

***Response:** “Shalom”

**Sha rom, sha rom, mata a u hi ma de. Sha rom, sha rom,
Kami no mi megumi.** (*Peace, peace, until we meet again. Peace,
peace, may we be blessed with grace from God.*)

**Sha rom, sha rom, mata a u hi ma de. Sha rom, sha rom
yuta kani, yuta kani, yuta kani.** (*Peace, peace, until we meet
again. Peace, peace, abundantly, abundantly, abundantly.*)

Postlude

Haruko Sakakibara

“Canaris” (Gigue) by Jacques Champion de Chambonnières
(1620-1670)

*We invite you to remain seated during the Postlude as we enjoy the music
and God’s presence together. If you need to go, please feel free to do so. Go
with God’s blessings.*

In Appreciation:

- Greeters:** Irene Uno, Sachiko Yoshikawa
- Ushers:** Terri Bowman, Jack Nordman
- Parking:** Russ Hart
- Sound System:** Jonathan Sakakibara
- Zoom Moderator/Greeter:** Lori Hart
- Altar Flowers:** Cathy Nishizaki



The Celebration of Worship

February 22, 2026 • First Sunday of Lent

- Pastor:** Rev. Dr. Sarah Nave
- Worship Leader:** Dave McGill
- Pianist:** Haruko Sakakibara
- Choir Conductor:** Ben Pryor
- Japanese Reader:** Aki Kumagai
- YES:** Julie Chew, Cathy Nishizaki

Centering Prayer for Worship

*Needing the Sacred
Finding the sacred in our lives becomes
increasingly difficult as the chatter and clutter of a chaotic world
presses in around us:
distracting, confusing, weakening our spirits.
We have need of the sacred to feed and nourish our souls;
speaking to our hearts, our eyes, our senses of God;
reminding us to step aside in the shelter
and presence of our Creator; returning again
to be renewed and transformed by God.*

- Steve Gunther

Prelude

Haruko Sakakibara

** Those who can, please stand*

***Introit**

All: Make us one, Lord, make us one. Holy Spirit make us one. Let Your love flow so the world will know, we are one in You.

Welcome and Announcements

Rev. Dr. Sarah Nave

Call to Worship

Dave McGill

Leader: Are you restless and unsettled? This place is for you.

People: Are you hungry for love and hope? This place is for you.

Leader: Are you searching for guidance and meaning in the midst of chaos and confusion? This place is for you.

People: Do you have friendship and kindness to share? This place is for you.

All: On this first Sunday of Lent, God's glory and power surround us in the sanctuary, and in the world.

Let's worship God together!

***Opening Hymn: Shout to the Lord (#2074 black songbook)**

Refrain. Shout to the Lord all the Earth, let us sing,
Power and majesty, praise to the King.
Mountains bow down and the seas will roar
at the sound of Your name.

I sing for joy at the work of Your hands,
Forever I'll love You, forever I'll stand.
Nothing compares to the promise I have in You.

My Jesus, my Savior, Lord there is none like You.
All of my days I want to praise the wonders of Your mighty
love. My comfort, my shelter, tower of refuge and strength.
Let every breath, all that I am never cease to worship You.

Refrain.

***Doxology**

All: Praise God from Whom all blessings flow; praise God all creatures here below. Praise God above, ye heavenly host; Creator, Christ and Holy Ghost. Amen.

***Prayer of Dedication**

Dave McGill

Joys & Concerns

Rev. Dr. Sarah Nave

Pastoral Prayer & The Lord's Prayer

Congregation

All: Our Parent Who art in heaven, hallowed be Your name. Your kingdom come, Your will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our debts, as we forgive our debtors, and lead us not into temptation, but deliver us from evil, for Yours is the kingdom and the power and the glory forever. Amen.

***Sending Hymn: Our God, Our Help in Ages Past (#210)**

Our God, our help in ages past, our hope for years to come,
Our shelter from the stormy blast, and our eternal home.

Before the hills in order stood, or earth received its frame,
From everlasting Thou art God, to endless years the same.

A thousand ages in Thy sight are like an evening gone;
Short as the watch that ends the night before the rising sun.

Time, like an ever rolling stream, soon bears us all away;
We fly forgotten, as a dream dies at the opening day.

Our God, our help in ages past, our hope for years to come,
Be Thou our guard while life shall last, and our eternal home.

***Benediction**

Rev. Dr. Sarah Nave

Jesus said to Simon, “There is nothing to fear. From now on you’ll be fishing for men and women.”

They pulled their boats up on the beach, left them, nets and all, and followed him.

3rd Scripture Reading & Sermon Rev. Dr. Sarah Nave
Sermon Series: Tending the Holy- Spiritual Practices for Right Now “Asking for Help and Leaning on God”

Mark 1:29-39

Directly on leaving the meeting place, they came to Simon and Andrew’s house, accompanied by James and John. Simon’s mother-in-law was sick in bed, burning up with fever. They told Jesus. He went to her, took her hand, and raised her up. No sooner had the fever left than she was up fixing dinner for them. That evening, after the sun was down, they brought sick and evil-afflicted people to him, the whole city lined up at his door! He cured their sick bodies and tormented spirits. Because the demons knew his true identity, he didn’t let them say a word.

While it was still night, way before dawn, Jesus got up and went out to a secluded spot and prayed. Simon and those with him went looking for him. They found him and said, “Everybody’s looking for you.” Jesus said, “Let’s go to the rest of the villages so I can preach there also. This is why I’ve come.” He went to their meeting places all through Galilee, preaching and casting out the demons.

Musical Interlude Haruko Sakakibara
“Cantabile” by Frederic Chopin (1810-1849)

Opportunity To Present Offerings

All: Give thanks with a grateful heart; give thanks to the Holy One. Give thanks because God’s given Jesus Christ, God’s Son. (Repeat) And now let the weak say, “I am strong,” let the poor say, “I am rich” because of what the Lord has done for us. (Repeat) Give thanks. Give thanks.

Invitation to Confession Dave McGill

Leader: By nature we’re impatient, irritable people who seek out comfort and our own way. But God, who is all-knowing and all-loving, comes to transform us into the kind of people we are meant to be. Let’s bring our lives to the One who overflows with lovingkindness to us, and confess our faults and failings to God.

Prayer of Confession Dave McGill

Leader: Jesus, the Light of the world calls us to follow Him, to lean on Him.

People: Instead of trusting in God's presence with us, we admit our tendency to sink into helplessness and hopelessness. We confess our attraction to things that harm us and others. Forgive us, Holy God.

Leader: Lead us from the shadows of frustration, rage and despair into the light of Your peace.

All: Teach us Your ways that we may walk in Your light and embody Your truth. As in Jesus Christ You gave Yourself to us, so we give ourselves to You.

A Time for Silent Contemplation
This time of quiet is offered to encourage you to share your personal thoughts with God as well as listen to God through the presence of the Holy Spirit.

Assurance of God’s Grace Dave McGill

Leader: God is faithful and forgiving, abounding in steadfast love to all who call upon God.

People: When we ask God to cleanse our hearts and make us more like Jesus, God’s Spirit transforms us for good works, and fills us with strength for the journey.

All: Thanks be to God! In Jesus Christ we are forgiven. Amen.

***Response to God's Forgiveness:** Glory to God, Whose Goodness Shines on Me (#582 Glory to God hymnal)

All Sing: Glory to God, whose goodness shines on me,
and to the Son, whose grace has pardoned me,
and to the Spirit, whose love has set me free.
As it was in the beginning, is now and ever shall be. Amen.

***Passing of the Peace** Dave McGill

Leader: As the forgiven and redeemed people of God, let us share our peace and joy with one another. The peace of Christ be with you.

All: And also with you.

Children's Message Rev. Dr. Sarah Nave

Children and youth may now go to YES.

***Hymn of Reflection:** O Jesus, I Have Promised (#388)

O Jesus, I have promised to serve Thee to the end;
Be Thou forever near me, my Master and my Friend;
I shall not fear the battle if Thou art by my side,
Nor wander from the pathway if Thou wilt be my Guide.

O let me feel Thee near me! The world is ever near;
I see the sights that dazzle, the tempting sounds I hear;
My foes are ever near me, around me and within;
But, Jesus, draw Thou nearer, and shield my soul from sin.

O let me hear Thee speaking in accents clear and still,
Above the storms of passion, the murmurs of self-will;
O speak to reassure me, to hasten or control;
O speak, and make me listen, Thou Guardian of my soul!

O Jesus, Thou hast promised to all who follow Thee
That where Thou art in glory there shall Thy servant be;
And, Jesus, I have promised to serve Thee to the end;
O give me grace to follow, my Master and my Friend.

Unison Prayer of Guidance

All: Now may the words of our mouths, the meditations of our hearts, the interpretation of our minds, and the response of our hands be acceptable to You, our Lord and our Redeemer. In Christ's name we pray. Amen.

1st Scripture Reading (Japanese) Aki Kumagai

Deuteronomy 33:27

The eternal God is our dwelling place, and underneath are the everlasting arms.

2nd Scripture Reading Dave McGill

Luke 5:1-11 from *The Message* Bible translation

Once when Jesus was standing on the shore of Lake Gennesaret, the crowd was pushing in on him to better hear the Word of God. He noticed two boats tied up. The fishermen had just left them and were out scrubbing their nets. He climbed into the boat that was Simon's and asked him to put out a little from the shore. Sitting there, using the boat for a pulpit, he taught the crowd. When he finished teaching, he said to Simon, "Push out into deep water and let your nets out for a catch."

Simon said, "Master, we've been fishing hard all night and haven't caught even a minnow. But if you say so, I'll let out the nets." It was no sooner said than done—a huge haul of fish, straining the nets past capacity. They waved to their partners in the other boat to come help them. They filled both boats, nearly swamping them with the catch.

Simon Peter, when he saw it, fell to his knees before Jesus. "Master, leave. I'm a sinner and can't handle this holiness. Leave me to myself." When they pulled in that catch of fish, awe overwhelmed Simon and everyone with him. It was the same with James and John, Zebedee's sons, coworkers with Simon.