



Chapel Chimes

727 T Street, Sacramento, CA • October 2026

Dear Friends,

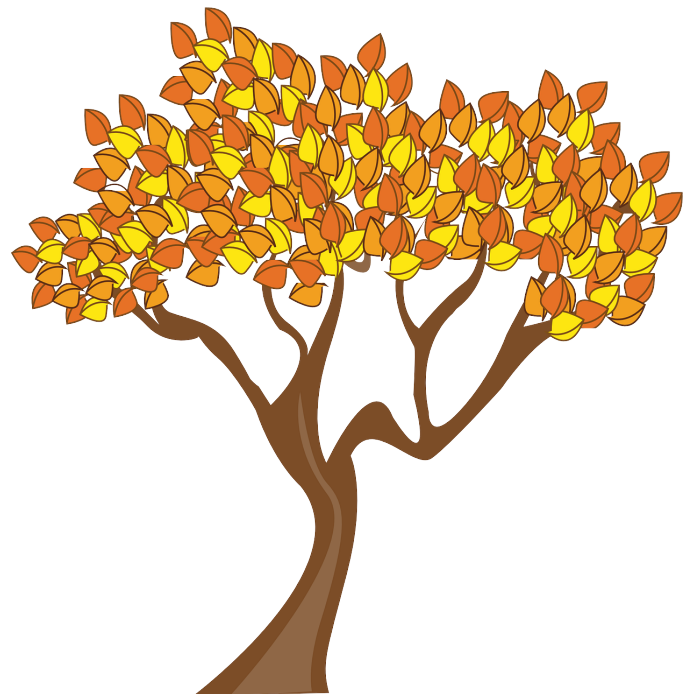
For me, Fall has always been a season made for musings and memories. As the sun slants golden through the changing leaves, and the morning air carries a hint of crispness, my mind is drawn backward as I reflect on years gone by. These days I know Fall is here when I wear ear muffs on my morning run. As I pass people walking their dogs on the Sacramento River levee, I think back to the dogs Dwight and I have had during our marriage: a Husky-Malamute mix, two Huskies, a Pomeranian, and a Great Pyrenees. As any dog owner knows, dogs need to either be out, or go out, multiple times a day, to take care of business. In Virginia, I used to see the moon wax and wane and watch the seasonal shift of the constellations and planets when I took Lily, our Great Pyr out for her late-night bathroom breaks. Depending on the weather, I might battle mosquitoes or frostbite, hear an owl, or glimpse the Milky Way while I waited for her to do what she needed to do. Sometimes she thought she needed to chase a deer into the woods. I never thought this needed to happen but spent many a night careening through the woods after her. You know that saying, "It's better to light a candle than curse the darkness?" I say, "It's better to take a dog out on a leash at night rather than chase her through spooky woods, cursing the darkness, and the dog." I did this too many times to count. Years pass us by, and sometimes wisdom does, too.

I think wisdom is something we're all yearning for these days. Wisdom and peace. On the eve of the US mid-term elections on November 3, wisdom and peace are hard to find. We may be shocked by what we're seeing and hearing others say and do. Elected officials and even family members. Dehumanizing rhetoric and cruel treatment of our fellow human beings. Bigotry and injustice towards people of color and the LGBTQ+ community that we hoped was over and done with. Not so. How do we live wisely as we navigate turbulent seasons like these? God help us! That's a prayer. In this season, Christian discipleship requires deep listening and empathy, and courageous, persistent action to follow Jesus in the way of love, grace, and justice. The point isn't to go back in time or to make things 'great' again. Yearning for the past covers over our need to engage real injustice and pain.

We are to be those who "seek justice, love mercy, and walk humbly with our God" (Micah 6:8) in order to demonstrate life under God's gracious reign.

How do you mark the changing seasons, the passing of time? How do you make the most of the time you've been given? Psalm 90:12 is a prayer asking God for help to live wisely and well. "So teach us to number our days that we may return to You a heart of wisdom." May God gift each of us with wisdom to know how to live authentically and compassionately in these days. May we find true hope in Christ, united in the knowledge that in the midst of everything, God hears all cries of pain and confusion, all fears and anger. God counts us all as beloved children, worthy of love and respect, and a hope-filled future. This season and every season of our lives, may we embrace our calling to be part of God's story of transformation and freedom. For all.

- Pastor Sarah



News

September Report from Session

The September 8, 2026 meeting of the Session was held at Parkview. The following actions were discussed and/or voted on:



- Session ratified the following email votes:
 1. Parkview to host an Onore-sho workshop on October 13;
 2. Allow Iu Mien Youth Group to film the Iu Mien Cultural Fair and Fundraiser at Parkview on October 4 provided that they not film youths' faces and to let Parkview preview the footage.
- Although Parkview did not receive the Presbyterian Foundation Church Technology Grant, Session approved that the task group should continue to pursue the purchase of television monitors and other equipment and to work out the logistics of slides and/or worship bulletins.
- Session approved that Parkview donate \$1000 to Reclaim Sacramento Japantown by September 12 to be listed as a sponsor. Karen Tsugawa of Reclaim Sacramento Japantown will give a presentation after worship service on September 20.
- Y.E.S. and Keiki (Sunday School) begins on September 13 with three new added teachers—Jake Chang, Melissa Pascoa, and Luyan Tang—to join Julie Chew, Jana Nakase Lee, Cathy Nishizaki, Jack Nordman, and Lynn Yamamoto.
- Fiber Friends group will begin on Saturday, October 3, from 10 a.m. to 12 noon with host Lynn Yamamoto and will be held every 1st and 3rd Saturday of the month.
- Youth Sunday/Blessing of the Animals will be held on October 18.
- Thanksgiving Showtime is November 15 with a Thanksgiving potluck following in the Social Hall.
Pursue the purchase of television monitors and other equipment and to work out the logistics of slides and/or worship bulletins.

- Submitted by: Judy Fukuman

Session members: Jody Brown, Judy Fukuman,
Aki Kumagai, Jana Nakase Lee,
Lois Van Beers, Gary Younglove

It's Time for Thanksgiving Showtime!

Our fifth annual Thanksgiving Showtime will take place on Sunday, November 15, 11:30 am - 12:30 pm in the sanctuary.

Please share your talents with us: singing, musical performances, poetry readings, presentations of your hobbies, stand-up comedy, skits, dances. Anything you can share with us will be great. Plan your participation! Performances are five minutes long each. Please apply to sakakibaraharuko@gmail.com by November 1.



Volunteer Spotlight: Hach Yasumura

Parkview is fueled by its volunteers, many working behind the scenes to keep the church going.

Hach was the very first volunteer we spotlighted when we first started highlighting volunteers in the September 2018 *Chapel Chimes*. He may have “retired” from the worship team, but you will still find him sweeping the front and helping get the church ready for worship. He also still serves as communion elder. Hach is a fine example of Parkview's commitment and generosity. Thanks, Hach, for all you've done and continue to do for Parkview!



Financial Report as of September 30, 2026:

	September	Total Yr 2026
Income:	\$13,464.01	\$149,737.75
Expenses:	\$21,455.39	\$177,328.67
Difference:		(\$27,590.92)

News

Join a Free Onore-sho Class at Parkview!

You are invited to join a Onore-sho demonstration and class at Parkview Church on October 13, 6:00 - 7:30 pm. Onore-sho is a modern, expressive Japanese calligraphy style which started in 2021 and has gained a lot of attention and interest in Japan. Unlike the traditional style of calligraphy, Onore-sho focuses on individual expression and personality. Its philosophy is to deliver joy to the world.



Four senior master teachers will demonstrate Onore-sho at Parkview and give hands-on practice for free. This will be a rare opportunity.

I am the first Onore-sho certified teacher in the United States. I am hoping that people here will get to know Onore-sho and have fun writing and drawing.

- Submitted by Miyo Uchida



Parking Bumpers Repainted

Many thanks go to Russ Hart, who repainted the parking bumpers in the alley. For any of you who have parked in our spaces, being able to see the parking bumpers are important not only to the people driving up but also to those of us who walk back and forth to our cars or around that area. Our office manager, for one, is so happy she won't be tripping over those bumpers anymore! Thanks, Russ!!



Sacramento Japantown Festival is November 7

In conjunction with the exhibition "Sacramento Japantown: Destroyed by Design," there will be a free festival to welcome the new exhibit, which runs November 6 - May 2027. The Sacramento Japantown Matsuri (matsuri is Japanese for "festival") will have food, entertainment, cultural demonstrations, hands-on activities, community resources, and a children's zone. Hope to see you there 11 am - 3 pm!

Donating Items to Parkview

We are so grateful to the Parkview community for its commitment to bettering our community and the larger community. Through your financial donations and your time, you bring us further to our goals. Sometimes you have donated items to the church. While we are grateful for so many items, we sometimes cannot accommodate them or do not need them. If you would like to donate an item or items to Parkview, please contact the officemanager@parkviewpc.org to see if we have a use for these items. Thank you in advance for your consideration in this matter.



News

Fiber Friends holds Inaugural Meeting

An enthusiastic group of crafters met on October 3 for the first gathering of Fiber Friends. Lynn Yamamoto, our host and guide, helped out new knitters with hat projects. There were experienced knitters, crocheters, and embroiderers as well. Just as fun as finally getting to do some handwork were the friendly conversation and welcoming community. Fiber Friends meets the first and third Saturdays of the month from 10:00 a.m. to noon. Everyone is welcome to drop in anytime. Email Lynn at yamamoto@sbcglobal.net if you would like a beginner's knitting project. The materials fee is \$10. Lynn can provide beginning lessons to those who do not knit but want to learn. Join the fun!

- Submitted by Kris Sazaki



Prayer Corner

God has made prayer accessible to us in many different ways. There are three distinct ways that I engage with God through prayer:



Memorized Prayer - As children, my sister and I had a year of Catholic Saturday school where we learned to memorize prayers, including the Lord's Prayer. Even though we went on to become Presbyterian, we would recite three Catholic prayers together every night of our shared life together. Saying the Lord's prayer as I go to sleep, or as I try to go back to sleep in the middle of the night, is one form of prayer on which I rely daily.

Group Prayer - The once-a-month Parkview Prayer Team meeting, is perhaps my favorite form of prayer because I can listen and respond in a very tangible way. It is easy for me to sense God's presence when I sit (usually virtually these days) with others who are centered on praying for God's help.

Centering Prayer - I liken Centering Prayer to my work to train for a 5K. I do not consider myself a good runner, but I set a goal to run a 5K at a 15-minute mile pace. At least three times a week I need to get myself out on a run to train for this goal. Some days I feel strong. Some days it feels hard. Every day I realize that getting out makes me stronger. Centering Prayer is a practice of sitting at the feet of Jesus. It is taking time to be a bit more like Mary and a bit less like the non-stop people-pleasing Martha. For 20 minutes in the morning and 20 minutes in the evening, I still my mind with the help of a grounding word and let any thought pass through my mind, trusting that I can attend to it at a later time. My intent is to sense, deeply, God's presence in my life. Like my running, my Centering Prayer skill grows in tiny, almost imperceptible fragments, and sometimes I lose ground and need to restart. I trust that by doing the practice I am getting closer to my goal.

Thank you God for prayer, for the varied forms of prayer, and for the people who teach us to pray.

- Submitted by Maria Mar



News

God's Love in Action: Parkview's SSIP Volunteers

You may not know who they are because they have served quietly and humbly. From the essential heavy lifting to crucial pro bono professional services, Parkview volunteers have helped SSIP's mission to feed the hungry flourish.

Executive Director Simon Yeh often praises the contributions of Parkview volunteers as amazing, vital, and impressive. Thank you, volunteers, for shining your light and uplifting our neighbors in need! Here is a list of Parkview folks who have volunteered in the past or are still actively serving.



- Jonathan Sakakibara - Grocery Pickup 2-3X weekly
- Jack Nordman - Distribution weekly
- Christine Umeda - Office Assistant weekly
- Lois Van Beers - Fund Development, Distribution, Board Alternate
- Carla Hart - Distribution weekly, Communications, Community Outreach, Board of Directors
- William Yee
- Judy Yee
- Donna Komure-Toyama
- Janet Hill
- Judy Fukuman
- Betsy Eskridge
- Nancy Arata-Fong
- Irene Uno
- Jun Tang
- May Lee
- All others who may have ever served quietly and inconspicuously.

Simon Yeh was chosen as a 2026 Change Maker by the Sacramento Bee. Download the article [here](#). Read the September SSIP newsletter at www.ssiptfoodcloset.org.

- Submitted by Carla Hart

Do You Recognize These Fine Gentlemen?

The Parkview Legacy Team is looking for help identifying and dating the trove of photos we have. Can you can date the photo below and identify any of the people pictured? The Legacy Team believes it is a photo of the Men's Group, but they are not sure of the year. It is definitely before 2007. Please send any info to Christine Umeda at cfumeda@icloud.com.

Interested in helping Parkview preserve its legacy? Let Christine know!



Parkview shows Aloha Spirit at Ohana Walk

On September 19, 35 friends of Parkview Church participated in the ACC Ohana Walk. That meant we placed third in the largest organization category! We also sponsored a table at the coveted Checkpoint #3. Our very own Fumi Nakata, at 101 years young, was honored among ten centenarians at the festivities. In total, the event raised over \$54,000. Thanks for your participation!



News/Upcoming Events

Palestine Discussion on November 1

Parkview's governing Session has been considering hanging a sign or banner on the side of the Heiwa facing the alley to publicly show our support for the Palestinian people, to encourage the community to learn more about their plight, and to help advocate for their peaceful existence in the Middle East.



After worship on November 1, everyone is invited to the social hall to ask questions, discuss the issues, and express how they would feel about Parkview hanging such a sign or banner. If there are people who cannot attend in person but would like to share their support or concerns, they are encouraged to contact Pastor Sarah, any Session member (see [page 2](#) for names of Session members), or email session@parkviewpc.org.

Blessing of the Animals is October 18

The Blessing of the Animals offers a chance to honor the love and companionship that animals provide and to express gratitude to God for their presence in our lives. The animals we spend time with are our beloved companions, and they bring us great joy and comfort.



Blessing of the Animals services date back to Saint Francis of Assisi, the patron saint of animals, who lived from 1181 to 1226. The feast day for Saint Francis is October 4, so the services usually take place in the fall. While it has Catholic history, Protestant churches have adopted the practice as a way to extend God's love to our animal companions.

The Blessing of the Animals includes a special blessing for the animals, when a person and their pet come together to receive the blessing. For those pets who might not be able to travel to attend the service in person, their humans have the option of bringing in a photo of the animal to be blessed. This blessing is a reminder that the animals in our lives are gifts from God. Invite your critter-loving friends to come with you and join us at Parkview on Sunday morning October 18 for the Blessing of the Animals right after worship, in the front courtyard of the church.

Note: Please bring your pet on a leash or in a carrier to keep them safe.

Worship with Us In Person or Online:

You can access login info for worship services and online meetings as well as worship programs at <https://parkviewpc.org/>.

Oct 11: Worship Service. 10 am.

Worship Leader: Jonathan Sakakibara
Japanese Reader: Miko Kumagai
Pianist: Nancy Arata-Fong
YES & Keiki: Jana Nakase, Lynn Yamamoto
Online Moderator/Greeter: Judy Yee
Sound System: Lois Van Beers
Parking: Titus Toyama
Ushers: Diane Younglove, Gary Younglove
Greeters: Miko Kumagai,
Sachiko Yoshikawa
Altar Flowers: Jonathan & Haruko Sakakibara

Oct 12: Indigenous Peoples' Day.

Parkview is located on the ancestral land of the Nisenan and Miwok peoples. May Parkview's acknowledgment be the start of our support of Indigenous communities.



Oct 12: Embodied Listening. 6:30 pm. Social hall.

Oct 13: Gentle Yoga. 10 am in the social hall.

Oct 13: Onore-sho Class. 6:00 pm.

See [page 3](#).



Oct 14: Choir Practice. 7 pm in the social hall.

Upcoming Events

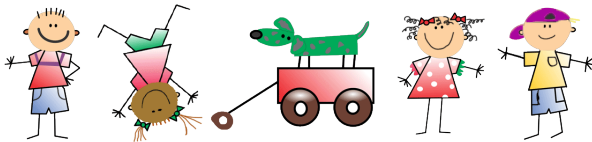
Oct 15: Session Meeting. 5:00 pm in the pastor's office.

Oct 15: Hatha-Vinyasa Practice. 6 pm. Social hall.

Oct 17: Fiber Friends. 10 am - noon.
Meet in the social hall.



Oct 18: Worship Service. 10 am. Youth Sunday



Worship Leader: Liam Wright
Japanese Reader: Hannah Davis
Pianist: Nancy Arata-Fong
Online Moderator/Greeter: Aki Kumagai
Sound System: Jonathan Sakakibara
Parking: Phillip Chew
Ushers: Sora Davis, Lucas Wright
Greeters: Kaya Toyama, Megan Toyama
Altar Flowers: Jun & Luyan Tang

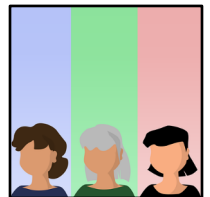
Oct 18: Coffee Time. After worship service.
Thanks to Russ Hart, Dave McGill and Titus Toyama.



Oct 18: Blessing of the Animals. 11:30 am.
Meet in the front courtyard. See [page 6](#).



Oct 18: PPW General Meeting. After coffee time.
[Click here](#) to access the agenda. [Click here](#) for the 2026 budget. [Click here](#) to access the 2026 Third Quarter Report.



Oct 19: Embodied Listening. 6:30 pm. Social hall.

Oct 20: Gentle Yoga. 10 am in the social hall.

Oct 21: Choir Practice. 7 pm in the social hall.

Oct 22: Hatha-Vinyasa Practice. 6 pm. Social hall.

Oct 25: Worship Service. 10 am.
Guest Preacher: Sue Goodwin
Worship Leader: Titus Toyama
Japanese Reader: Haruko Sakakibara
Pianist: Janet Hill
YES: Julie Chew
Online Moderator/Greeter: Lori Hart
Sound System: Dave McGill
Parking: Russ Hart
Ushers: Terri Bowman, Julie Chew
Greeters: Maurine Huang, Maria Mar
Altar Flowers: Russ & Lori Hart

Oct 25: Newsletter Deadline. Email your photos and/or articles (350 word max.) to officemanager@parkviewpc.org for inclusion in the November issue of the *Chapel Chimes*.

Upcoming Events

Oct 26: Embodied Listening. 6:30 pm. Social hall.

Oct 27: Gentle Yoga. 10 am in the social hall.

Oct 28: Choir Practice. 7 pm in the social hall.

Oct 29: Hatha-Vinyasa Practice. 6 pm. Social hall.

Oct 31: Halloween. Boo!



Nov 01: Día de los Muertos. Thru Nov 02.

According to tradition, the gates of heaven are opened at midnight on October 31 and the spirits of children can rejoin their families for 24 hours. The spirits of adults can do the same on November 2. Who would you like to reunite with?



Nov 01: Worship Service. 10 am. Communion will be celebrated.

Worship Leader: Jack Nordman
Japanese Reader: Mieke Davis
Pianist: Janet Hill
Communion Elders: Carla Hart,
Cathy Nishizaki
YES: Jake Chang
Online Moderator/Greeter: Lori Hart
Sound System: Cathy Nishizaki
Parking: Phillip Chew
Ushers: Donna Komure-Toyama,
William Yee
Greeters: Ian Davis, Mieke Davis
Altar Flowers: Dave McGill

Nov 01: Palestine Discussion.

After worship service.

See [page 6](#).



Nov 02: Embodied Listening. 6:30 pm. Social hall.

Nov 03: Gentle Yoga. 10 am in the social hall.

Nov 03: Prayer Team Meeting. 7:15 pm via Zoom.

Nov 04: Choir Practice. 7 pm in the social hall.

Nov 05: Hatha-Vinyasa Practice. 6 pm. Social hall.

Nov 07: Fiber Friends. 10 am - noon.

Meet in the social hall.



Nov 07: Teriyaki Sauce Making Part I. 1 pm.

Meet in the social hall.



Nov 08: Worship Service. 10 am.

Worship Leader: Dave McGill
Japanese Reader: Aki Kumagai
Pianist: Haruko Sakakibara
Online Moderator/Greeter: Lori Hart
Sound System: Ben Pryor
Parking: Tak Fukuman
Ushers: Julie Chew, Carla Hart
Greeters: Bill Grissom, Herning Grissom
Altar Flowers: Dave McGill

Upcoming Events/Thanks

Save the Dates!

Details will be published in future weekly emails and/or newsletters:



- Nov 14.** Teriyaki Sauce Making Part II.
- Nov 14.** Free Test Screening of the Documentary, "The 100th, Seeds of Aloha." 1:00 pm at Buddhist Church of Sacramento, 2401 Riverside Blvd.
- Nov 15.** Thanksgiving Showtime & Church Potluck
- Nov 21.** Fiber Friends
- Dec 05.** Fiber Friends
- Dec 06.** Christmas Luncheon
- Dec 13.** Gingerbread House Making
- Dec 19.** Fiber Friends
- Dec 20.** Christmas Coffee Hour. PPW Circle 2
- Dec 27.** Altar flowers needed. Contact Judy Yee to donate altar flowers.
- Jan 17.** Congregational Meeting



Thank You for Your Support!

Many thanks to all of you who contribute to Parkview through your generous pledged offerings! Additionally, thanks so much to the following for their generous special donations. Acknowledgment letters and postings in the *Chapel Chimes* may be in reverse order. Thank you for your patience. Contact officemanager@parkviewpc.org with any questions.

Special Donation: Steve & Grace Suwabe, Clifford Chow & Carol Tanaka

In Memory of Harry & Grace Fujii: Brian Fujii

In Memory of Their Parents: Steve & Janet Hill

In Memory of Eiko Fujiwara: Brian & Leah (Fujiwara) Kanegawa

In Support of the Iu Mien Fundraiser: Phillip & Julie Chew, Aki & Miko Kumagai, Dwight & Sarah Nave, Miyo Uchida, William & Judy Yee. Many thanks to everyone who donated anonymously during worship service and to those who purchased silent auction and craft items at the cultural event. To date, Iu Mien Community Services raised \$3,176 at the event.

How to Donate:



In Person: You may drop off your donation during worship service.
By Mail: Make checks payable to Parkview Presbyterian Church. Please do not send cash.

Online: Please go to <https://www.parkviewpc.org/>, click on the

"Support Parkview" tab, and select "General Fund." Use the Notes section to provide additional information about your donation, i.e. "in memory of" or "xx fund." You can use a credit card or bank transfer; donate one time only or set up regular donations. Thank you for your generosity.