



Chapel Chimes

727 T Street, Sacramento, CA • March 2026

Dear Friends,

Celebrating the seasons of the church year is to be sewn into the story of Jesus in a way that allows the fabric of our lives and our world to take on a holy texture. The season of Lent gives us an opportunity to be inspired, challenged, and reminded that our Christian faith is to be active each day, all year long, in every season. Lent is a season with a lot of emphasis on repentance. It's not so much self-improvement as it is facing in a new direction. Repentance in Greek means something closer to "thinking differently afterwards" than it means changing our behavior. It's about admitting that only God can redeem our thinking and our heart.

I started to wonder if maybe repentance is giving up on the idea that we can redeem ourselves. Maybe true repentance involves surrender more than it involves self-improvement, kind of like how the practice of kneeling in church has military origins. Kneeling was a posture of surrender...as in...you can't fight if you're kneeling. Presbyterians don't tend to kneel in church. But I've worshiped with other Christians who kneel to pray and to receive the Sacrament. I think kneeling to pray, if your knees will allow it, is a great way to go. Whether we kneel or not, the important thing is that we have humble, open hearts before God.

During the season of Lent, Christians often give up something as a way of identifying with Jesus' humility of living on earth with all the limitations and temptations that we face, and, in order to be mindful of Jesus' life, suffering, and death on our behalf, in preparation for celebrating His resurrection on Easter. Some people give up chocolate or chips, or doomscrolling on the internet, or complaining, or being judgmental. Or they add something, like writing thank-you notes, or doing a kindness each day, or taking an item from their closet or pantry each day and donating it. This year I'm doing two things for my Lenten practice. I'm keeping a Sabbath one day a week, like the Ten Commandments tell us to do all year long, which I haven't been doing. And I'm giving up the idea that what I read and see on the internet is a complete and accurate depiction of the world. Instead, I'm going to be looking for how beautiful the world, and people, can be.

I invite anyone who wants to join me in this Lenten practice to do so. Each day in Lent you could take a picture on your phone, or in your mind's eye, of something beautiful you notice in your day—like how the light comes streaming through the clouds in the afternoon, or your first sighting of a daffodil or western redbud or poppies. Or you could write a sentence about a warm interaction with a stranger—like the neighbor walking his dog who said hi to you or the person at the grocery store who let you go ahead of them in line. Or write something helpful someone said to you that day—like Rev. Yuki of the Buddhist Church of Sacramento who, referring to the hateful, racist messages recently painted on the church's temple wall said, "Let this incident remind us who we chose to be with peace in our hearts, with gratitude in our words, with compassion in our actions." We can share the good we're noticing in our conversations with family and friends, and on Sundays with our church family. I'm hoping this Lenten practice will help me pay attention to the good that I know is all around us. To be clear: I'm not doing all this to ignore the world. I'm doing it to pay attention to it - in real time and real life. Because the doom will be there, but so will the crocus and the baby birds, and this is just not the year to miss the good stuff.

- Pastor Sarah



News

February Report from Session

The February 24, 2026 meeting of the Session was held at Parkview. The following actions were discussed and/or voted on:



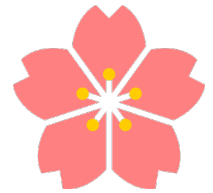
- **Inside Magazine Ad:** Session approved Gary Younglove’s recommendation of purchasing a one time quarter-page Easter Services ad for Inside Magazine/Mid-town area.
- **Workshop:** Session approved Parkview leadership participating in a zoom workshop on “Effective Outreach for Today’s Church” by John Fong on March 9 at 4 p.m.
- **Rebuilding Paradise:** Pastor Toby Nelson reached out to Parkview to send a mission team to help rebuild homes for victims who lost homes in the November 2018 Paradise Camp Fire disaster. It was recommended that Parkview look into this request and should support this mission.
- **NCCP Stated Meeting Report:** Received the February 7, 2026 report by Commissioner Maurine Huang on the Northern Central California Presbytery meeting.
- **Letter to Vendor:** A draft letter giving a street vendor permission to sell food near Parkview with conditions was prepared by Jody Brown and approved by Session.
- **Session Retreat Task Force—Sanctuary Projector & Screen Project:** Aki Kumagai and Gary Younglove reported their continuing research on the purchase and installation of a retractable screen and projector and lens. The projector and lens would be installed in the balcony area of the sanctuary.
- **Session Retreat Task Force—Church Messaging/Signage:** Lois Van Beers and Jody Brown reported that a vinyl signage to be hung at 8th and T Streets would cost \$75.
- **Building and Grounds:** (1) Kansha – new sump pump was installed; (2) Cellar door will be repaired; and (3) Long-term improvement to replace water pipes in Kansha Building to improve water pressure.
- **2026 Pledge Report:** Received 31 pledges for a total of \$120,324.08.

- **Sakura Chorus Concert 3/15/26:** Judy Yee will reach out to the Parkview Presbytery Women’s organization and the church to bring finger food and desserts and for volunteers to help set it up, etc.

Submitted by: Judy Fukuman
Clerk of Session: Jana Nakase-Lee
Session Members: Jody Brown, Judy Fukuman, Aki Kumagai, Jana Nakase-Lee, Lois Van Beers, Gary Younglove

Sakura Chorus Concert is March 15!

Parkview Presbyterian Women (PPW) cordially invites you to the Sakura Chorus concert on Sunday, March 15, 2026. The Sakura choral group, which was founded twenty years ago, consists of fifteen women who all hail from Japan. The Sakura Chorus meets twice a month on Sunday afternoons at Parkview to sing Japanese songs together.



This 10th concert features a wide variety of musical selections familiar to local Japanese residents, Japanese Americans, and fans of Japanese culture and anime. Please bring your family and friends for this joyful afternoon.

[Click here](#) to access the concert program.

[Click here](#) to access the Japanese and English lyrics to the songs.

The concert venue has 150 seats, and tickets are available for advance purchase only. Please contact shokichi@yahoo.com or any member of the Sakura Chorus to reserve your tickets as soon as possible.

Financial Report as of February 28, 2026:

	February	Total Yr 2026
Income:	\$16,390.89	\$46,512.79
Expenses:	\$15,429.84	\$31,742.90
Difference:		\$14,769.89

News

One Great Hour of Sharing

Lent is a time of repentance and spiritual preparation for Easter, echoing Jesus's forty days in the wilderness. Through Easter, we will collect donations for PC USA's One Great Hour of Sharing. These funds will be used to respond to Christ's call to create ministries of compassion for the most vulnerable around the world. If you donate with a check, please make check out to Parkview Presbyterian Church and write OGHS in the note section. You can drop the check off during worship service or mail it to the church. If you donate online at our website, please select "General Fund" and write OGHS in the note section. Thank you for your thoughtful generosity.



YES Distributes Donated Change

From the kids at YES;
Lucas: When we began Making Change For Good, we thought we would be happy if we were able to collect \$50 in the one-and-a-half months, because it seems people don't use cash and get coin change very much anymore.

Richard: But Parkview people are amazing and filled our collection box with coins, paper bills, and checks. Someone even brought in a container of coins that weighed 14.7 pounds, totalling over \$120!

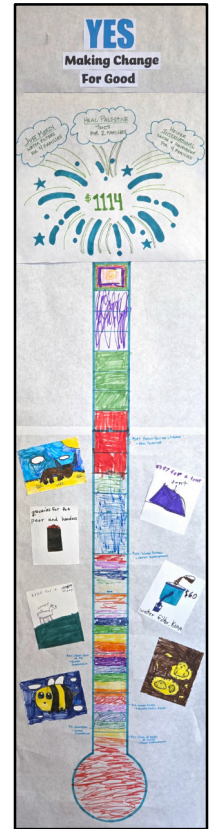
Sora: All together, you helped us collect \$1,114! We wanted to share how we will be spending your donations.

Liam: We are buying two durable tents through Heal Palestine. Right now it is bitterly cold and rainy in Gaza, where 90% of buildings have been damaged or destroyed. These tents can each house a family of 6-8 people, keeping them safe from needing to seek shelter in damaged buildings, which are still targeted for airstrikes.

Richard: We are also having Always Mercy deliver water filters to four families in Kenya. These devices can filter enough water for each family for ten years.

Hannah: The remaining donations are going to Heifer International. Four families will receive a starter flock of 10-50 chicks and training to sustain the flock, as well as honeybees, a hive, a bee box, and beekeeper training. Beehives can double the fruit and vegetable yields on small farms.

Sora: Thank you for making this service project so successful and touching so many people's lives!



Lenten Calendar

We have prepared a Lenten calendar for you. It is designed to help you spend these forty days of Lent in spiritual preparation for Easter. To access the calendar, go to <https://parkviewpc.org/2026/02/04/lent-2026-ideas-for-spiritual-preparation-for-easter/>.



Volunteer Spotlight: Ben Pryor

Parkview is fueled by its volunteers, many working behind the scenes to keep the church going.

Many of you know Ben as one of our staff members. He has been our choir director for over twenty years. But, did you know that he has also taken on volunteer duties, too, like YES teacher, sound system, and parking?! Thanks, Ben, for all you do!



In Memoriam

Hannah Mori

Beloved Parkview Member

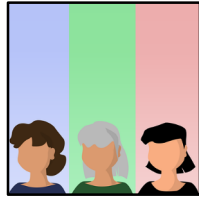
Sep 10, 1919 - Feb 6, 2026

In accordance with her family's wishes, there will be no memorial service.

News

PPW Installation Luncheon Reminder

- Date: Sunday, March 22
- Time: 11 am in the social hall
- Speaker: Carol Lee, Locke Oral History Committee Board Member
- Documentary Film Showing: "Voices: Chinese Women of the Delta"
- Registration Deadline: March 14
- Register: Email lori.f.bart@gmail.com. Registration link will be available in a future weekly email.
- Payment to: PPW c/o Lori Hart, 837 54th St, Sacramento, CA 95819. Make check out to PPW, "Installation luncheon" in the memo section.
- Dues: If you haven't paid your dues yet, please also include a \$20 payment.
- Questions? Email lori.f.bart@gmail.com



Join our April 26 CROP WALK!

"We walk because they walk."

With this powerful reminder, faith communities across the country have organized and participated in CROP Walks in support of Church World Service's efforts to provide disaster relief, hunger alleviation, and community building across the world. Join us after church Sunday, April 26, as we participate in our annual Church World Service CROP Walk. Sign up at <https://events.crophungerwalk.org/chw/team/parkview-presbyterian-church-sacramento-ca>.



Then invite family members and friends to sponsor you. We can make a difference in addressing world hunger! Twenty-five percent of the funds raised stay in the local community. Last year eleven walkers and 41 donors from Parkview raised \$4,800, of which \$1,200 went to South Sacramento Interfaith Partnership.

Church World Service (CWS) is an international ecumenical relief agency with "a vision of a world where all have food, voice, and a safe place to call home." Its mission is "transforming communities around the globe through just and sustainable responses to hunger, poverty, displacement, and disaster." CWS is comprised of 16 covenant member denominations, all of which are committed "to do in partnership what none of us could hope to do as well alone." Founded in the wake of the devastation of WW II and working in solidarity with local ecumenical agencies, it now has a presence in every continent except Antarctica. Some areas Church World Service focuses on include:

- Disaster response, including distribution of food rations and assistance finding shelter and safe water and sanitation services following humanitarian emergencies and natural disasters.
- Assistance for refugees and asylum seekers, including return to country of origin, safe resettlement in the "country of first asylum," or resettlement in a third country.
- Hunger relief through distribution of seeds, livestock; and farming implements, as well as education about improved farming techniques.

- Submitted by Maurine Huang,
on behalf of PPW



Prayers for Oksana

Dear Parkview Church family, Please pray for our dear friend Igor Veligan's family. Igor is a professional violinist who has played at Parkview numerous times for Ukraine fundraisers. He's also Haruko Sakakibara's violin teacher.



This past week, Igor's wife Mira's niece, Oksana, a young woman in her 30s, was shot while working in a family healthcare clinic in Fresno. A patient at the clinic shot Oksana 5-6 times with a handgun. She was rushed to the hospital for surgery. The surgeons were not able to save Oksana's eye. On Thursday, March 5, she was in critical but stable condition. Her family says it's truly amazing that Oksana is alive, and they are grateful for our prayers.

If you want to send a card to Igor and Mira Veligan expressing your support, please contact Haruko or me and we'll give you their address. Lord, hear our prayer for an end to such terrible violence in our world. Thank you for Your presence in the midst of the horror . . . and beauty of life.

- Pastor Sarah

News

West Bank Action Alert

The suffering of Palestinians in Gaza and the West Bank continues at an unconscionable scale. Now that the U.S. has started war with Iran, even greater devastation to human lives is imminent. Our nation must act, not to deepen violence, but to help end it.



Palestinians in Gaza continue to be killed, displaced, and denied the basic necessities of life. More than 71,500 Palestinians have been killed since October 2023. Families struggle without reliable access to food, clean water, medical care, or shelter. Journalists have also paid a devastating price. More journalists have been killed in Gaza during this period than in any other recent conflict, while Israel continues to deny international media access. The absence of independent reporting further obscures the human reality and undermines accountability.

The United States provides Israel with substantial military assistance, including the recent approval of \$6.67 billion in new weapons sales. With that support comes moral responsibility. The U.S. should use its influence to uphold human rights, ensure accountability, and help create the conditions for a just and lasting peace.

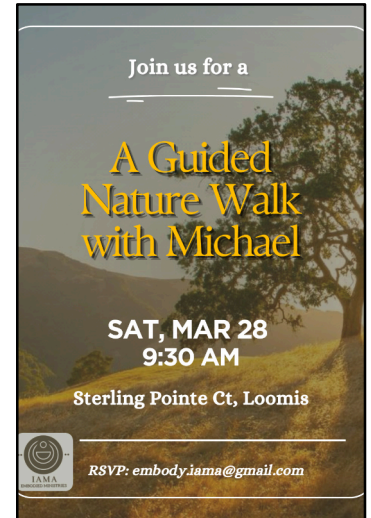
At this critical moment, Congress must act to help end violence, protect civilian life, and uphold the principles of justice, human dignity, and peace. Contact your senators and representative today and urge them to:

- Restrict further U.S. weapons transfers to Israel. Support and pass the Block the Bombs Act (H.R. 3565) in the House.
- Oppose additional weapons transfers and support congressional action to prevent such transfers in the Senate.
- Support accountability for settler violence and forced displacement.
- Support legislation which authorizes sanctions and other measures against those responsible for violence against Palestinian civilians and the unlawful seizure of Palestinian land.
- Protect access to life-saving medical care.
- Urge Israeli authorities to allow Palestinians in Gaza, especially children, to travel with their families to receive urgently needed medical treatment, including in Jerusalem, with guarantees of safe return.

- Summarized from PC USA

IAMA Invites You on a Secrets of Nature Hike

Join Michael for a guided exploration into the practice of slowing down and deepening our relationship with the natural world. This immersive walk invites participants to engage with the subtle intelligence of the landscape, from Blue Oaks and seasonal wildflowers to the presence of scrub jays overhead. Together, we will explore how to “read” trees, interpret the wind, and sit in quiet reflection with grandmother trees. Along the way, we will open a conversation about how nature teaches, communicates, and invites us into deeper awareness.



Location: Sterling Pointe Ct, Loomis, CA 95650 (Approximately 35 minutes from Sacramento)
Distance: 3.2 miles
Elevation Gain: 375 feet
Level: Easy to Moderate
Pace: Slow, with frequent stops for observation and discussion

Meet at trailhead: 9:30 am
Hike Begins: 9:45 am
End Time: 1:15 am
RSVP: iama.yoga.sac@gmail.com

Please bring lunch, water, and appropriate footwear. This experience is designed not as a workout, but as a practice in presence.

About the guide: Michael is a lifelong hiker, backpacker, and outdoor enthusiast. He is Wilderness First Responder (WFR) trained and adult CPR-certified. Michael’s connection to the land has been shaped by journeys through places like Death Valley and the Grand Canyon, though his true roots run deep in Mount Diablo. Guided by curiosity and a love of self-studying trees and plants, he has learned the languages of wind, water, and earth—finding meaning in slowing down and walking with presence.

Upcoming Events

Worship with Us In Person or Online:

You can access login info for worship services and online meetings as well as worship programs at <https://parkviewpc.org/>.

Mar 08: Daylight Saving Time Begins. 2 am.
Move your clocks one hour ahead before you go to bed Saturday night!

Mar 08: Worship Service. 10 am.
Worship Leader: Phillip Chew
Japanese Reader: Miko Kumagai
Pianist: Janet Hill
YES: Jana Nakase-Lee, Lynn Yamamoto
Online Moderator/Greeter: Aki Kumagai
Sound System: Dave McGill
Parking: Gary Younglove
Ushers: Bill Grissom, Herning Grissom
Greeters: Miko Kumagai, Jack Nordman
Altar Flowers: Aki & Miko Kumagai

Mar 08: Summerfest Planning Meeting.

After worship service.
Everyone welcome!



Mar 09: Embodied Listening. 6:30 pm. Social hall.

Mar 10: Gentle Yoga. 10 am in the social hall.

Mar 11: Choir Practice. 7 pm in the social hall.

Mar 12: Hatha-Vinyasa Practice. 6 pm. Social hall.

Mar 13: Bible Study. 6:30 pm via Zoom.

Mar 14: SSIP Full Plates Full Hearts Event.

This is a reminder for those who have registered for the event.

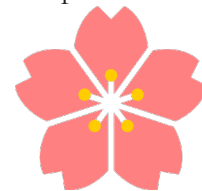


Mar 15: Worship Service.

10 am. **Allow extra time for parking as there will be road closures.**
Worship Leader: Donna Komure-Toyama
Japanese Reader: Michael Wright
Pianist: Nancy Arata-Fong
Online Moderator/Greeter: Judy Yee
Sound System: Titus Toyama
Parking: Ben Pryor
Ushers: Irene Uno, Diane Younglove
Greeters: Judy Fukuman, Irene Uno
Altar Flowers: Gary & Diane Younglove

Mar 15: Sakura Chorus Concert.

12:30 pm.
See [page 2](#) for details.



Mar 15: Coffee Time.

After concert.
Many thanks to Sakura Chorus and PPW.



Mar 16: Embodied Listening. 6:30 pm. Social hall.

Mar 16: PPC Legacy Meeting Cancelled. Check future weekly emails for the new meeting date.

Mar 17: Gentle Yoga. 10 am in the social hall.

Mar 17: Session Meeting. 5:30 pm. Pastor's office.

Mar 18: Choir Practice. 7 pm. Social hall.

Mar 19: Hatha-Vinyasa Practice. 6 pm. Social hall.

Mar 19: Bible Study. 6:30 pm via Zoom.

Upcoming Events

Mar 22: Worship Service. 10 am.

Worship Leader: Steve Hanway
Japanese Reader: Mieko Davis
Pianist: Haruko Sakakibara
Online Moderator/Greeter: Judy Yee
Sound System: Ben Pryor
Parking: Russ Hart, Jack Nordman
Ushers: Donna Komure-Toyama,
Jack Nordman
Greeters: Ian Davis, Mieko Davis
Altar Flowers: Jack & Carol Sakai

Mar 22. PPW Installation and Luncheon.
See [page 4](#) for details.

Mar 23: Embodied Listening. 6:30 pm. Social hall.

Mar 24: Gentle Yoga. 10 am in the social hall.

Mar 25: Choir Practice. 7 pm in the social hall.

Mar 26: Hatha-Vinyasa Practice. 6 pm. Social hall.

Mar 26: Bible Study. 6:30 pm via Zoom.

Mar 28: No Kings 3 Rally. 11:30 - 3 pm
at the State Capitol. Email
officemanager@parkviewpc.org
if you want to park at the
church.



Mar 29: Palm Sunday Worship Service. 10 am.

Worship Leader: Titus Toyama
Japanese Reader: Aki Kumagai
Pianist: Wade Tambara
Online Moderator/Greeter: Judy Yee
Sound System: Cathy Nishizaki
Parking: Gary Younglove
Ushers: Aki Kumagai, Maria Mar
Greeters: Maurine Huang, Megan Toyama
Altar Flowers: Dave McGill

Mar 29: Newsletter Deadline. 5 pm. Email
photos/or articles (350 word max.) to
officemanager@parkviewpc.org for inclusion in
the April *Chapel Chimes*.

Mar 30: Embodied Listening. 6:30 pm. Social hall.

Mar 31: Gentle Yoga. 10 am in the social hall.

Apr 01: Choir Practice. 7 pm. in the social hall.

Apr 02: Hatha-Vinyasa Practice. 6 pm. Social hall.

Apr 02: No Bible Study.

Apr 03: Good Friday Service. 6:30 pm.

Apr 05: Easter Worship Service. 10 am.
Worship Leader: Betsy Eskridge
Japanese Reader: Miyo Uchida
Pianist: Haruko Sakakibara
Communion Elders: Phillip Chew,
Herning Grissom
Online Moderator/Greeter: Lois Van Beers
Sound System: Liam Wright
Parking: Gary Younglove
Ushers: Judy Fukuman, Miyo Uchida
Greeters: Judy Fukuman, Luyan Tang
Altar Flowers: Ed & Lisa Imura

Apr 07: Prayer Team Meeting. 7:15 pm via Zoom.

Save the Dates!

Apr 14. Cooking Class:
Spam musubi and side item
May 17. Ukraine Benefit Concert
Jun 14. Pride Parade
Jun 28. Summerfest
July 05. Cooking Class. Open inari
and cucumber salad. Note revised date.



Thank You for Your Support!

Thank You for Your Support!

Many thanks to all of you who contribute to Parkview through your generous pledged offerings! Additionally, thanks so much to the following for their generous special donations. Acknowledgment letters and postings in the *Chapel Chimes* may be in reverse order. Thank you for your patience. Contact officemanager@parkviewpc.org with any questions.

In Celebration of Leah's Birthday: Brian & Leah (Fujiwara) Kanegawa

In Memory of Hannah Mori: Cathy Nishizaki, Titus & Donna (Komure) Toyama, Stan & Christine Umeda, Hach & Linda Yasumura

In Memory of his Father: Simon Yeh

In Support of YES: Lynn Yamamoto

One Great Hour of Sharing: Fumi Nakata

How to Donate:



In Person: You may drop off your donation during worship service.

By Mail: Make checks payable to Parkview Presbyterian Church. Please do not send cash.

Online: Please go to <https://www.parkviewpc.org/>, click on the "Support Parkview" tab, and select "General Fund." Use the Notes section to provide additional information about your donation, i.e. "in memory of" or "xx fund." You can use a credit card or bank transfer; donate one time only or set up regular donations. Thank you for your generosity.