parkview Presbyterian Church. Please do not send cash.

Online: Please go to <https://www.parkviewpc.org/>, click on the “Support Parkview” tab, and select “General Fund.” Use the Notes section to provide additional information about your donation, i.e. “in memory of” or “xx fund.” You can use a credit card or bank transfer; donate one time only or set up regular donations. Thank you for your generosity.



Parkview Christmas Party

Sunday, December 7, 2025, 1:00 pm

Aviator's Restaurant
6151 Freeport Blvd.
Sacramento, CA

Cost: \$36 per adult \$18 for children (6-12) Free for 5 and under

By November 30th: please sign up and pay.

- To sign up:** text, email or fill out and mail the form below to Lynn Yamamoto:
 - Text: (916) 402-5241
 - Email: yamamoly@sbcglobal.net
 - Mail: 3521 E Curtis Dr, Sacramento, CA 95818
- To make a payment:** Make check payable to **Parkview Presbyterian Women**. Write "Christmas Luncheon" in the message line. Mail check to Lynn at address above.

Parkview Christmas Luncheon 2025

Name: _____

Please list the names of each of your guests.

Number of adults (\$36/person) _____

Number of children (age 6-12, \$18/child) _____

Number of children (5 & under, Free) _____

Grand Total \$ _____

