Chapel Chimes

727 T Street, Sacramento, CA • November 2026

Dear Friends,

November is all about Thanksgiving. Not just a delicious meal with family, or friends - 'Friendsgiving' is a thing now - on the fourth Thursday of this month, but giving thanks for our blessings and sharing what we've been given to bless others. Since November is all about giving thanks, let me begin with a big thank you to Parkview's youth for the terrific Youth Sunday!

Smiles show up every time I think of the wonderful worship service Parkview's youth provided on October 18. Megan, dressed in her skit-preview cow suit, was a greeter, Lucas and Sora were ushers. Liam was our worship leader, the narrator for the Genesis 2 skit, and he also gave us an insightful and challenging sermon about caring for creation. Yay, Liam! The youth sang a lively song about God's critters in the choir, conducted by Ben and accompanied by Nancy. They also performed a fun skit about Adam naming the animals. The Wright's dog, Dash, stole the show by racing down the aisle to befriend Adam, who was ably acted by Lucas. Jonathan did a divine job portraying God in the skit. Hannah, Sora, Mieko, Megan, and Richard were animals that Adam named in the Garden. Jana and Julie jumped into action as animals when a couple actors couldn't be there. Hannah changed things up with a 'Time with the Adults,' telling the young-at-heart about dumpling squishies. She also skillfully read the Japanese Bible verses. Richard read the second scripture passage from Matthew with reverent precision. Pattie H. recited a heartfelt poem about the love we receive from our animal friends. Thanks to everyone who made Youth Sunday a joyful experience for all of us! We're so thankful you're all in the Parkview family!

Several years ago, renowned Christian historian and author Diana Butler Bass wrote a book called *Grateful*. Despite describing herself as a gratitude klutz who struggles with showing personal gratitude by doing things like writing thank you notes, Butler Bass knows that gratitude is good for us. If we practice gratitude in our lives, she says, there are all sorts of benefits from heart health to deeper relationships and an increased ability to deal with stress and difficulties. Here's an excerpt from the book, *Grateful*:

We know that gratitude is good and we want to be grateful, or feel gratitude, or be seen as thankful people. We might experience gratitude in a given moment. But inwardly, we know how difficult it is to sustain thanksgiving–to live a truly grateful life.

In these troubled times, I feel the tension between knowing gratitude is good and finding it difficult to practice gratefulness on a regular basis. Anxiety seems to win out over appreciation. Can you relate to this struggle? Or does gratitude come easily to you? Want to have a more grateful outlook on life? Practice gratitude awareness! Pay attention each day to two things:

- What made you feel grateful?
- Did you say "thank-you" to someone?

Jot your responses on paper or on your cell phone. In the evening, reflect on how paying attention to gratitude made a difference to your day. But how can we be grateful when people are dying in the streets here and all around the world? Butler Bass writes,

As humans, part of our job is to be able to recognize what causes pain, to work toward healing, and to learn to live in the world with empathy, forgiveness, and gratitude. It is not easy to live with the mysteries of pain, injustice, illness, and violence .... Gratitude does not take those away. Gratefulness is no panacea against violence and injustice. Yet there might be a way for gratitude to enfold the pain in a greater good."

May God help us deepen our ability to choose gratitude as a way of life.

Grateful to be on the journey with you.
- Pastor Sarah

P.S. Thanks be to God for hearing our prayers and for giving people the strength to choose political leaders who are more compassionate and committed to social justice.



News

October Report from Session

The October 15, 2026 meeting of the Session was held at Parkview Church. The following actions were discussed and/or voted on:

- **Welcoming a new member to our church:** The session enthusiastically voted to approve Clifford Chow as an active member of Parkview upon his profession of faith.
- **Sponsoring Sacred Cranes Event:** In response to a request from Lorna Fong, conveyed through Donna Komure-Toyama, the Parkview elders voted to sponsor the Sacred Cranes Event.
- **Sanctuary Tech Equipment:** The Sanctuary Tech Equipment team will discuss options for moving forward with implementation of a TV display system for services and events, then bring a proposal to the November session meeting.
- **Fence Maintenance:** Many thanks to Phillip Chew for bringing a welder friend to church on October 7, 2026 to fill gaps in our metal fence gates to make them more secure. Thanks to Dave McGill for helping.
- **Palestine Banner/Message:** All-church discussion will be held on November 1 after worship regarding the possibility of placing a message in support of Palestine on the Heiwa wall.
- **Thanksgiving Showtime:** Thanksgiving Showtime will be held on November 15 after worship, followed by Thanksgiving dinner.
- **Let's Eat Pie:** The "Let's Eat Pie" event will be held on November 22 after worship. Bring a favorite pie and eat dessert before Thanksgiving!

- Submitted by: Aki Kumagai
Session members: Jody Brown, Judy Fukuman, Aki Kumagai, Jana Nakase Lee, Lois Van Beers, Gary Younglove

Volunteer Spotlight: Thanksgiving Showtime Performers



Parkview is fueled by its volunteers, many working behind the scenes to keep the church going.

As we near our fifth (!!) Thanksgiving Showtime, let's take pause and thank all of the people who have performed over the years. You have shared your talents with commitment and bravery! **Please join us on November 15 for our 2026 Thanksgiving Showtime**. It's a wonderful time to express our thanks.

2027 Pledge Cards Coming Soon

You will soon be receiving a letter from Pastor Sarah to ask you to submit a pledge to fund the church for 2027: "We have within us the power to change the world. Parkview is strong as we each grow, as we each give, as we each live our lives in God's love and service. Will you join with others in our church family who are making small and large changes in living and giving that will support the ongoing work of Parkview Church?" Look for her letter and this pledge card. Please email officemanager@parkviewpc.org if you would like a pledge card but do not receive one by November 15. Pledge cards are due on December 1 in order for us to better determine our budget for 2027. Thank you so much for your thoughtfulness and generosity.

2027 Stewardship Pledge Card

PARKVIEW PRESBYTERIAN CHURCH

"Each one must do just as they have decided in their heart, not reluctantly or under compulsion, for God loves a cheerful giver." (2 Corinthians 9:7)

$ _____ per ☐ Week ☐ Month ☐ Year

Name(s): _____

Address: _____

Email: _____

Phone: _____

News

Welcome New Member Clifford Chow



We are delighted to share the news that Clifford Chow was unanimously approved for active membership at Parkview by the session members on Thursday, October 15, 2026. Please join in welcoming Clifford as an active member during worship on Sunday, November 8, 2026.

Clifford Chow is a retired dentist that grew up in the South Sacramento area. He graduated from UC Berkeley in 1977 majoring in Biochemistry and then graduated from UC San Francisco 1981 with a DDS degree. He practiced general dentistry in the Sacramento area for 20 years followed by specializing in treating Orofacial Pain patients for another 20 years. Currently he enjoys fly fishing, camping, and spending time with his family which includes his spouse Carol Tanaka, two daughters, two grandchildren, and two dogs.

The Onore-sho Class Was So Enjoyable!

On October 13, 2026, 21 participants gathered in Parkview's social hall to learn Onore-Sho ("one's own writing"). Everyone left saying how much fun they had trying their hand at this free-form calligraphy. If you think you would like to give Onore-Sho a try, please look for announcements in the new year for another class at Parkview! Meanwhile, if you'd like to know more about Onore-sho and practice, please talk to Miyo Uchida. Go to *https://parkviewpc.org/2026/10/20/onore-sho-calligraphy-was-so-enjoyable/* to read more about the event and to view the slideshow.



Kishwer Vikaas is Attorney of the Year!!



Join us on November 8 as we celebrate one of our church members, Kishwer Vikaas, who was awarded the Sacramento County Bar Association's (SCBA) 2026 Distinguished Attorney of the Year. Yay!! Kishwer is a California Certified Law Specialist in Immigration and Nationality Law. She currently works at the Sacramento County Public Defender's Office as its first in-house immigration attorney. She has experience with jury trials, post-conviction relief, resentencing and compassionate release hearings. Previously, she was a Staff Attorney and Adjunct Professor at University of Pacific, McGeorge School of Law Legal Clinics. Prior to that, she practiced immigration law at Opening Doors, a nonprofit serving refugees and survivors of human trafficking. Kishwer graduated with a BA in English and a JD from Temple University. Last year, Kishwer served as the first-ever South Asian President of the Asian/Pacific Bar Association of Sacramento. Here's a portion of what an attorney colleague, Amreet Sandhu, Law Library Director, wrote about Kishwer. At the Sacramento Public Defender office,

Ms. Vikaas handles indigent defense cases on felony, misdemeanor, compassionate release, and post-conviction relief matters. She can communicate with her clients in three South Asian languages and build trust beyond background. Ms. Vikaas is a breath of fresh air . . . . Her work has earned her the Unity Bar Association of Sacramento's Community Service Award and the Sacramento Business Journal's 40 Under 40 distinction. In totality, Ms. Vikaas embodies what it means to be an advocate, in all respects.

Amen! Please stay after worship on Sunday, November 8, to celebrate Kishwer, and her well-deserved award.

- Submitted by Pastor Sarah

The October 2026 Financial Report will be published in the December 2026 issue of the Chapel Chimes. Thank you for your patience.

News

Parkview Visits Locke

Parkview Presbyterian Women Activities Committee organized two tours of the historic town of Locke on September 25 and October 10, 2026. The Locke Boarding House Museum volunteers, Darwin and Lili Kan, led the first tour. Their life-long and heartfelt mission to preserve and educate others of the history and stories of this historic town touched us all.
Thank you to Parkview for the support of and lifetime membership with the Locke Foundation .

- PPW Activities Committee
Lori Hart , Cathy Nishizaki, Carol Sakai





Sacramento Japantown Festival is November 7



Parkview is a sponsor of the exhibition "Sacramento Japantown: Destroyed by Design" which opens on November 7 at the Sacramento History Museum. To welcome the new exhibit, there will be a free festival. The Sacramento Japantown Matsuri (matsuri is Japanese for "festival") will have food, entertainment, cultural demonstrations, hands-on activities, community resources, and a children's zone. Hope to see you there 11 am - 3 pm!

Iu Mien Cultural Fair Raises Over $3K!

Many thanks to all of you who came to the Iu Mien Cultural Fair on October 4. Our gratitude also extends to Maurine Huang for her many years of friendship and service to the Iu Mien community, and to Janet Hill, who, at a Parkview prayer team meeting, suggested we hold a cultural event at Parkview with the Iu Mien community to show our solidarity and support them financially in these difficult times. We helped raise over $3,000 for the Iu Mien Community Services. Its director, Susan Saechao, wrote: "Thank you for allowing us to be fully present and welcomed into your community." To read more about the event and to view the slide show, go to *https://parkviewpc.org/2026/10/09/iu-mien-cultural-fair-highlights-the-arts/*.



News

Photo Club Visits the Redwoods

In late September, members of the Parkview Photo Club, Bill Nagata, Jonathan Sakakibara, and Maurine Huang, along with honorary member Linda Nagata, took an overnight trip to Redwood Country and the delightful little town of Ferndale, known for its many picturesque Victorian homes. Leaving early on a Monday morning, we drove to the Avenue of the Giants, stopping for a picnic lunch in a lovely grove. We all marveled at the size and age of the redwoods, some of which have a circumference of 53 feet and a height exceeding 300 feet. Coastal redwoods typically live between 600 and 2,000 years.

We spent the night in Fortuna, then on Tuesday made our way to Ferndale. Our attention was soon turned to what had once been a Methodist church. It was now being converted to a theatre venue by the Ferndale Music Company. A conversation with the two young men in charge of the makeover revealed much of the history of both the church and Ferndale. Behind the church was a historic cemetery, where we wandered among the graves of Ferndale's founders and their descendants, prompting some introspection on eternal questions.

Lunch was sandwiches purchased at a local deli and eaten at a small park on the outskirts of town. We then headed back to the redwoods, this time visiting Founders Grove, which includes an easily accessible walking path and many opportunities to marvel at the giant trees. Several trees had fallen, allowing us to gain an invaluable perspective on the trunks' diameters. Driving home, we discovered an idyllic agricultural landscape containing crops of various kinds, along with several herds of dairy cows.



For information about future outings, please contact Bill Nagata (*blnagata@yahoo.com*).

- Submitted by Maurine Huang

Register by Nov 22 for the Christmas Luncheon!



This year, we are having our Christmas Luncheon in Parkview's social hall. We were able to book Chik, Aviator's cook, to prepare our meal and deliver it to us. Lord Hear Our Prayer we get to enjoy his same yummy food! Here are the details:

Luncheon: Sun, Dec 06, 2026 • 11:30 am - 3:00 pm
11:30: Picture taking & pre-lunch socializing
Noon: Lunch will be served.
Cost: Adults: $27/person, Kids 6-12 years old: $15, Kids 5 & under: free

Gifts: Please Bring a $5 wrapped gift/person (adults & children)
Register: *click here* to complete the form.
Payment: Please make payment (or put in her mailbox at church) to:
PPW c/o Betsy Eskridge
4646 Del Rio Road, Sacramento, CA 95822
Check payable to PPW and in note section state, "Christmas luncheon."
Form and payment must be received by 11/22. If you have any questions on how to fill out the form, contact Lori at *lori.f.hart@gmail.com* or text/call 916.402.6081.

Gingerbread House Making is Dec 13

Save the date for this year's gingerbread house making. It's a fun time for kids of all ages. Details will be published in the weekly email.



Let's Go Caroling!



Please join Parkview's choir when it goes caroling at Greenhaven Place, 6350 Riverside Blvd. Experience not required! The date and time for the caroling will be announced in upcoming weekly emails.

Upcoming Events

Worship with Us In Person or Online:
You can access login info for worship services and online meetings as well as worship programs at https://parkviewpc.org/.

Nov 07: Fiber Friends. 10 am - noon.
Meet in the social hall.



Nov 07: Teriyaki Sauce Making Part I.
1 pm.
Meet in the social hall.



Nov 08: Worship Service. 10 am.
Worship Leader: Dave McGill
Japanese Reader: Haruko Sakakibara
Pianist: Haruko Sakakibara
Y.E.S.: Jana Nakase
Online Moderator/Greeter: Lori Hart
Sound System: Ben Pryor
Parking: Tak Fukuman
Ushers: Julie Chew, Carla Hart
Greeters: Bill Grissom, Herning Grissom
Altar Flowers: Dave McGill

Nov 09: Embodied Listening. 6:30 pm. Social hall.

Nov 10: Gentle Yoga. 9:45 am in the social hall.

Nov 10: Session Meeting. 5:30 pm. Meet in the pastor's office.

Nov 11: Choir Practice. 7 pm in the social hall.

Nov 12: Hatha-Vinyasa Practice. 6 pm. Social hall.

Nov 14: Teriyaki Sauce Making Part II. 1 pm.
Meet in the social hall.



Nov 14: Free Test Screening of the Documentary, "The 100th, Seeds of Aloha." 1:00 pm at Buddhist Church of Sacramento, 2401 Riverside Blvd.



Nov 15: Worship Service. 10 am.
Worship Leader: Sue Goodwin
Japanese Reader: Miko Kumagai
Pianist: Nancy Arata-Fong
Online Moderator/Greeter: Aki Kumagai
Sound System: Liam Wright
Parking: Jack Nordman, Gary Younglove
Ushers: Aki Kumagai, Miko Kumagai
Greeters: Cathy Nishizaki, Diane Younglove
Altar Flowers: Miyo Uchida

Nov 15: Thanksgiving Showtime. 11:30 am.

Nov 15: All-Church Potluck. After Thanksgiving Showtime.
Please bring food to share. There is a sign-up sheet in the social hall. Thanks to all the volunteers who help put this event together.



Nov 16: Embodied Listening. 6:30 pm. Social hall.

Upcoming Events

Nov 17: Gentle Yoga. 9:45 am in the social hall.

Nov 18: Choir Practice. 7 pm in the social hall.

Nov 19: Hatha-Vinyasa Practice. 6 pm. Social hall.

Nov 21: Fiber Friends. 10 am - noon.
Meet in the social hall.



Nov 22: Worship Service. 10 am.
Worship Leader: Donna Komure-Toyama
Japanese Reader: Michael Wright
Pianist: Wade Tambara
Online Moderator/Greeter: Lois Van Beers
Sound System: Titus Toyama
Parking: Russ Hart
Ushers: Michael Wright, Irene Uno
Greeters: Luyan Tang, Cheryl Vick
Altar Flowers: Terri Bowman

Nov 22: Let's Eat Pie. After worship service.
Please bring pie to share and enjoy fellowship after the Thanksgiving worship service.



Nov 23: Embodied Listening.
6:30 pm. Social hall.

Nov 24: Gentle Yoga. 9:45 am in the social hall.

Nov 25: Choir Practice. 7 pm in the social hall.

Nov 26: Hatha-Vinyasa Practice. 6 pm. Social hall.

Nov 29: Worship Service. 10 am.
1st Sunday of Advent.
Worship Leader: Steve Hanway
Japanese Reader: Haruko Sakakibara
Pianist: Haruko Sakakibara
Online Moderator/Greeter: Judy Yee
Sound System: Lois Van Beers
Parking: Jonathan Sakakibara
Ushers: Miyo Uchida, William Yee
Greeters: Miko Kumagai, Jack Nordman
Altar Flowers: Rick & Irene Uno



Nov 29: Newsletter Deadline. Email your photos and/or articles (350 word max.) to officemanager@parkviewpc.org for inclusion in the December issue of the *Chapel Chimes*.

Nov 30: Embodied Listening. 6:30 pm. Social hall.

Dec 01: Gentle Yoga. 9:45 am in the social hall.

Dec 02: Choir Practice. 7 pm in the social hall.

Dec 03: Hatha-Vinyasa Practice. 6 pm. Social hall.

Save the Dates!
Details will be published in future weekly emails and/or newsletters:



Dec 05. Fiber Friends
Dec 06. Christmas Luncheon
Dec 13. Gingerbread House Making
Dec 19. Fiber Friends
Dec 20. Christmas Coffee Hour. PPW Circle 2
Dec 27. Altar flowers needed. Contact Judy Yee to donate altar flowers.
Jan 17. Congregational Meeting
Jul 10. "Anastasia" at the Music Circus. 1:30 pm.

Upcoming Events

Thank You for Your Support!
Many thanks to all of you who contribute to Parkview through your generous pledged offerings! Additionally, thanks so much to the following for their generous special donations. Acknowledgment letters and postings in the *Chapel Chimes* may be in reverse order. Thank you for your patience. Contact *officemanager@parkviewpc.org* with any questions.

Special Donation: Clifford Chow & Carol Tanaka, Stan & Susan Shibata

In Gratitude for my cat Leo: Sarah Nave

In Gratitude for Prayers: Noni Sazaki

In Memory of Harry & Grace Fujii: Brian and Karen Fujii

In Memory of Jean Inouye: Sam Inouye

In Memory of husband Mich & son John Takechi: Miyeko Takechi

In Support of Summerfest: Katherine Uemura

Thanksgiving/Thanksgiving Showtime Offering: Jonathan & Haruko Sakakibara, Randy & Lillie Shiroi

Christmas Offering: Randy & Lillie Shiroi

How to Donate:



In Person: You may drop off your donation during worship service.
By Mail: Make checks payable to Parkview Presbyterian Church. Please do not send cash.
Online: Please go to https://www.parkviewpc.org/, click on the "Support Parkview" tab, and select "General Fund." Use the Notes section to provide additional information about your donation, i.e. "in memory of" or "xx fund." You can use a credit card or bank transfer; donate one time only or set up regular donations. Thank you for your generosity.