

Lent 2026 *A Time for Repentance and Spiritual Preparation for Easter*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			18 - February Read: kindness to others Luke 10:25-37	19 Perform chores around the house	20 Have a family prayer night	21 Tell someone "Thank you!"
22 First Sunday of Lent	23 Bake a treat to share with someone	24 Read about repentance Luke 18:9-14	25 Pick up litter off the ground	26 Clean up after yourself	27 Read: Jesus entering Jerusalem Mark 11:1-10	28 Pay someone a compliment
1 - March Second Sunday of Lent	2 Sing church worship songs	3 Read the Great Commandment Matthew 22:34-40	4 Hold the door for someone	5 Perform a chore you don't usually do	6 Send someone a card	7 Share with someone
8 Third Sunday of Lent	9 Read about helping others Matthew 25:31-40	10 Donate toys or clothes to help others	11 Pray for those who need help	12 Make dinner together with others	13 Read sacrifice for Jesus Matthew 16:24-28	14 Give up TV or social media today
15 Fourth Sunday of Lent	16 Read about forgiveness Matthew 18:21-35	17 Ask God for forgiveness	18 Say hello to someone who looks lonely	19 Read about serving others John 13:1-17	20 Work in the garden	21 Do not complain today!
22 Fifth Sunday of Lent	23 Give someone a special hug	24 Play a game with family or friends	25 Read about prayer Mark 14:32-42	26 Pray for someone to know Jesus	27 Give up sweets and treats today	28 Read about committing to God Psalm 51:10
1 Palm Sunday	2 Smile at people you see today	3 Tell someone why they're special to you	4 Forgive someone who hurt your feelings	5 Thank God for sending Jesus!	6 Good Friday	7 Read: God's Love for us John 3:16

