



The Celebration of Worship

March 8, 2026 • Third Sunday of Lent

Pastor:	Rev. Dr. Sarah Nave
Worship Leader:	Phillip Chew
Pianist:	Janet Hill
Choir Conductor:	Ben Pryor
Japanese Reader:	Miko Kumagai
YES:	Jana Nakase-Lee, Lynn Yamamoto

Centering Prayer for Worship

God of abundant mercy, you alone can turn evil into good, sorrow into rejoicing, and death into everlasting life. Teach us your way of grace-that we may Await. Allow. Attend. Accept. Teach us to love without holding back, to meet hatred with kindness, to answer curses with blessing, to give without thought of return; all in the name of Jesus Christ our Lord. Amen.

Prelude Janet Hill

*Introit

All: Make us one, Lord, make us one. Holy Spirit make us one. Let Your love flow so the world will know, we are one in You.

Welcome and Announcements Rev. Dr. Sarah Nave

** Those who can, please stand*

Call to Worship

Phillip Chew

Leader: The morning stars profess God's glory:

People: the waking birds harmonize a refrain of grace.

Leader: The sun warms us with God's hope, the night sky whispers peace to our sleepy souls:

People: Creation's voice echoes in our hearts, reminding us of God's steadfast love.

Leader: Divine Companion, You long to bring beauty and goodness into every moment.

All: Gather us with all those in heaven and earth who long to draw near to You and sing your praise.

*Opening Hymn: 10,000 Reasons (Bless the Lord)

- Matt Redman

Chorus. Bless the Lord O my soul, O my soul.

Worship His Holy name.

Sing like never before, O my soul. I worship Your Holy name.

The sun comes up. It's a new day dawning.

It's time to sing Your song again.

Whatever may pass and whatever lies before me,
let me be singing when the evening comes.

Chorus.

You're rich in love, and You're slow to anger.

Your name is great and Your heart is kind.

For all Your goodness I will keep on singing
ten thousand reasons for my heart to find.

Chorus.

And on that day, when my strength is failing,

The end draws near and my time has come,

Still my soul will sing Your praise unending

Ten thousand years and then forevermore.

Chorus.

When we've been there ten thousand years, bright shining as the sun, we've no less days to sing God's praise than when we'd first begun.

*Benediction

Rev. Dr. Sarah Nave

*Response: "Shalom"

Sha rom, sha rom, mata a u hi ma de. Sha rom, sha rom, Kami no mi megumi. (*Peace, peace, until we meet again. Peace, peace, may we be blessed with grace from God.*)

Sha rom, sha rom, mata a u hi ma de. Sha rom, sha rom yuta kani, yuta kani, yuta kani. (*Peace, peace, until we meet again. Peace, peace, abundantly, abundantly, abundantly.*)

Postlude

Janet Hill

We invite you to remain seated during the Postlude as we enjoy the music and God's presence together. If you need to go, please feel free to do so. Go with God's blessings.

In Appreciation:

Greeters:

Miko Kumagai, Jack Nordman

Ushers:

Bill Grissom, Herning Grissom

Parking:

Jonathan Sakakibara

Sound System:

David McGill

Zoom Moderator/Greeter:

Aki Kumagai

Altar Flowers:

Aki & Miko Kumagai

In memory of Aki's father, Ichiro Kumagai

***Doxology**

All: Praise God from Whom all blessings flow; praise God all creatures here below. Praise God above, ye heavenly host; Creator, Christ and Holy Ghost. Amen.

***Prayer of Dedication**

Phillip Chew

Joys & Concerns

Rev. Dr. Sarah Nave

Pastoral Prayer & The Lord’s Prayer

Congregation

All: Our Parent Who art in heaven, hallowed be Your name. Your kingdom come, Your will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our debts, as we forgive our debtors, and lead us not into temptation, but deliver us from evil, for Yours is the kingdom and the power and the glory forever. Amen.

***Sending Hymn: Amazing Grace, How Sweet the Sound (#280)**

Amazing grace, how sweet the sound, that saved a wretch like me! I once was lost, but now am found, was blind, but now I see.

‘Twas grace that taught my heart to fear, and grace my fears relieved; how precious did that grace appear the hour I first believed!

Through many dangers, toils, and snares, I have already come; ‘Tis grace has brought me safe thus far, and grace will lead me home.

The Lord has promised good to me, His word my hope secures; He will my shield and portion be as long as life endures.

Invitation to Confession

Phillip Chew

Leader: God sent Christ into the world not to condemn the world, but that the world might be saved through Him.

People: We acknowledge our need for repentance, and seek the forgiveness proclaimed in the gospel of Jesus Christ.

All: “Create in us clean hearts, O God, and renew pure spirits within us.” Ps 51:11

Prayer of Confession

Phillip Chew

Leader: Almighty God, through love you have made us, and for love You call us to repentance.

People: May we who desire to change our sinful ways find strength in Your compassion and forgiveness.

Leader: For You know, and we know, what we intend, we have not done; what we mean to avoid, we seek out.

People: We confess our unkind thoughts toward our neighbors and our wariness and even contempt of those who are different from us.

All: We need your help to transform our stubborn, self-centered lives. Lord have mercy on us, please pardon and redeem us. We pray through Christ our Lord. Amen.

A Time for Silent Contemplation

This time of quiet is offered to encourage you to share your personal thoughts with God as well as listen to God through the presence of the Holy Spirit.

Assurance of God’s Grace

Phillip Chew

Leader: As we have offered our prayers of confession, let’s remember that God chooses to forget our past: forgiving us so we may embrace new life and new hope offered to us in Christ.

All: We believe the good news of the gospel: in Jesus Christ we are forgiven. Thanks be to God!

***Response to God's Forgiveness:** Glory to God, Whose Goodness Shines on Me (#582 Glory to God hymnal)

All Sing: Glory to God, whose goodness shines on me,
and to the Son, whose grace has pardoned me,
and to the Spirit, whose love has set me free.
As it was in the beginning, is now and ever shall be. Amen.

***Passing of the Peace** Phillip Chew

Leader: As the forgiven and redeemed people of God, let us share our peace and joy with one another. The peace of Christ be with you.

All: And also with you.

Choir Song: And Can It Be by Charles Wesley

Children's Message Rev. Dr. Sarah Nave

Children and youth may now go to YES.

***Hymn of Reflection:** Just As I Am, Without One Plea (#370)

Just as I am, without one plea but that Thy blood was shed for me, and that Thou biddest me come to Thee,
O Lamb of God, I come; I come!

Just as I am, thou tossed about with many a conflict, many a doubt, fightings and fears within, without,
O Lamb of God, I come; I come!

Just as I am, Thou will receive, will welcome, pardon, cleanse, relieve; because Thy promise I believe,
O Lamb of God, I come; I come!

Just as I am, thy love unknown has broken every barrier down; now to be Thine, yea, Thine alone,
O Lamb of God, I come; I come!

Unison Prayer of Guidance

All: Now may the words of our mouths, the meditations of our hearts, the interpretation of our minds, and the response of our hands be acceptable to You, our Lord and our Redeemer. In Christ's name we pray. Amen.

1st Scripture Reading (Japanese) Miko Kumagai

James 1:19-20

Everyone must be quick to hear, slow to speak and slow to anger; for God's saving justice is never served by human anger.

2nd Scripture Reading Phillip Chew

Proverbs 22:24-25

Don't hang out with angry people; don't keep company with hotheads. Bad temper is contagious—don't get infected.

3rd Scripture Reading & Sermon Rev. Dr. Sarah Nave

Lenten Series - Tending the Holy:

Spiritual Practices for Right Now

“Managing Anger” Matthew 5:21-22

You have heard that the ancients were told, “Do not murder.” I'm telling you that anyone who is so much as angry with a brother or sister is guilty of murder. Carelessly call a brother “idiot!” and you just might find yourself hauled into court. Thoughtlessly yell “stupid!” at a sister and you are on the brink of hellfire. The simple moral fact is that words kill.

Musical Interlude Janet Hill

Opportunity To Present Offerings

All: Give thanks with a grateful heart; give thanks to the Holy One. Give thanks because God's given Jesus Christ, God's Son. (Repeat) And now let the weak say, “I am strong,” let the poor say, “I am rich” because of what the Lord has done for us. (Repeat) Give thanks. Give thanks.